

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Event 3 Girls 200 Yard Medley Relay

National HS: 1:38.13 U 2018

Fossil Ridge (CO)

Fossil Ridge (CO)

NCS Meet: 1:40.73 N 2011

Stewart, Bartel, Gillilan, Alons

Carondelet

Carondelet

M. White, A. Gargalikis, C. Ray, C. Chenault

Team	Relay	Prelim Time	Finals Time	Points
<b>A - Final</b>				
1	Campolindo	1:45.84	1:42.74	40
	1) Smith, Adriana SO 25.49	2) Barck, Emilia SO 55.09 (29.60)	3) Fok, Jasmine SO 1:42.74 (23.23)	4) van Meines, Amber SR
2	Carondelet	1:44.36	1:43.18	34
	1) Sharma, Annika SO 26.67	2) Iannaccone, Stephanie SR 55.65 (28.98)	3) Hartman, Bailey SO 1:43.18 (23.59)	4) Ravarino, Jenna SR
3	Monte Vista	1:44.96	1:44.24	32
	1) Scheberies, Emily JR 26.47	2) Lockyer, Hannah SR 55.36 (28.89)	3) Kan, Madeleine SR 1:44.24 (23.76)	4) Fisher, Teagan SR
4	San Ramon Valley	1:48.23	1:46.68	30
	1) Wight, Caroline SR 27.51	2) Mellott, Raya FR 56.17 (28.66)	3) Gregory, Kayla JR 1:46.68 (24.89)	4) MacBryde, Emily SR
5	College Preparatory	1:47.21	1:46.92	28
	1) Mak, Natalie FR 26.99	2) Arnold, Paige JR 57.88 (30.89)	3) Appl, Mollie SO 1:46.92 (23.13)	4) Griscavage, Sydney SR
6	California	1:47.67	1:47.61	26
	1) Sevin, Charlotte JR 27.38	2) Nguyen, Gabby JR 58.26 (30.88)	3) Horder, Skyler SR 1:47.61 (23.94)	4) Pedersoli, Sophia JR
7	Redwood	1:47.83	1:47.97	24
	1) Watrous, Catherine FR 26.89	2) Solomon, Mia JR 56.68 (29.79)	3) Wank, Kallen JR 1:47.97 (25.04)	4) Fee, Emily FR
8	Las Lomas	1:49.00	1:49.71	22
	1) Statler, Nina SR 26.14	2) Carlson, Gemma SR 58.66 (32.52)	3) Snyder, Amelia SR 1:49.71 (25.23)	4) Claus, Kate SR
<b>B - Final</b>				
9	Amador Valley	1:50.05	1:49.73	18
	1) Lin, Florence JR 28.49	2) Ling, Elayna FR 58.62 (30.13)	3) Chau, Lilli JR 1:49.73 (25.00)	4) Jhong, Lauren SR
10	Foothill	1:51.50	1:49.88	14
	1) Der, Kristin SO 28.14	2) Harris, Breuklynn JR 57.79 (29.65)	3) Xu, Chloe SO 1:49.88 (24.47)	4) Lee, Aven SR
11	Marin Academy	1:50.32	1:49.89	12
	1) Brakebill, Sydney SR 26.92	2) Kosmowski, Ali FR 59.40 (32.48)	3) Lovato, Ines SR 1:49.89 (25.45)	4) Wu, Katherine JR
12	Granada	1:50.94	1:50.25	10
	1) Evans, Savannah SO 30.51	2) Herscu, Abigail SR 59.34 (28.83)	3) Robinson, Maggie JR 1:50.25 (25.25)	4) Frank, Roxy SR
13	Washington	1:52.86	1:51.91	8
	1) Raghuraman, Medha JR 28.33	2) Gyorkos, Emma FR 59.22 (30.89)	3) Doan, Tran FR 1:51.91 (25.22)	4) Stewart, Maddy JR
14	Miramonte	1:52.60	1:52.41	6
	1) Clark, Grace SR 28.05	2) Dulski, Ella SR 1:00.37 (32.32)	3) Meyers, Paige SR 1:52.41 (24.61)	4) Larsen, Ali FR
15	Maria Carrillo	1:52.52	1:52.96	4
	1) Holzhauser, Stassi SR 29.36	2) Kiehl, Hannah FR 1:02.53 (33.17)	3) Lee, Kennedy SO 1:52.96 (25.26)	4) Arroyo, Jasmine SO

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## Results

## B - Final ... (Event 3 Girls 200 Yard Medley Relay)

Team	Relay	Prelim Time	Finals Time	Points
16 Clayton Valley Charter		1:52.44	1:54.97	2
1) Wong, Haylee FR	2) Canada, Maya SO	3) Adent, Abigail FR	4) Kougiou, Gianna SO	
29.53	1:00.95 (31.42)	1:29.90 (28.95)	1:54.97 (25.07)	

## Event 3 Girls 200 Yard Medley Relay

National HS: 1:38.13 U 2018

Fossil Ridge (CO)

Fossil Ridge (CO)

NCS Meet: 1:40.73 N 2011

Stewart, Bartel, Gillilan, Alons

Carondelet

Carondelet

M. White, A. Gargalikis, C. Ray, C. Chenault

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Carondelet		1:44.96	1:44.36
1) Gomez, Madelynn SO	2) Iannaccone, Stephanie SR	3) Hartman, Bailey SO	4) Sharma, Annika SO
27.30	56.36 (29.06)	1:20.68 (24.32)	1:44.36 (23.68)
2 Monte Vista		1:44.05	1:44.96
1) Scheberies, Emily JR	2) Lockyer, Hannah SR	3) Kan, Madeleine SR	4) Fisher, Teagan SR
26.43	55.85 (29.42)	1:21.04 (25.19)	1:44.96 (23.92)
3 Campolindo		1:47.02	1:45.84
1) van Meines, Amber SR	2) Barck, Emilia SO	3) Fok, Jasmine SO	4) Pieper, Ana SO
26.26	56.12 (29.86)	1:20.55 (24.43)	1:45.84 (25.29)
4 College Preparatory		1:51.04	1:47.21
1) Mak, Natalie FR	2) Arnold, Paige JR	3) Appl, Mollie SO	4) Griscavage, Sydney SR
26.95	1:01.48 (34.53)	1:24.02 (22.54)	1:47.21 (23.19)
5 California		1:47.92	1:47.67
1) Sevin, Charlotte JR	2) Nguyen, Gabby JR	3) Horder, Skyler SR	4) Pedersoli, Sophia JR
27.07	58.14 (31.07)	1:23.92 (25.78)	1:47.67 (23.75)
6 Redwood		1:48.31	1:47.83
1) Watrous, Catherine FR	2) Solomon, Mia JR	3) Wank, Kallen JR	4) Fee, Emily FR
26.94	56.03 (29.09)	1:22.44 (26.41)	1:47.83 (25.39)
7 San Ramon Valley		1:48.29	1:48.23
1) Wight, Caroline SR	2) Mellott, Raya FR	3) Gregory, Kayla JR	4) MacBryde, Emily SR
27.59	56.52 (28.93)	1:22.72 (26.20)	1:48.23 (25.51)
8 Las Lomas		1:48.79	1:49.00
1) Statler, Nina SR	2) Carlson, Gemma SR	3) Snyder, Amelia SR	4) Cortessis, Ashley SR
25.70	58.16 (32.46)	1:23.84 (25.68)	1:49.00 (25.16)
9 Amador Valley		1:50.45	1:50.05
1) Lin, Florence JR	2) Ling, Elayna FR	3) Chau, Lilli JR	4) Jhong, Lauren SR
28.49	58.51 (30.02)	1:24.58 (26.07)	1:50.05 (25.47)
10 Marin Academy		1:50.77	1:50.32
1) Brakebill, Sydney SR	2) Kosmowski, Ali FR	3) Lovato, Ines SR	4) Wu, Katherine JR
27.47	1:00.23 (32.76)	1:29.81 (29.58)	1:50.32 (20.51)
11 Granada		1:52.70	1:50.94
1) Tolentino, Lily JR	2) Herscu, Abigail SR	3) Robinson, Maggie JR	4) Frank, Roxy SR
30.65	59.77 (29.12)	1:25.47 (25.70)	1:50.94 (25.47)
12 Foothill		1:51.07	1:51.50
1) Xu, Chloe SO	2) Harris, Breuklynn JR	3) Wang, Annie SO	4) Lee, Aven SR
28.39	57.88 (29.49)	1:27.06 (29.18)	1:51.50 (24.44)
13 Clayton Valley Charter		1:53.64	1:52.44
1) Lahanas, Zoe SO	2) Canada, Maya SO	3) Wong, Haylee FR	4) Kougiou, Gianna SO
28.50	1:00.05 (31.55)	1:26.95 (26.90)	1:52.44 (25.49)
14 Maria Carrillo		1:52.92	1:52.52
1) Holzhauser, Stassi SR	2) Kiehl, Hannah FR	3) Lee, Kennedy SO	4) Arroyo, Jasmine SO
29.81		1:27.21 ( )	1:52.52 (25.31)

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 3 Girls 200 Yard Medley Relay)

Team	Relay		Seed Time	Prelim Time
15 Miramonte			1:52.14	1:52.60
1) Clark, Grace SR	2) Dulski, Ella SR	3) Meyers, Paige SR	4) Murphy, Shannon SR	
28.03	1:00.15 (32.12)	1:27.21 (27.06)	1:52.60 (25.39)	
16 Washington			1:53.18	1:52.86
1) Raghuraman, Medha JR	2) Gyorkos, Emma FR	3) Doan, Tran FR	4) Stewart, Maddy JR	
28.43	59.25 (30.82)	1:27.16 (27.91)	1:52.86 (25.70)	
17 Dougherty Valley			1:51.36	1:53.01
1) Roncal, Katelyn	2) Wong, Kobi	3) Chu, Zoe JR	4) Ma, Zoe SR	
27.83	1:00.10 (32.27)	1:27.67 (27.57)	1:53.01 (25.34)	
18 Terra Linda			1:49.92	1:53.44
1) Rodriguez, Kira JR	2) Lucchesi, Rosie JR	3) Chong, Nicole FR	4) Fahrner, Catherine JR	
30.21	1:02.34 (32.13)	1:27.49 (25.15)	1:53.44 (25.95)	
19 Athenian			1:55.81	1:53.90
1) von Zedtwitz, Emily SR	2) Capelli, Aria SO	3) Piel, Annabel JR	4) Ford, Alexa FR	
26.83	57.09 (30.26)	1:25.45 (28.36)	1:53.90 (28.45)	
20 Benicia			1:56.01	1:54.20
1) Pettit, Olivia	2) Mincy, Mackenzie	3) Gomez, Mikaela FR	4) Whitty, Piper	
28.45	1:03.22 (34.77)	1:34.94 (31.72)	1:54.20 (19.26)	
21 Piedmont			1:52.89	1:54.47
1) Oesterer, Josephine FR	2) Rolefson, Taylor SO	3) Aubrecht, Kate SR	4) Ten Grotenhuis, Sonja JR	
28.59	1:02.15 (33.56)	1:28.81 (26.66)	1:54.47 (25.66)	
22 Mission San Jose			1:52.04	1:54.68
1) Pham, Nicole JR	2) Ly, Meghan SO	3) Nguyen, Megan FR	4) Yu, Kailyn SR	
30.51	1:01.26 (30.75)	1:28.75 (27.49)	1:54.68 (25.93)	
23 Liberty			1:53.66	1:55.28
1) Silva, Alana SO	2) Almarinez, Gisele JR	3) Sanchez, Olivia JR	4) Kleven, Brooke JR	
29.61	1:03.17 (33.56)	1:30.14 (26.97)	1:55.28 (25.14)	
24 Berkeley			1:54.84	1:55.56
1) Smyth, Brianna JR	2) Maninetti, Marta FR	3) Magdlaeno, Zuleika SR	4) Miller-Ross, Talulla SR	
28.31	1:00.69 (32.38)	1:28.31 (27.62)	1:55.56 (27.25)	
25 Northgate			1:49.94	1:55.74
1) Chan, Cady JR	2) Chekurova, Vlada FR	3) Sullivan, Brooke FR	4) Rohrllick, Madison SO	
28.76	1:02.55 (33.79)	1:29.30 (26.75)	1:55.74 (26.44)	
26 Tamalpais			1:53.46	1:55.77
1) Everage, Addison FR	2) Uhlhorn-Thornton, Isabella SR	3) Philp, Elle FR	4) Emison, Avery SR	
29.36	1:01.16 (31.80)	1:29.98 (28.82)	1:55.77 (25.79)	
27 El Cerrito			1:55.55	1:56.29
1) de Hart, Mya FR	2) Thompson, Nora JR	3) Brunetti, Natalia SR	4) Lu, Carrie SR	
33.57	1:04.92 (31.35)	1:31.33 (26.41)	1:56.29 (24.96)	
28 Santa Rosa			1:57.52	1:56.38
1) Mensch, Nora JR	2) Lewis, Alexis JR	3) Sanchez, Ruby SR	4) Baldenegro, Sofia SR	
30.57	1:02.38 (31.81)	1:29.20 (26.82)	1:56.38 (27.18)	
29 Justin Siena			1:55.70	1:56.49
1) Wigington, Liliana SO	2) Heffernan, Lila SO	3) Kawashiri, Mackenzie JR	4) Fegan, Kaela FR	
31.79	1:02.34 (30.55)	1:29.73 (27.39)	1:56.49 (26.76)	
30 Cardinal Newman			1:57.92	1:56.60
1) Farquhar, Natalie SO	2) Do, Meghan SR	3) Smits, Abby SO	4) Puckett, Morgan FR	
26.64	1:00.76 (34.12)	1:30.75 (29.99)	1:56.60 (25.85)	
31 College Park			1:55.39	1:56.72
1) Hoover, Audrey SO	2) Martinez, Amara JR	3) Branse, Madison SO	4) Katz, Corinne SO	
29.85	1:01.82 (31.97)	1:29.98 (28.16)	1:56.72 (26.74)	
32 Marin Catholic			1:56.24	1:56.96
1) Cassidy, Claire SO	2) Tarantino, Holly JR	3) Zhou, Alisa JR	4) Kiriakis, Bella JR	
31.70	1:02.29 (30.59)	1:30.89 (28.60)	1:56.96 (26.07)	

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## Results

## Preliminaries ... (Event 3 Girls 200 Yard Medley Relay)

Team	Relay	Seed Time	Prelim Time
33 Alameda		1:57.70	1:57.33
1) Lisitza, Ava SO	2) Thompson, Sydney SO	3) Yiu, Taylor SR	4) Galbo, Isabel SR
32.16	1:02.36 (30.20) 1:30.77 (28.41)	1:57.33 (26.56)	
34 Novato		1:55.32	1:57.40
1) McIntyre, Kaley FR	2) Zavala, Annette SR	3) Ross, Amanda JR	4) Garvey Miller, Tessa FR
28.00	1:02.02 (34.02) 1:30.74 (28.72)	1:57.40 (26.66)	
35 Heritage		1:54.83	1:57.44
1) Claibourne, Summer JR	2) Avalos Paz, Maria SR	3) Chao, Sam JR	4) Ogden, Megan FR
29.29	1:04.08 (34.79) 1:32.65 (28.57)	1:57.44 (24.79)	
36 West County		1:57.26	1:57.60
1) Gagnon, Anya JR	2) West, Madi JR	3) Sow, Mari SO	4) Black, Mackenzie JR
29.48	59.35 (29.87) 1:30.68 (31.33)	1:57.60 (26.92)	
37 Albany		1:56.51	1:57.85
1) Phoonpirom, Supitcha FR	2) Phoonpirom, Nara SR	3) Dangol, Ashley FR	4) Vitek, Sophia SR
32.19	1:07.07 (34.88) 1:33.22 (26.15)	1:57.85 (24.63)	
38 Sonoma Valley		1:56.19	1:59.22
1) Pine, Sierra SR	2) Harrison, Remy FR	3) Silvi, Alegria FR	4) Ring, Glorianna SR
29.74	1:04.95 (35.21) 1:33.25 (28.30)	1:59.22 (25.97)	
39 Dublin		1:56.60	1:59.58
1) Tsai, Emily SR	2) Robinson, Elaina JR	3) Guidi, Rose SR	4) Esquivel, Zoe JR
30.81	1:03.66 (32.85) 1:34.37 (30.71)	1:59.58 (25.21)	
40 Livermore		1:57.22	2:00.65
1) Mackinnon, Claire SO	2) Combisis, Annelise SR	3) Schwabenland, Cheryl JR	4) Pettit, Britany SR
32.10	1:06.72 (34.62) 1:35.18 (28.46)	2:00.65 (25.47)	

## Event 4 Boys 200 Yard Medley Relay

National HS: 1:27.74 U 2014

Baylor (TN)

Baylor (TN)

NCS Meet: 1:30.26 N 2015

Kaliszak, Tynes, McHugh, Selby

Northgate

Northgate

C. Kirkpatrick, S. Wu, M. Tittle, M. Bottene

Team	Relay	Prelim Time	Finals Time	Points
<b>A - Final</b>				
1 De La Salle		1:32.49	1:30.94	40
1) Iannaccone, Scott JR	2) Ryan, Brendan SR	3) Roder, Tommy SR	4) Elian, Zach JR	
23.44	49.95 (26.51) 1:11.12 (21.17)	1:30.94 (19.82)		
2 Redwood		1:33.93	1:33.10	34
1) Matthews, Max JR	2) Green, Gavin FR	3) Wait, Harry JR	4) Scruton, Nicholas JR	
22.73	48.24 (25.51) 1:11.10 (22.86)	1:33.10 (22.00)		
3 Northgate		1:35.30	1:34.21	32
1) Wendler, Mason SO	2) Mohrland, Jacob JR	3) Fong, AJ SR	4) Kengla, Kyle FR	
27.91	50.75 (22.84) 1:13.04 (22.29)	1:34.21 (21.17)		
4 Monte Vista		1:35.18	1:34.45	30
1) VonderAhe, Nick JR	2) Kan, Sammy SO	3) Hagan, Ryder SR	4) Palmer, Ian JR	
24.67	52.09 (27.42) 1:13.85 (21.76)	1:34.45 (20.60)		
5 Tamalpais		1:34.32	1:35.21	28
1) Gattnar, Marre JR	2) Goldstein, Frederick JR	3) Glenn, Nicky SR	4) Barsotti, Fargo SR	
22.67	51.00 (28.33) 1:13.32 (22.32)	1:35.21 (21.89)		
6 Campolindo		1:35.98	1:35.31	26
1) Younger, Owen SR	2) Levy, Nathan JR	3) Barck, Henrik SR	4) Richards, Tommy SR	
25.21	51.58 (26.37) 1:14.42 (22.84)	1:35.31 (20.89)		
7 Granada		1:35.24	1:35.91	24
1) Grove, Jacques SR	2) Ridosko, Ryan SR	3) Hendrick, Jack JR	4) Davis, Jack JR	
23.43	50.64 (27.21) 1:14.20 (23.56)	1:35.91 (21.71)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## A - Final ... (Event 4 Boys 200 Yard Medley Relay)

Team	Relay	Prelim Time	Finals Time	Points
8 San Ramon Valley		1:36.66	1:36.17	22
1) Seybold, Sam SO	2) Seybold, Alex SR	3) Harandi, Kushawn FR	4) Coleman, Riley JR	
25.18	51.26 (26.08) 1:15.03 (23.77)	1:36.17 (21.14)		
<b>B - Final</b>				
9 Las Lomas		1:37.18	1:36.30	18
1) Mendelssohn, Jon FR	2) Solorzano, Tulio SR	3) Bellanca, Ian SO	4) Kennedy, Andrew SO	
24.73	51.92 (27.19) 1:15.90 (23.98)	1:36.30 (20.40)		
10 Dublin		1:37.94	1:37.49	14
1) Ohrr, Benjamin FR	2) Huang, Joey SR	3) Cory, Max SR	4) Nicolas Andres, Jino JR	
25.22	51.98 (26.76) 1:14.73 (22.75)	1:37.49 (22.76)		
11 American		1:38.45	1:37.86	12
1) Huang, Edward SO	2) Cillo, Ray JR	3) Bayoumi, Moataz JR	4) Lee, Elton SR	
22.92	50.45 (27.53) 1:15.23 (24.78)	1:37.86 (22.63)		
12 Head Royce		1:38.03	1:38.04	10
1) Chang, Nicholas SR	2) Kang, Ben JR	3) Raghavan, Chetan FR	4) Brennan, Michael SR	
25.27	52.13 (26.86) 1:16.02 (23.89)	1:38.04 (22.02)		
13 Maria Carrillo		1:38.63	1:38.55	8
1) Morris, Andrew JR	2) Brophy, Reid SR	3) Valerga, Eric SO	4) Brophy, Finn SO	
24.53	50.51 (25.98) 1:16.57 (26.06)	1:38.55 (21.98)		
14 Heritage		1:38.69	1:39.59	6
1) Chang, Brendon JR	2) Yee, Tyler FR	3) Giuliano, Jadon SR	4) LaBute, Zane SR	
24.54	53.28 (28.74) 1:17.57 (24.29)	1:39.59 (22.02)		
15 Miramonte		1:39.50	1:40.09	4
1) Sherwood, Dax SR	2) Gunn, Logan SO	3) Hoffman, Zach JR	4) Stice, Pat FR	
25.18	53.89 (28.71) 1:17.86 (23.97)	1:40.09 (22.23)		
--- Dougherty Valley		1:38.18	DQ	
1) Liu, Darrell JR	2) Ruy, William JR	3) Fang, Jared SR	4) Wang, Ethan JR	
25.87	53.68 (27.81) 1:16.71 (23.03)	DQ (21.62)		

## Event 4 Boys 200 Yard Medley Relay

National HS: 1:27.74 U 2014

Baylor (TN)

Baylor (TN)

NCS Meet: 1:30.26 N 2015

Kaliszak, Tynes, McHugh, Selby

Northgate

C. Kirkpatrick, S. Wu, M. Tittle, M. Bottene

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 De La Salle		1:33.07	1:32.49
1) Iannaccone, Scott JR	2) Ryan, Brendan SR	3) Roder, Tommy SR	4) Elian, Zach JR
23.64	50.19 (26.55) 1:12.29 (22.10)	1:32.49 (20.20)	
2 Redwood		1:34.45	1:33.93
1) Matthews, Max JR	2) Green, Gavin FR	3) Wait, Harry JR	4) Scruton, Nicholas JR
22.61	48.48 (25.87) 1:11.96 (23.48)	1:33.93 (21.97)	
3 Tamalpais		1:35.91	1:34.32
1) Gattnar, Marre JR	2) Glenn, Nicky SR	3) Conklin, Riley SR	4) Barsotti, Fargo SR
22.65	48.89 (26.24) 1:12.73 (23.84)	1:34.32 (21.59)	
4 Monte Vista		1:36.56	1:35.18
1) VonderAhe, Nick JR	2) Kan, Sammy SO	3) Hagan, Ryder SR	4) Palmer, Ian JR
24.68	52.17 (27.49) 1:14.19 (22.02)	1:35.18 (20.99)	
5 Granada		1:36.88	1:35.24
1) Grove, Jacques SR	2) Ridosko, Ryan SR	3) Hendrick, Jack JR	4) Davis, Jack JR
23.53	50.72 (27.19) 1:13.79 (23.07)	1:35.24 (21.45)	
6 Northgate		1:35.86	1:35.30
1) Wendler, Mason SO	2) Mohrland, Jacob JR	3) Fong, AJ SR	4) Kengla, Kyle FR
25.06	51.25 (26.19) 1:13.72 (22.47)	1:35.30 (21.58)	

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## Results

## Preliminaries ... (Event 4 Boys 200 Yard Medley Relay)

Team	Relay		Seed Time	Prelim Time
7 Campolindo			1:37.25	1:35.98
1) Younger, Owen SR	2) Levy, Nathan JR	3) Barck, Henrik SR	4) Richards, Tommy SR	
25.63	51.77 (26.14)	1:15.12 (23.35)	1:35.98 (20.86)	
8 San Ramon Valley			1:37.16	1:36.66
1) Seybold, Sam SO	2) Seybold, Alex SR	3) Harandi, Kushawn FR	4) Coleman, Riley JR	
25.13	51.66 (26.53)	1:15.66 (24.00)	1:36.66 (21.00)	
9 Las Lomas			1:36.46	1:37.18
1) Mendelsohn, Jon FR	2) Solorzano, Tulio SR	3) Kennedy, Andrew SO	4) Nelson, Brett SO	
24.74	52.23 (27.49)	1:15.42 (23.19)	1:37.18 (21.76)	
10 Dublin			1:47.36	1:37.94
1) Ohrr, Benjamin FR	2) Huang, Joey SR	3) Cory, Max SR	4) Nicolas Andres, Jino JR	
24.82	51.73 (26.91)	1:14.69 (22.96)	1:37.94 (23.25)	
11 Head Royce			1:40.42	1:38.03
1) Chang, Nicholas SR	2) Kang, Ben JR	3) Raghavan, Chetan FR	4) Brennan, Michael SR	
25.20	51.94 (26.74)	1:15.97 (24.03)	1:38.03 (22.06)	
12 Dougherty Valley			1:37.92	1:38.18
1) Liu, Darrell JR	2) Ruy, William JR	3) Fang, Jared SR	4) Wang, Ethan JR	
26.02	53.53 (27.51)	1:16.49 (22.96)	1:38.18 (21.69)	
13 American			1:39.62	1:38.45
1) Huang, Edward SO	2) Cillo, Ray JR	3) Bayoumi, Moataz JR	4) Lee, Elton SR	
23.19	50.34 (27.15)	1:16.05 (25.71)	1:38.45 (22.40)	
14 Maria Carrillo			1:40.68	1:38.63
1) Morris, Andrew JR	2) Brophy, Reid SR	3) Valerga, Eric SO	4) Brophy, Finn SO	
24.38	50.89 (26.51)	1:16.97 (26.08)	1:38.63 (21.66)	
15 Heritage			1:39.27	1:38.69
1) Giuliano, Jadon SR	2) Yee, Tyler FR	3) Chang, Brendon JR	4) LaBute, Zane SR	
25.35	53.27 (27.92)	1:16.94 (23.67)	1:38.69 (21.75)	
16 Miramonte			1:42.08	1:39.50
1) Sherwood, Dax SR	2) Gunn, Logan SO	3) Hoffman, Zach JR	4) Stice, Pat FR	
25.00	53.38 (28.38)	1:17.50 (24.12)	1:39.50 (22.00)	
17 College Preparatory			1:40.41	1:40.86
1) Jung, Owen SR	2) Vuong, Julian JR	3) Medina, David SR	4) Zener, Zachary JR	
27.75	55.14 (27.39)	1:19.05 (23.91)	1:40.86 (21.81)	
18 Foothill			1:40.86	J1:40.86
1) Kann, Connor SO	2) Dwidar, Yassin JR	3) Lin, Phil FR	4) Tang, Kevin SO	
25.92	53.64 (27.72)	1:17.56 (23.92)	1:40.86 (23.30)	
19 Newark Memorial			1:44.58	1:41.28
1) Cao, Khang SR	2) Rosales, Adrian SO	3) Caron, Noah FR	4) Haba, Evan JR	
25.58	53.34 (27.76)	1:18.84 (25.50)	1:41.28 (22.44)	
20 Castro Valley			1:41.13	1:41.39
1) Li, Simon FR	2) Sutedja, Colin SR	3) Williams, Elijah SR	4) Arakawa, Nathan JR	
27.14	55.38 (28.24)	1:18.78 (23.40)	1:41.39 (22.61)	
21 California			1:41.22	1:41.67
1) Deweese, Alexander JR	2) Milasincic, Jax SO	3) Frew, Hudson FR	4) Wang, Julian SR	
26.80	53.79 (26.99)	1:19.28 (25.49)	1:41.67 (22.39)	
22 Amador Valley			1:40.03	1:42.11
1) Grell, Evan JR	2) Caples, Devyn SO	3) Channon, Jai SR	4) Shea, Griffin JR	
27.10	53.74 (26.64)	1:18.76 (25.02)	1:42.11 (23.35)	
23 Mission San Jose			1:42.82	1:42.38
1) Crocker, Alex SR	2) Ta, Aidan SO	3) Wong, Ryan SR	4) Lau, Kasper SR	
27.33	54.97 (27.64)	1:19.62 (24.65)	1:42.38 (22.76)	

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 4 Boys 200 Yard Medley Relay)

Team	Relay	Seed Time	Prelim Time
24 Novato		1:41.88	1:42.70
1) Portillo, Ezra SO	2) Thelen, Cooper SR	3) Brewer, Brett JR	4) O'Halloran, Nathan SR
28.15	56.14 (27.99) 1:20.06 (23.92)	1:42.70 (22.64)	
25 Vintage		1:42.39	1:42.98
1) Hayashi, Yuki SO	2) Larsen, Matthew SR	3) Roldan, Mateo SR	4) McClintick, Carson SR
25.90	53.73 (27.83) 1:19.94 (26.21)	1:42.98 (23.04)	
26 American Canyon		1:42.24	1:43.29
1) Valladares, Rowen SO	2) Cueva, Gabriel JR	3) Raymond, Zakary SR	4) Patocchi, Joseph JR
27.19	54.68 (27.49) 1:20.68 (26.00)	1:43.29 (22.61)	
27 College Park		1:41.86	1:43.49
1) Gartner, Zac JR	2) Sanchez Lopez, Jose SR	3) Gandrup, Logan JR	4) Barnacal, Jackson JR
26.90	55.76 (28.86) 1:21.12 (25.36)	1:43.49 (22.37)	
28 Napa		1:44.44	1:45.34
1) Dillon, Andrew SO	2) Hattori, Noah FR	3) Delanni, Carlo JR	4) Scargle, Camerone SO
26.85	56.72 (29.87) 1:22.41 (25.69)	1:45.34 (22.93)	
29 Clayton Valley Charter		1:40.75	1:45.63
1) Duggan, Carrick SR	2) Cleary, Finn FR	3) Tanos, John SR	4) Boland, Shawn SO
27.09	56.58 (29.49) 1:22.02 (25.44)	1:45.63 (23.61)	
30 El Cerrito		1:46.76	1:46.21
1) Mayer, Jacob JR	2) Willett Burfoot, Nate FR	3) Thompson, Ryan SR	4) Willett, Milan SR
28.33	57.52 (29.19) 1:22.27 (24.75)	1:46.21 (23.94)	
31 Athenian		1:47.11	1:46.24
1) Solomon, Michael FR	2) Molitor, Garrett FR	3) Hallman, Charlie SO	4) Ford, Kai SR
28.22	56.64 (28.42) 1:22.98 (26.34)	1:46.24 (23.26)	
32 James Logan		1:45.48	1:46.46
1) Maboloc, Adam SR	2) Outangoun, Brenton SR	3) Lee, Sean SR	4) Liu, Daniel SR
27.69	57.83 (30.14) 1:22.68 (24.85)	1:46.46 (23.78)	
33 Marin Academy		1:46.83	1:46.61
1) Smith, Ewan SO	2) Rewick, Schuyler SO	3) Joyce, Dillon SR	4) Byrne, Thomas FR
30.37	58.54 (28.17) 1:23.69 (25.15)	1:46.61 (22.92)	
34 Alameda		1:46.18	1:46.96
1) Evans, Ian FR	2) Kaci, Sami FR	3) Saulsbury, Hugh FR	4) Nguyen, Andrew FR
29.39	58.00 (28.61) 1:23.57 (25.57)	1:46.96 (23.39)	
35 San Marin		1:46.25	1:47.76
1) Eilerman, Colin JR	2) Padillo, Sean SR	3) Cordero, Hayden JR	4) Brawley, John JR
27.02	56.14 (29.12) 1:22.31 (26.17)	1:47.76 (25.45)	
36 Pinole Valley		1:46.31	1:48.08
1) Banuelos, Jack SR	2) Meeker, Gibson JR	3) Ng, Eric SR	4) Rarmirez, Corey FR
28.49	59.17 (30.68) 1:26.12 (26.95)	1:48.08 (21.96)	
37 Irvington		1:47.86	1:48.17
1) Lam, Aidan-Vinh JR	2) Young, Ryan JR	3) Lam, Ivan JR	4) Abel, Ashley SR
29.30	59.35 (30.05) 1:25.39 (26.04)	1:48.17 (22.78)	
38 Marin Catholic		1:45.97	1:48.33
1) Cassidy, Brendan SR	2) Goldberg, Garrett SR	3) Wunderlich, Hudson SR	4) Hamel, Thomas JR
29.83	59.37 (29.54) 1:25.30 (25.93)	1:48.33 (23.03)	
--- San Leandro		1:44.96	DQ
1) Nario, Lorenzo SR	2) Alvarez, Eliot SR	3) Swanson, Rylan SR	4) Guilbert, Luca SR
28.28	56.09 (27.81) 1:21.08 (24.99)	DQ (24.14)	
--- Washington		1:47.81	NS
1) Javier, Jaden SR	2) Arnett, Benjamin JR	3) Gao, Leo SO	4) Jauregui, Alejandro SR

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Event 5 Girls 200 Yard Freestyle

National HS: 1:41.55 U 2015

Kathleen Ledecy

Stone Ridge (MD)

NCS Meet: 1:44.45 N 2013

Chelsea Chenault

Carondelet

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Hartman, Bailey		SO Carondelet	1:47.92	1:46.38	20
24.63	50.93 (26.30)	1:18.27 (27.34)	1:46.38 (28.11)		
2 Li, Samantha		JR Castro Valley	1:51.52	1:50.86	17
25.55	53.28 (27.73)	1:21.94 (28.66)	1:50.86 (28.92)		
3 Farquhar, Natalie		SO Cardinal Newman	1:51.02	1:51.62	16
25.35	53.41 (28.06)	1:22.77 (29.36)	1:51.62 (28.85)		
*4 Bell, Sophia		SR Bay School of SF	1:52.12	1:51.91	14.50
26.41	54.59 (28.18)	1:23.28 (28.69)	1:51.91 (28.63)		
*4 Snyder, Amelia		SR Las Lomas	1:51.98	1:51.91	14.50
26.23	54.44 (28.21)	1:23.34 (28.90)	1:51.91 (28.57)		
6 Blackwell, Madison		SO Campolindo	1:51.80	1:52.13	13
25.48	53.58 (28.10)	1:22.92 (29.34)	1:52.13 (29.21)		
7 Butler, Elisabeth		SO Carondelet	1:52.59	1:53.44	12
25.85	53.94 (28.09)	1:23.20 (29.26)	1:53.44 (30.24)		
8 Lee, Kaitlin		SO Dublin	1:51.83	1:53.79	11
26.34	54.43 (28.09)	1:23.74 (29.31)	1:53.79 (30.05)		
<b>B - Final</b>					
9 Struempf, Lillian		SO Northgate	1:54.09	1:52.99	9
26.46	55.08 (28.62)	1:24.10 (29.02)	1:52.99 (28.89)		
10 Kawamura, Minhnha		SR Livermore	1:53.36	1:53.79	7
26.27	54.42 (28.15)	1:24.03 (29.61)	1:53.79 (29.76)		
11 McConnell, Samantha		SR Berean Christian	1:54.84	1:54.81	6
26.59	55.36 (28.77)	1:24.87 (29.51)	1:54.81 (29.94)		
12 Kim, Olivia		SR Amador Valley	1:54.87	1:54.95	5
26.89	55.92 (29.03)	1:25.36 (29.44)	1:54.95 (29.59)		
13 Fisher, Teagan		SR Monte Vista	1:55.63	1:55.18	4
27.23	55.93 (28.70)	1:25.14 (29.21)	1:55.18 (30.04)		
14 Kuhn, Zoe		SO Bishop O'Dowd	1:55.46	1:57.14	3
26.79	56.32 (29.53)	1:26.77 (30.45)	1:57.14 (30.37)		
15 Lewis, Alexis		JR Santa Rosa	1:57.16	1:57.93	2
26.53	55.33 (28.80)	1:26.36 (31.03)	1:57.93 (31.57)		
16 Scheberies, Emily		JR Monte Vista	1:55.00	1:58.12	1
26.63	56.17 (29.54)	1:26.92 (30.75)	1:58.12 (31.20)		

## Event 5 Girls 200 Yard Freestyle

National HS: 1:41.55 U 2015

Kathleen Ledecy

Stone Ridge (MD)

NCS Meet: 1:44.45 N 2013

Chelsea Chenault

Carondelet

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Hartman, Bailey		SO Carondelet	1:50.81	1:47.92
24.89	52.14 (27.25)	1:20.15 (28.01)	1:47.92 (27.77)	
2 Farquhar, Natalie		SO Cardinal Newman	1:56.90	1:51.02
25.57	53.61 (28.04)	1:22.40 (28.79)	1:51.02 (28.62)	
3 Li, Samantha		JR Castro Valley	1:51.18	1:51.52
25.19	53.46 (28.27)	1:22.20 (28.74)	1:51.52 (29.32)	
4 Blackwell, Madison		SO Campolindo	1:54.18	1:51.80
25.78	54.04 (28.26)	1:22.84 (28.80)	1:51.80 (28.96)	
5 Lee, Kaitlin		SO Dublin	1:52.19	1:51.83
26.74	55.09 (28.35)	1:23.93 (28.84)	1:51.83 (27.90)	



## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 5 Girls 200 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
6 Snyder, Amelia	SR	Las Lomas	1:51.15	1:51.98
26.36	55.02 (28.66)	1:23.94 (28.92)	1:51.98 (28.04)	
7 Bell, Sophia	SR	Bay School of SF	1:54.17	1:52.12
26.44	55.17 (28.73)	1:24.23 (29.06)	1:52.12 (27.89)	
8 Butler, Elisabeth	SO	Carondelet	1:53.78	1:52.59
25.96	54.18 (28.22)	1:23.15 (28.97)	1:52.59 (29.44)	
9 Kawamura, Minhnha	SR	Livermore	1:56.18	1:53.36
27.08	55.86 (28.78)	1:24.76 (28.90)	1:53.36 (28.60)	
10 Struempf, Lillian	SO	Northgate	1:52.03	1:54.09
26.40	55.46 (29.06)	1:25.00 (29.54)	1:54.09 (29.09)	
11 McConnell, Samantha	SR	Berean Christian	1:55.16	1:54.84
26.57	54.91 (28.34)	1:24.29 (29.38)	1:54.84 (30.55)	
12 Kim, Olivia	SR	Amador Valley	1:53.93	1:54.87
26.73	55.80 (29.07)	1:25.50 (29.70)	1:54.87 (29.37)	
13 Scheberies, Emily	JR	Monte Vista	1:54.41	1:55.00
26.78	56.21 (29.43)	1:25.75 (29.54)	1:55.00 (29.25)	
14 Kuhn, Zoe	SO	Bishop O'Dowd	1:57.31	1:55.46
26.68	55.56 (28.88)	1:25.41 (29.85)	1:55.46 (30.05)	
15 Fisher, Teagan	SR	Monte Vista	1:56.68	1:55.63
27.18	56.15 (28.97)	1:25.74 (29.59)	1:55.63 (29.89)	
16 Lewis, Alexis	JR	Santa Rosa	1:59.65	1:57.16
27.02	55.97 (28.95)	1:25.94 (29.97)	1:57.16 (31.22)	
17 Fok, Lexi	SR	Campolindo	1:56.80	1:57.21
26.60	55.91 (29.31)	1:26.39 (30.48)	1:57.21 (30.82)	
18 Hawkins, Maggie	SR	Campolindo	1:57.76	1:57.49
27.27	56.98 (29.71)	1:27.42 (30.44)	1:57.49 (30.07)	
19 French, Miya	SR	San Marin	1:55.88	1:57.64
26.82	56.06 (29.24)	1:26.53 (30.47)	1:57.64 (31.11)	
20 Baker, Clare	FR	Campolindo	1:58.67	1:58.75
28.30	58.26 (29.96)	1:28.88 (30.62)	1:58.75 (29.87)	
21 Rolefson, Taylor	SO	Piedmont	2:01.74	1:58.90
26.92	57.18 (30.26)	1:28.06 (30.88)	1:58.90 (30.84)	
22 Martin Del Campo, Lucia	SO	College Preparatory	2:00.21	1:58.91
27.72	57.71 (29.99)	1:28.67 (30.96)	1:58.91 (30.24)	
23 Avalos Paz, Natalia	SO	Heritage	1:59.01	1:59.39
27.99	57.60 (29.61)	1:28.35 (30.75)	1:59.39 (31.04)	
24 Kawashiri, Mackenzie	JR	Justin Siena	1:59.31	1:59.79
27.85	57.81 (29.96)	1:28.66 (30.85)	1:59.79 (31.13)	
25 Engelskirchen, Estelle	JR	San Rafael	1:59.64	1:59.89
27.91	58.17 (30.26)	1:29.31 (31.14)	1:59.89 (30.58)	
26 Grant, Alexandra		Benicia	1:59.63	2:00.09
27.99	58.12 (30.13)	1:29.24 (31.12)	2:00.09 (30.85)	
27 Turner, Maile	SO	Monte Vista	2:01.27	2:00.56
27.81	58.23 (30.42)	1:29.63 (31.40)	2:00.56 (30.93)	
28 Ayers, Athena	SO	Liberty	2:00.46	2:00.59
27.43	57.93 (30.50)	1:29.28 (31.35)	2:00.59 (31.31)	
29 Newton, Aubrey	SR	Carondelet	2:02.45	2:00.81
27.85	58.19 (30.34)	1:29.49 (31.30)	2:00.81 (31.32)	
30 Tseng, Ava	SO	San Ramon Valley	1:59.02	2:01.04
28.00	58.13 (30.13)	1:29.53 (31.40)	2:01.04 (31.51)	
31 Stickler, Piper	SR	Dublin	1:56.85	2:01.17
28.26	58.62 (30.36)	1:29.82 (31.20)	2:01.17 (31.35)	

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 5 Girls 200 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
32 Cox, Audrey	JR	Acalanes	2:01.95	2:01.57
27.67	57.95 (30.28)	1:29.88 (31.93)	2:01.57 (31.69)	
33 D'Amelio, Angela	SO	James Logan	2:02.24	2:02.79
27.89	58.67 (30.78)	1:30.28 (31.61)	2:02.79 (32.51)	
34 Cortessis, Ashley	SR	Las Lomas	2:01.59	2:02.82
28.28	59.32 (31.04)	1:31.69 (32.37)	2:02.82 (31.13)	
35 de Hart, Mya	FR	El Cerrito	2:02.22	2:03.36
27.92	59.16 (31.24)	1:31.20 (32.04)	2:03.36 (32.16)	
36 Gornyitzki, Anna	SO	College Park	2:02.46	2:03.50
28.12	58.82 (30.70)	1:31.01 (32.19)	2:03.50 (32.49)	
37 Tuvshintugs, Oyu	FR	Northgate	2:01.48	2:03.59
28.41	59.10 (30.69)	1:31.05 (31.95)	2:03.59 (32.54)	
38 Murphy, Shannon	SR	Miramonte	2:02.27	2:03.73
27.28	57.84 (30.56)	1:30.17 (32.33)	2:03.73 (33.56)	
39 Tully, Brynn	SO	Carondelet	2:01.76	2:05.55
27.87	58.76 (30.89)	1:31.99 (33.23)	2:05.55 (33.56)	
--- Heffelfinger, Heidi	SR	Acalanes	1:56.86	NS

## Event 6 Boys 200 Yard Freestyle

National HS: 1:32.99 U 2019

Carson Foster

McClatchy (CA)

NCS Meet: 1:33.70 N 2016

M. Rooney 16, A Sancov 18

Granada, Northga

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Berry, Owen	JR	California	1:38.48	1:38.83	20
22.75	47.42 (24.67)	1:12.75 (25.33)	1:38.83 (26.08)		
2 Wang, Ethan	JR	Dougherty Valley	1:39.24	1:39.16	17
22.91	47.58 (24.67)	1:13.01 (25.43)	1:39.16 (26.15)		
3 Tupper, Hayden	JR	Amador Valley	1:40.01	1:40.02	16
23.48	48.46 (24.98)	1:14.22 (25.76)	1:40.02 (25.80)		
4 Thielenhaus, Bryden	JR	Novato	1:41.61	1:40.48	15
23.66	49.14 (25.48)	1:14.88 (25.74)	1:40.48 (25.60)		
5 Yavuzer-Judd, Theoden	SR	Campolindo	1:40.30	1:40.63	14
23.54	49.20 (25.66)	1:15.35 (26.15)	1:40.63 (25.28)		
6 Hendrick, Jack	JR	Granada	1:39.60	1:41.04	13
23.35	48.56 (25.21)	1:14.41 (25.85)	1:41.04 (26.63)		
7 Scruton, Nicholas	JR	Redwood	1:42.02	1:42.61	12
24.42	49.78 (25.36)	1:15.97 (26.19)	1:42.61 (26.64)		
8 McMillan, Scott	SO	Northgate	1:42.31	1:43.11	11
23.67	49.46 (25.79)	1:16.01 (26.55)	1:43.11 (27.10)		
<b>B - Final</b>					
9 Morris, Andrew	JR	Maria Carrillo	1:43.27	1:43.61	9
23.94	50.17 (26.23)	1:16.57 (26.40)	1:43.61 (27.04)		
10 Ridosko, Ryan	SR	Granada	1:45.41	1:44.91	7
23.98	50.25 (26.27)	1:17.36 (27.11)	1:44.91 (27.55)		
11 Johnson, Jed	FR	De La Salle	1:45.12	1:45.21	6
24.79	51.64 (26.85)	1:18.55 (26.91)	1:45.21 (26.66)		
12 Kang, Ben	JR	Head Royce	1:45.84	1:45.73	5
24.55	51.50 (26.95)	1:18.69 (27.19)	1:45.73 (27.04)		
13 Kann, Connor	SO	Foothill	1:46.39	1:46.00	4
24.30	50.90 (26.60)	1:18.00 (27.10)	1:46.00 (28.00)		
14 Etnyre, Parker	JR	Acalanes	1:46.03	1:46.27	3
24.83	51.97 (27.14)	1:19.51 (27.54)	1:46.27 (26.76)		
15 Davis, Jack	JR	Granada	1:46.49	1:46.40	2
24.52	51.17 (26.65)	1:18.67 (27.50)	1:46.40 (27.73)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## B - Final ... (Event 6 Boys 200 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
16 Bryant, Ian	JR	California	1:45.97	1:46.90	1
	24.33	50.66 (26.33)	1:18.16 (27.50)	1:46.90 (28.74)	

## Event 6 Boys 200 Yard Freestyle

National HS: 1:32.99 U 2019

Carson Foster

McClatchy (CA)

NCS Meet: 1:33.70 N 2016

M. Rooney 16, A Sancov 18

Granada, Northga

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Berry, Owen	JR	California	1:40.24	1:38.48
	22.45	47.28 (24.83)	1:12.97 (25.69)	1:38.48 (25.51)
2 Wang, Ethan	JR	Dougherty Valley	1:39.28	1:39.24
	23.22	48.40 (25.18)	1:13.81 (25.41)	1:39.24 (25.43)
3 Hendrick, Jack	JR	Granada	1:43.43	1:39.60
	23.23	48.57 (25.34)	1:13.99 (25.42)	1:39.60 (25.61)
4 Tupper, Hayden	JR	Amador Valley	1:43.68	1:40.01
	23.38	48.75 (25.37)	1:14.46 (25.71)	1:40.01 (25.55)
5 Yavuzer-Judd, Theoden	SR	Campolindo	1:42.74	1:40.30
	23.50	48.86 (25.36)	1:14.51 (25.65)	1:40.30 (25.79)
6 Thielenhaus, Bryden	JR	Novato	1:42.56	1:41.61
	23.72	49.60 (25.88)	1:15.87 (26.27)	1:41.61 (25.74)
7 Scruton, Nicholas	JR	Redwood	1:45.01	1:42.02
	24.01	49.55 (25.54)	1:15.66 (26.11)	1:42.02 (26.36)
8 McMillan, Scott	SO	Northgate	1:43.59	1:42.31
	23.89	49.69 (25.80)	1:15.73 (26.04)	1:42.31 (26.58)
9 Morris, Andrew	JR	Maria Carrillo	1:45.13	1:43.27
	23.44	49.50 (26.06)	1:16.15 (26.65)	1:43.27 (27.12)
10 Johnson, Jed	FR	De La Salle	1:45.86	1:45.12
	24.69	51.26 (26.57)	1:17.96 (26.70)	1:45.12 (27.16)
11 Ridosko, Ryan	SR	Granada	1:45.54	1:45.41
	24.13	50.28 (26.15)	1:17.50 (27.22)	1:45.41 (27.91)
12 Kang, Ben	JR	Head Royce	1:46.60	1:45.84
	24.68	51.90 (27.22)	1:19.00 (27.10)	1:45.84 (26.84)
13 Bryant, Ian	JR	California	1:47.40	1:45.97
	24.62	51.09 (26.47)	1:18.31 (27.22)	1:45.97 (27.66)
14 Etnyre, Parker	JR	Acalanes	1:45.88	1:46.03
	24.12	50.73 (26.61)	1:18.27 (27.54)	1:46.03 (27.76)
15 Kann, Connor	SO	Foothill	1:46.19	1:46.39
	24.45	50.68 (26.23)	1:18.05 (27.37)	1:46.39 (28.34)
16 Davis, Jack	JR	Granada	1:48.04	1:46.49
	24.58	51.38 (26.80)	1:18.93 (27.55)	1:46.49 (27.56)
17 Brophy, Finn	SO	Maria Carrillo	1:46.15	1:46.76
	24.09	51.02 (26.93)	1:18.48 (27.46)	1:46.76 (28.28)
18 Cueva, Gabriel	JR	American Canyon	1:47.32	1:46.83
	24.21	51.04 (26.83)	1:18.83 (27.79)	1:46.83 (28.00)
19 Nicholson, Alex	SO	Monte Vista	1:47.66	1:46.87
	24.64	51.72 (27.08)	1:19.43 (27.71)	1:46.87 (27.44)
20 Raghavan, Chetan	FR	Head Royce	1:46.63	1:47.02
	24.75	51.61 (26.86)	1:19.26 (27.65)	1:47.02 (27.76)
21 Rogers, Nathan	JR	Bishop O'Dowd	1:45.40	1:47.05
	23.95	50.17 (26.22)	1:17.86 (27.69)	1:47.05 (29.19)
22 Gunn, Logan	SO	Miramonte	1:46.42	1:47.29
	24.84	51.88 (27.04)	1:19.62 (27.74)	1:47.29 (27.67)

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 6 Boys 200 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
23 Woolery, Nick	FR	Heritage	1:47.66	1:47.66
24.95	52.13 (27.18)	1:19.93 (27.80)	1:47.66 (27.73)	
24 Hayashi, Yuki	SO	Vintage	1:47.52	1:47.67
25.73	53.00 (27.27)	1:20.41 (27.41)	1:47.67 (27.26)	
25 Martinez, Ryan	SR	De La Salle	1:47.03	1:48.26
24.63	50.82 (26.19)	1:18.90 (28.08)	1:48.26 (29.36)	
26 Krilanovich, Vincent	FR	Archie Williams	1:48.02	1:48.38
26.42	53.05 (26.63)	1:20.91 (27.86)	1:48.38 (27.47)	
27 Van Fanos, Damik	JR	Clayton Valley Charter	1:50.34	1:48.56
24.15	51.39 (27.24)	1:20.06 (28.67)	1:48.56 (28.50)	
28 Richards, Jack	JR	De La Salle	1:49.14	1:48.63
24.82	52.53 (27.71)	1:20.20 (27.67)	1:48.63 (28.43)	
29 Nguyen-Trong, Thanh-Long	JR	Encinal	1:49.43	1:49.03
25.37	52.90 (27.53)	1:20.52 (27.62)	1:49.03 (28.51)	
30 Liu, Tysen	JR	Amador Valley	1:48.90	1:49.05
25.87	53.44 (27.57)	1:21.11 (27.67)	1:49.05 (27.94)	
31 Monroy, Mateo	JR	Las Lomas	1:49.04	1:49.41
25.63	53.70 (28.07)	1:21.87 (28.17)	1:49.41 (27.54)	
32 Ridosko, Nathanael	SO	Granada	1:49.85	1:49.58
25.08	52.15 (27.07)	1:20.66 (28.51)	1:49.58 (28.92)	
33 Skov, David	FR	De La Salle	1:47.10	1:49.73
24.30	51.16 (26.86)	1:19.98 (28.82)	1:49.73 (29.75)	
34 Giang, Ethan	FR	Alameda	1:49.29	1:49.74
25.38	53.01 (27.63)	1:21.67 (28.66)	1:49.74 (28.07)	
35 Cillo, Ray	JR	American	1:49.62	1:49.91
26.01	53.77 (27.76)	1:22.28 (28.51)	1:49.91 (27.63)	
36 Parker, Colin	JR	Northgate	1:49.14	1:50.09
24.30	51.12 (26.82)	1:19.82 (28.70)	1:50.09 (30.27)	
37 Borden, Nicholas	JR	San Ramon Valley	1:49.00	1:50.35
24.80	52.85 (28.05)	1:21.48 (28.63)	1:50.35 (28.87)	
38 Tang, Kevin	SO	Foothill	1:49.53	1:50.39
25.14	53.02 (27.88)	1:21.66 (28.64)	1:50.39 (28.73)	
39 Holtzman, Theo	SO	Bentley	1:49.83	1:50.77
25.07	53.23 (28.16)	1:21.82 (28.59)	1:50.77 (28.95)	
--- McCaw, Greyson	SR	Sonoma Valley	1:46.01	NS

## Event 7 Girls 200 Yard IM

Name	Yr	School	Prelim Time	Finals Time	Points
1 Iannaccone, Stephanie	SR	Carondelet	2:01.77	2:02.27	20
26.29	57.30 (31.01)	1:32.84 (35.54)	2:02.27 (29.43)		
2 Heffernan, Lila	SO	Justin Siena	2:03.31	2:02.55	17
26.19	58.18 (31.99)	1:34.33 (36.15)	2:02.55 (28.22)		
3 Herscu, Abigail	SR	Granada	2:04.00	2:03.20	16
26.96	58.41 (31.45)	1:33.41 (35.00)	2:03.20 (29.79)		
4 Barck, Emilia	SO	Campolindo	2:03.64	2:03.48	15
27.77	58.32 (30.55)	1:34.88 (36.56)	2:03.48 (28.60)		
5 Fok, Jasmine	SO	Campolindo	2:05.47	2:05.53	14
27.36	58.83 (31.47)	1:36.12 (37.29)	2:05.53 (29.41)		
6 Chau, Lilli	JR	Amador Valley	2:06.05	2:07.27	13
27.74	1:00.74 (33.00)	1:37.60 (36.86)	2:07.27 (29.67)		

A - Final

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## A - Final ... (Event 7 Girls 200 Yard IM)

Name	Yr	School	Prelim Time	Finals Time	Points
7 Capelli, Aria	SO	Athenian	2:06.23	2:07.43	12
27.67	59.02 (31.35)	1:36.81 (37.79)	2:07.43 (30.62)		
--- Lockyer, Hannah	SR	Monte Vista	2:04.99	DQ	
27.37	57.67 (30.30)	1:34.32 (36.65)	DQ (31.23)		

## B - Final

9 Keith-Brown, Emma	SR	San Domenico	2:06.89	2:05.56	9
27.42	58.76 (31.34)	1:36.15 (37.39)	2:05.56 (29.41)		
10 Mellott, Raya	FR	San Ramon Valley	2:08.20	2:07.29	7
28.56	1:02.63 (34.07)	1:36.90 (34.27)	2:07.29 (30.39)		
11 Tarantino, Holly	JR	Marin Catholic	2:07.97	2:07.69	6
27.86	59.46 (31.60)	1:36.42 (36.96)	2:07.69 (31.27)		
12 Quan, Angela	JR	Irvington	2:07.32	2:07.83	5
27.32	1:00.11 (32.79)	1:37.47 (37.36)	2:07.83 (30.36)		
13 Harris, Breuklynn	JR	Foothill	2:08.60	2:08.40	4
28.17	1:02.25 (34.08)	1:38.24 (35.99)	2:08.40 (30.16)		
14 Lin, Florence	JR	Amador Valley	2:08.88	2:08.50	3
29.02	1:00.54 (31.52)	1:39.29 (38.75)	2:08.50 (29.21)		
15 Gomez, Mikaela	FR	Benicia	2:08.25	2:12.07	2
27.61	59.98 (32.37)	1:39.95 (39.97)	2:12.07 (32.12)		
16 Robinson, Maggie	JR	Granada	2:09.30	2:12.86	1
28.15	1:01.99 (33.84)	1:41.01 (39.02)	2:12.86 (31.85)		

## Event 7 Girls 200 Yard IM

National HS: 1:53.73 U 2021 Victoria Huske Arlington (VA)  
 NCS Meet: 1:55.76 N 2019 Zoie Hartman Monte Vista

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Iannaccone, Stephanie	SR	Carondelet	2:02.82	2:01.77
27.17	58.74 (31.57)	1:33.12 (34.38)	2:01.77 (28.65)	
2 Heffernan, Lila	SO	Justin Siena	2:07.13	2:03.31
26.24	59.49 (33.25)	1:34.63 (35.14)	2:03.31 (28.68)	
3 Barck, Emilia	SO	Campolindo	2:04.76	2:03.64
27.57	58.42 (30.85)	1:35.24 (36.82)	2:03.64 (28.40)	
4 Herscu, Abigail	SR	Granada	2:05.47	2:04.00
26.98	59.19 (32.21)	1:33.72 (34.53)	2:04.00 (30.28)	
5 Lockyer, Hannah	SR	Monte Vista	2:05.12	2:04.99
28.16	58.50 (30.34)	1:34.33 (35.83)	2:04.99 (30.66)	
6 Fok, Jasmine	SO	Campolindo	2:14.54	2:05.47
27.44	58.32 (30.88)	1:36.23 (37.91)	2:05.47 (29.24)	
7 Chau, Lilli	JR	Amador Valley	2:07.48	2:06.05
27.37	59.52 (32.15)	1:36.08 (36.56)	2:06.05 (29.97)	
8 Capelli, Aria	SO	Athenian	2:06.74	2:06.23
27.85	59.63 (31.78)	1:35.93 (36.30)	2:06.23 (30.30)	
9 Keith-Brown, Emma	SR	San Domenico	2:05.27	2:06.89
27.68	59.23 (31.55)	1:37.17 (37.94)	2:06.89 (29.72)	
10 Quan, Angela	JR	Irvington	2:11.90	2:07.32
26.89	1:00.44 (33.55)	1:37.12 (36.68)	2:07.32 (30.20)	
11 Tarantino, Holly	JR	Marin Catholic	2:08.74	2:07.97
27.74	59.43 (31.69)	1:36.12 (36.69)	2:07.97 (31.85)	
12 Mellott, Raya	FR	San Ramon Valley	2:09.17	2:08.20
29.17	1:02.77 (33.60)	1:37.51 (34.74)	2:08.20 (30.69)	
13 Gomez, Mikaela	FR	Benicia	2:10.06	2:08.25
27.54	59.09 (31.55)	1:37.68 (38.59)	2:08.25 (30.57)	

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 7 Girls 200 Yard IM)

Name	Yr	School	Seed Time	Prelim Time
14 Harris, Breuklynn	JR	Foothill	2:10.04	2:08.60
28.14	1:02.09 (33.95)	1:38.19 (36.10)	2:08.60 (30.41)	
15 Lin, Florence	JR	Amador Valley	2:08.08	2:08.88
28.08	1:00.12 (32.04)	1:39.36 (39.24)	2:08.88 (29.52)	
16 Robinson, Maggie	JR	Granada	2:11.15	2:09.30
27.92	1:00.92 (33.00)	1:38.84 (37.92)	2:09.30 (30.46)	
17 Jhong, Lauren	SR	Amador Valley	2:09.12	2:09.89
27.92	1:01.54 (33.62)	1:39.78 (38.24)	2:09.89 (30.11)	
18 Kelly, Kyla	SR	Monte Vista	2:08.37	2:10.25
27.67	59.87 (32.20)	1:39.28 (39.41)	2:10.25 (30.97)	
19 Widmer, Ashlyn	JR	San Ramon Valley	2:10.36	2:10.43
28.41	1:01.51 (33.10)	1:39.97 (38.46)	2:10.43 (30.46)	
20 Thompson, Sydney	SO	Alameda	2:11.53	2:10.60
28.76	1:02.93 (34.17)	1:39.54 (36.61)	2:10.60 (31.06)	
21 Wythes, Alexandra	JR	SF University	2:12.21	2:11.17
29.40	1:02.73 (33.33)	1:42.64 (39.91)	2:11.17 (28.53)	
22 Indrisano, Ariel	FR	Campolindo	2:14.74	2:12.49
29.17	1:02.94 (33.77)	1:42.44 (39.50)	2:12.49 (30.05)	
23 Carlson, Gemma	SR	Las Lomas	2:13.01	2:13.20
28.92	1:03.35 (34.43)	1:41.66 (38.31)	2:13.20 (31.54)	
24 Everage, Addison	FR	Tamalpais	2:14.23	2:13.46
28.65	1:01.53 (32.88)	1:41.68 (40.15)	2:13.46 (31.78)	
25 Gomez, Madelynn	SO	Carondelet	2:13.10	2:13.58
29.39	1:01.23 (31.84)	1:42.99 (41.76)	2:13.58 (30.59)	
26 Sharp, Alena	SR	Archie Williams	2:10.30	2:13.71
28.63	1:02.76 (34.13)	1:41.18 (38.42)	2:13.71 (32.53)	
27 Boyle, Ace	SR	Encinal	2:16.24	2:14.04
28.55	1:02.21 (33.66)	1:42.32 (40.11)	2:14.04 (31.72)	
28 Blackwood, Aimee	JR	Freedom	2:12.06	2:14.50
27.91	1:01.52 (33.61)	1:42.37 (40.85)	2:14.50 (32.13)	
29 Chan, Cady	JR	Northgate	2:14.75	2:14.80
29.32	1:01.93 (32.61)	1:42.77 (40.84)	2:14.80 (32.03)	
30 Lowe, Sophie	FR	James Logan	2:17.38	2:15.13
28.80	1:03.85 (35.05)	1:43.40 (39.55)	2:15.13 (31.73)	
31 Koller, Brooke	FR	Carondelet	2:14.57	2:16.05
29.20	1:05.39 (36.19)	1:44.43 (39.04)	2:16.05 (31.62)	
32 Smyth, Brianna	JR	Berkeley	2:14.57	2:18.52
28.11	1:02.74 (34.63)	1:43.93 (41.19)	2:18.52 (34.59)	
33 Wong, Haylee	FR	Clayton Valley Charter	2:16.39	2:19.01
28.18	1:03.03 (34.85)	1:43.53 (40.50)	2:19.01 (35.48)	
34 Ly, Meghan	SO	Mission San Jose	2:08.81	2:19.11
30.50	1:07.74 (37.24)	1:46.26 (38.52)	2:19.11 (32.85)	
--- Vitek, Sophia	SR	Albany	2:13.32	DQ
29.51	1:03.71 (34.20)	1:41.24 (37.53)	DQ (31.26)	
--- Joseph, Elizabeth	FR	Clayton Valley Charter	2:16.61	NS

## Event 8 Boys 200 Yard IM

Name	Yr	School	Prelim Time	Finals Time	Points
1 Caples, Devyn	SO	Amador Valley	1:51.44	1:50.29	20
24.44	52.10 (27.66)	1:24.16 (32.06)	1:50.29 (26.13)		

## A - Final

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## A - Final ... (Event 8 Boys 200 Yard IM)

Name	Yr	School	Prelim Time	Finals Time	Points
2 Matthews, Max	JR	Redwood	1:52.32	1:50.92	17
24.53	51.91 (27.38)	1:25.26 (33.35)	1:50.92 (25.66)		
3 Swiggett, Luke	JR	Berkeley	1:52.55	1:51.86	16
24.90	52.18 (27.28)	1:26.20 (34.02)	1:51.86 (25.66)		
4 Seybold, Alex	SR	San Ramon Valley	1:53.03	1:51.98	15
24.63	52.89 (28.26)	1:25.35 (32.46)	1:51.98 (26.63)		
5 Brophy, Reid	SR	Maria Carrillo	1:52.46	1:52.24	14
23.93	52.68 (28.75)	1:24.80 (32.12)	1:52.24 (27.44)		
6 Wendler, Mason	SO	Northgate	1:54.31	1:53.18	13
24.58	53.21 (28.63)	1:26.22 (33.01)	1:53.18 (26.96)		
7 Ryan, Brendan	SR	De La Salle	1:54.16	1:53.72	12
24.80	53.73 (28.93)	1:25.84 (32.11)	1:53.72 (27.88)		
8 Barck, Henrik	SR	Campolindo	1:54.28	1:54.48	11
24.76	54.08 (29.32)	1:27.96 (33.88)	1:54.48 (26.52)		

## B - Final

9 Laymon, Tyler	JR	De La Salle	1:54.90	1:54.57	9
25.19	55.19 (30.00)	1:27.34 (32.15)	1:54.57 (27.23)		
10 Iannaccone, Scott	JR	De La Salle	1:55.84	1:55.34	7
25.12	52.78 (27.66)	1:28.49 (35.71)	1:55.34 (26.85)		
11 Cesmat, Ryan	JR	De La Salle	1:55.90	1:55.56	6
24.76	53.24 (28.48)	1:27.64 (34.40)	1:55.56 (27.92)		
12 Holunga, Marcu	SR	Granada	1:57.74	1:56.06	5
25.87	56.59 (30.72)	1:30.32 (33.73)	1:56.06 (25.74)		
13 Dwidar, Yassin	JR	Foothill	1:56.47	1:57.71	4
25.66	55.97 (30.31)	1:29.54 (33.57)	1:57.71 (28.17)		
14 Fang, Jared	SR	Dougherty Valley	1:58.58	1:58.08	3
24.27	55.56 (31.29)	1:29.76 (34.20)	1:58.08 (28.32)		
15 Chang, Nicholas	SR	Head Royce	1:57.63	1:58.65	2
25.28	55.87 (30.59)	1:30.91 (35.04)	1:58.65 (27.74)		
16 Levy, Nathan	JR	Campolindo	1:56.38	1:58.75	1
25.78	56.87 (31.09)	1:30.21 (33.34)	1:58.75 (28.54)		

## Event 8 Boys 200 Yard IM

National HS: 1:41.39 U 2011

David Nolan

Hershey (PA)

NCS Meet: 1:45.51 N 2018

Chris Jhong

Amador Valley

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Caples, Devyn	SO	Amador Valley	1:52.29	1:51.44
24.27	51.93 (27.66)	1:24.62 (32.69)	1:51.44 (26.82)	
2 Matthews, Max	JR	Redwood	1:56.18	1:52.32
24.84	52.30 (27.46)	1:26.80 (34.50)	1:52.32 (25.52)	
3 Brophy, Reid	SR	Maria Carrillo	1:55.69	1:52.46
24.23	52.86 (28.63)	1:25.29 (32.43)	1:52.46 (27.17)	
4 Swiggett, Luke	JR	Berkeley	1:54.25	1:52.55
24.22	52.35 (28.13)	1:26.57 (34.22)	1:52.55 (25.98)	
5 Seybold, Alex	SR	San Ramon Valley	1:57.28	1:53.03
24.71	53.71 (29.00)	1:26.65 (32.94)	1:53.03 (26.38)	
6 Ryan, Brendan	SR	De La Salle	1:56.92	1:54.16
24.95	54.42 (29.47)	1:26.70 (32.28)	1:54.16 (27.46)	
7 Barck, Henrik	SR	Campolindo	1:55.80	1:54.28
24.71	53.92 (29.21)	1:27.58 (33.66)	1:54.28 (26.70)	
8 Wendler, Mason	SO	Northgate	1:54.26	1:54.31
24.51	52.64 (28.13)	1:25.99 (33.35)	1:54.31 (28.32)	

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 8 Boys 200 Yard IM)

Name	Yr	School	Seed Time	Prelim Time
9 Laymon, Tyler	JR	De La Salle	1:56.67	1:54.90
24.61	54.31 (29.70)	1:26.39 (32.08)	1:54.90 (28.51)	
10 Iannaccone, Scott	JR	De La Salle	1:56.53	1:55.84
25.32	53.12 (27.80)	1:29.63 (36.51)	1:55.84 (26.21)	
11 Cesmat, Ryan	JR	De La Salle	1:58.57	1:55.90
25.12	53.25 (28.13)	1:28.23 (34.98)	1:55.90 (27.67)	
12 Levy, Nathan	JR	Campolindo	1:58.07	1:56.38
25.57	55.89 (30.32)	1:28.02 (32.13)	1:56.38 (28.36)	
13 Dwidar, Yassin	JR	Foothill	1:57.38	1:56.47
25.25	55.11 (29.86)	1:28.05 (32.94)	1:56.47 (28.42)	
14 Fusinati, Michael	FR	Bishop O'Dowd	1:55.57	1:56.79
24.57	53.39 (28.82)	1:28.61 (35.22)	1:56.79 (28.18)	
15 Chang, Nicholas	SR	Head Royce	1:59.71	1:57.63
25.43	54.29 (28.86)	1:30.08 (35.79)	1:57.63 (27.55)	
16 Holunga, Marcu	SR	Granada	2:01.43	1:57.74
25.88	56.94 (31.06)	1:31.26 (34.32)	1:57.74 (26.48)	
17 Fang, Jared	SR	Dougherty Valley	1:58.55	1:58.58
24.92	55.04 (30.12)	1:30.02 (34.98)	1:58.58 (28.56)	
18 Seybold, Sam	SO	San Ramon Valley	2:01.78	1:59.32
26.23	55.00 (28.77)	1:30.72 (35.72)	1:59.32 (28.60)	
19 Solorzano, Tulio	SR	Las Lomas	1:58.77	1:59.46
26.00	57.81 (31.81)	1:30.64 (32.83)	1:59.46 (28.82)	
20 Chen, Andrew	JR	Monte Vista	2:00.11	1:59.88
25.94	56.08 (30.14)	1:32.17 (36.09)	1:59.88 (27.71)	
21 Brewer, Brett	JR	Novato	2:00.89	2:00.42
25.80	55.46 (29.66)	1:32.63 (37.17)	2:00.42 (27.79)	
22 Liu, Darrell	JR	Dougherty Valley	2:01.41	2:00.47
27.00	56.44 (29.44)	1:32.18 (35.74)	2:00.47 (28.29)	
23 Chu, Michael	SO	Campolindo	2:00.91	2:00.49
25.75	57.79 (32.04)	1:32.27 (34.48)	2:00.49 (28.22)	
24 Kan, Sammy	SO	Monte Vista	1:55.42	2:00.52
25.08	55.37 (30.29)	1:32.01 (36.64)	2:00.52 (28.51)	
25 Rohovit, Hunter	SO	Foothill	2:00.24	2:00.59
26.45	56.33 (29.88)	1:31.04 (34.71)	2:00.59 (29.55)	
26 Ruy, William	JR	Dougherty Valley	1:59.48	2:00.88
26.08	57.14 (31.06)	1:31.37 (34.23)	2:00.88 (29.51)	
27 Zhang, Edi	JR	Monte Vista	1:59.08	2:01.01
26.27	56.74 (30.47)	1:32.55 (35.81)	2:01.01 (28.46)	
28 Molitor, Garrett	FR	Athenian	2:02.06	2:01.12
25.70	56.83 (31.13)	1:31.88 (35.05)	2:01.12 (29.24)	
29 Wonosaputra, Dominick	SO	Amador Valley	2:02.74	2:01.21
25.86	55.59 (29.73)	1:31.89 (36.30)	2:01.21 (29.32)	
30 Lewis, Daniel	SO	Northgate	2:02.31	2:01.97
25.78	56.94 (31.16)	1:33.27 (36.33)	2:01.97 (28.70)	
31 Lalli, Reid	SO	Campolindo	2:01.29	2:02.25
26.04	58.38 (32.34)	1:32.94 (34.56)	2:02.25 (29.31)	
32 Hou, Devin	SR	College Preparatory	2:02.07	2:02.26
26.47	57.89 (31.42)	1:33.10 (35.21)	2:02.26 (29.16)	
33 Graham, Benjamin	SO	San Ramon Valley	2:02.78	2:02.30
26.71	57.10 (30.39)	1:33.30 (36.20)	2:02.30 (29.00)	
34 Liu, Tyler	FR	Amador Valley	2:02.26	2:02.33
26.41	57.97 (31.56)	1:33.20 (35.23)	2:02.33 (29.13)	



## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 8 Boys 200 Yard IM)

Name	Yr	School	Seed Time	Prelim Time
35 Sutedja, Colin	SR	Castro Valley	2:04.72	2:02.76
26.77	59.57 (32.80)	1:35.17 (35.60)	2:02.76 (27.59)	
36 Manual, Michael	JR	Northgate	2:03.60	2:03.16
26.35	56.84 (30.49)	1:34.48 (37.64)	2:03.16 (28.68)	
37 Deweese, Alexander	JR	California	2:02.20	2:03.31
25.82	57.60 (31.78)	1:33.79 (36.19)	2:03.31 (29.52)	
38 Valladares, Rowen	SO	American Canyon	2:03.83	2:04.62
25.71	57.32 (31.61)	1:33.97 (36.65)	2:04.62 (30.65)	
39 Willett Burfoot, Nate	FR	El Cerrito	2:02.99	2:05.05
26.77	57.05 (30.28)	1:34.08 (37.03)	2:05.05 (30.97)	
--- Ruaboro, Ryin	SO	American	1:57.71	NS

## Event 9 Girls 50 Yard Freestyle

National HS: 21.59 U 2020  
NCS Meet: 22.49 N 2016

Gretchen Walsh  
Madelyn Murphy

Harpeth Hall (TN  
Carondelet

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Statler, Nina	SR	Las Lomas	23.11	23.17	20
2 Lovato, Ines	SR	Marin Academy	23.61	23.38	17
3 Griscavage, Sydney	SR	College Preparatory	23.43	23.60	16
4 Callison, Gretta	JR	Monte Vista	23.74	23.65	15
5 Lund, Alyssa	SR	Northgate	23.55	23.75	14
6 Ravarino, Jenna	SR	Carondelet	23.74	23.77	13
7 Brakebill, Sydney	SR	Marin Academy	23.77	23.91	12
8 Stryker, Natalie	JR	Miramonte	23.89	23.95	11
<b>B - Final</b>					
9 Quon, Genesee	SO	Monte Vista	24.05	23.88	9
10 Watrous, Catherine	FR	Redwood	24.14	24.01	7
11 VonderAhe, Addy	FR	Monte Vista	23.91	24.02	6
12 Le-Nguyen, Audrey	JR	Campolindo	24.36	24.39	5
*13 Seib, Airi	JR	Carondelet	24.39	24.43	3.50
*13 van Meines, Amber	SR	Campolindo	24.01	24.43	3.50
15 Piel, Annabel	JR	Athenian	24.31	24.46	2
16 Pedersoli, Sophia	JR	California	24.36	24.58	1

## Event 9 Girls 50 Yard Freestyle

National HS: 21.59 U 2020  
NCS Meet: 22.49 N 2016

Gretchen Walsh  
Madelyn Murphy

Harpeth Hall (TN  
Carondelet

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Statler, Nina	SR	Las Lomas	23.81	23.11
2 Griscavage, Sydney	SR	College Preparatory	23.17	23.43
3 Lund, Alyssa	SR	Northgate	23.94	23.55
4 Lovato, Ines	SR	Marin Academy	24.77	23.61
*5 Callison, Gretta	JR	Monte Vista	23.88	23.74
*5 Ravarino, Jenna	SR	Carondelet	23.63	23.74
7 Brakebill, Sydney	SR	Marin Academy	23.99	23.77
8 Stryker, Natalie	JR	Miramonte	23.90	23.89
9 VonderAhe, Addy	FR	Monte Vista	23.99	23.91
10 van Meines, Amber	SR	Campolindo	24.25	24.01
11 Quon, Genesee	SO	Monte Vista	23.90	24.05
12 Watrous, Catherine	FR	Redwood	23.78	24.14

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 9 Girls 50 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
13 Piel, Annabel	JR	Athenian	24.57	24.31
*14 Le-Nguyen, Audrey	JR	Campolindo	24.51	24.36
*14 Pedersoli, Sophia	JR	California	24.21	24.36
16 Seib, Airi	JR	Carondelet	24.19	24.39
17 Chong, Nicole	FR	Terra Linda	24.05	24.46
18 Nguyen, Hannah	JR	Dublin	24.21	24.47
19 Horder, Skyler	SR	California	24.69	24.50
20 Aiken, Natalie	SO	Carondelet	24.23	24.66
21 Waechter, Lila	JR	Acalanes	24.48	24.68
22 MacKay, Sophi	JR	Acalanes	24.58	24.70
23 Horcizia, Elsa	SO	College Park	24.95	24.75
24 Aubrecht, Kate	SR	Piedmont	24.39	24.76
25 Kan, Madeleine	SR	Monte Vista	24.83	24.80
26 Dumais, Claudia	JR	Carondelet	24.68	24.90
27 Goldstein, Sydney	FR	Amador Valley	25.16	25.01
28 Zaydman, Alyssa	SR	Castro Valley	25.03	25.02
29 Kleven, Brooke	JR	Liberty	24.93	25.05
30 Nguyen, Gabby	JR	California	24.75	25.18
31 Lee, Aven	SR	Foothill	24.97	25.22
32 Roggensack, SiSi	FR	Campolindo	25.22	25.25
33 Chu, Zoe	JR	Dougherty Valley	24.90	25.27
34 Pieper, Ana	SO	Campolindo	24.97	25.32
35 Ung, Samantha		Dougherty Valley	25.25	25.45
36 Harris, Aria	JR	Foothill	25.16	25.50
37 Kallmeyer, Gwen	FR	Redwood	25.22	25.53
38 Fee, Emily	FR	Redwood	25.21	25.65
39 Pine, Sierra	SR	Sonoma Valley	25.05	25.72
40 Harrison, Remy	FR	Sonoma Valley	24.96	25.83

## Event 10 Boys 50 Yard Freestyle

National HS: 19.11 U 2021		David Curtiss		Pennington (NJ)	
NCS Meet: 20.12 N 2018		Spencer Daily		San Ramon Valley	
Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Lins, Simon	JR	Piedmont	20.29	20.20	20
2 Gattnar, Marre	JR	Tamalpais	20.28	20.30	17
3 Hagan, Ryder	SR	Monte Vista	20.65	20.45	16
4 Elian, Zach	JR	De La Salle	20.65	20.66	15
5 Hallett, Andrew	JR	Northgate	20.96	20.67	14
6 Glenn, Nicky	SR	Tamalpais	20.93	20.69	13
7 Green, Gavin	FR	Redwood	21.06	21.00	12
8 Cory, Max	SR	Dublin	20.84	21.02	11
<b>B - Final</b>					
9 Stack, Jack	SR	Clayton Valley Charter	21.39	21.17	9
10 Kennedy, Andrew	SO	Las Lomas	21.24	21.24	7
11 VonderAhe, Nick	JR	Monte Vista	21.26	21.25	6
*12 Sher, Micah	JR	Archie Williams	21.20	21.33	4.50
*12 Palmer, Ian	JR	Monte Vista	21.64	21.33	4.50
14 Kengla, Kyle	FR	Northgate	21.44	21.55	3
15 Lind, Brady	JR	Monte Vista	21.42	21.65	2
16 Coleman, Riley	JR	San Ramon Valley	21.65	21.76	1

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Event 10 Boys 50 Yard Freestyle

National HS: 19.11 U 2021

David Curtiss

Pennington (NJ)

NCS Meet: 20.12 N 2018

Spencer Daily

San Ramon Valley

Name	Yr	School	Seed Time	Prelim Time	
<b>Preliminaries</b>					
1		Gattnar, Marre	JR Tamalpais	20.87	20.28
2		Lins, Simon	JR Piedmont	20.49	20.29
*3		Hagan, Ryder	SR Monte Vista	20.74	20.65
*3		Elian, Zach	JR De La Salle	20.61	20.65
5		Cory, Max	SR Dublin	21.13	20.84
6		Glenn, Nicky	SR Tamalpais	21.08	20.93
7		Hallett, Andrew	JR Northgate	21.06	20.96
8		Green, Gavin	FR Redwood	21.23	21.06
9		Sher, Micah	JR Archie Williams	21.30	21.20
10		Kennedy, Andrew	SO Las Lomas	21.21	21.24
11		VonderAhe, Nick	JR Monte Vista	21.63	21.26
12		Stack, Jack	SR Clayton Valley Charter	21.55	21.39
13		Lind, Brady	JR Monte Vista	21.79	21.42
14		Kengla, Kyle	FR Northgate	21.48	21.44
15		Palmer, Ian	JR Monte Vista	21.41	21.64
16		Coleman, Riley	JR San Ramon Valley	21.69	21.65
17		Williams, Elijah	SR Castro Valley	21.70	21.66
18		Fong, AJ	SR Northgate	21.69	21.72
*19		Rhinehart, Sam	SR Novato	21.85	21.86
*19		Bugbee, Wyatt	SR San Ramon Valley	21.83	21.86
21		Meriam, Tommy	SR Northgate	21.83	21.89
22		Halley-McCarty, Conor	SO De La Salle	21.86	21.91
23		Richards, Tommy	SR Campolindo	21.76	21.93
24		Jones, Sawyer	SO San Ramon Valley	21.87	21.97
*25		Swann, Donovan	FR De La Salle	22.20	21.99
*25		Wait, Harry	JR Redwood	21.68	21.99
27		Cillo, Ray	JR American	22.40	22.04
28		Haket, Dane	SR San Ramon Valley	22.17	22.16
29		Abrojena, Austin	FR De La Salle	22.02	22.22
30		Gonzales, Isreal	FR Bishop O'Dowd	21.89	22.28
31		Stratigos, Niko	SR Novato	21.93	22.35
32		Roesch, Grant	JR Campolindo	22.21	22.40
33		Dixon, Jacob	SR Archie Williams	22.36	22.43
34		Barsotti, Fargo	SR Tamalpais	22.39	22.45
35		LaBute, Zane	SR Heritage	22.13	22.52
36		Thompson, Ryan	SR El Cerrito	22.28	22.54
37		Younger, Owen	SR Campolindo	21.74	22.63
38		Haba, Evan	JR Newark Memorial	22.44	22.64
---		Tom, Kailer	SR Convent Stuart Hall	22.22	NS
---		Purwal, Devin	JR College Park	21.88	NS

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Event 11 Girls 100 Yard Butterfly

National HS: 49.95 U 2021

Victoria Huske

Arlington (VA)

NCS Meet: 52.15 N 2016

Madelyn Murphy

Carondelet

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Fok, Jasmine		SO Campolindo	55.18	54.93	20
26.32		54.93 (28.61)			
2 Quan, Angela		JR Irvington	55.27	55.35	17
26.12		55.35 (29.23)			
3 Iannaccone, Stephanie		SR Carondelet	55.51	55.59	16
26.82		55.59 (28.77)			
4 Heffernan, Lila		SO Justin Siena	55.45	56.24	15
26.81		56.24 (29.43)			
5 Kawamura, Minhnha		SR Livermore	56.22	56.31	14
26.65		56.31 (29.66)			
6 Sevin, Charlotte		JR California	56.56	56.35	13
26.32		56.35 (30.03)			
7 Sharma, Annika		SO Carondelet	56.51	56.63	12
26.44		56.63 (30.19)			
8 Kan, Madeleine		SR Monte Vista	56.44	57.16	11
26.15		57.16 (31.01)			
<b>B - Final</b>					
9 Levenfeld, Kaia		JR Campolindo	56.98	56.67	9
26.55		56.67 (30.12)			
10 Butler, Elisabeth		SO Carondelet	56.64	57.16	7
26.01		57.16 (31.15)			
11 Gregory, Kayla		JR San Ramon Valley	57.08	57.27	6
26.83		57.27 (30.44)			
12 Hemige, Pooja		JR Monte Vista	56.92	57.31	5
26.15		57.31 (31.16)			
13 Arnold, Paige		JR College Preparatory	57.28	57.41	4
27.01		57.41 (30.40)			
14 Mak, Natalie		FR College Preparatory	57.42	58.06	3
27.32		58.06 (30.74)			
15 Appl, Mollie		SO College Preparatory	57.51	58.33	2
27.59		58.33 (30.74)			
16 Chau, Lilli		JR Amador Valley	57.66	58.65	1
27.32		58.65 (31.33)			

## Event 11 Girls 100 Yard Butterfly

National HS: 49.95 U 2021

Victoria Huske

Arlington (VA)

NCS Meet: 52.15 N 2016

Madelyn Murphy

Carondelet

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Fok, Jasmine		SO Campolindo	55.05	55.18
26.64		55.18 (28.54)		
2 Quan, Angela		JR Irvington	57.60	55.27
26.17		55.27 (29.10)		
3 Heffernan, Lila		SO Justin Siena	58.16	55.45
26.15		55.45 (29.30)		
4 Iannaccone, Stephanie		SR Carondelet	55.28	55.51
26.11		55.51 (29.40)		
5 Kawamura, Minhnha		SR Livermore	56.19	56.22
26.63		56.22 (29.59)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 11 Girls 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time
6 Kan, Madeleine	SR	Monte Vista	56.30	56.44
26.35		56.44 (30.09)		
7 Sharma, Annika	SO	Carondelet	56.99	56.51
26.30		56.51 (30.21)		
8 Sevin, Charlotte	JR	California	56.07	56.56
26.42		56.56 (30.14)		
9 Butler, Elisabeth	SO	Carondelet	57.23	56.64
26.26		56.64 (30.38)		
10 Hemige, Pooja	JR	Monte Vista	57.74	56.92
26.10		56.92 (30.82)		
11 Levenfeld, Kaia	JR	Campolindo	56.61	56.98
26.57		56.98 (30.41)		
12 Gregory, Kayla	JR	San Ramon Valley	57.68	57.08
26.73		57.08 (30.35)		
13 Arnold, Paige	JR	College Preparatory	55.90	57.28
26.68		57.28 (30.60)		
14 Mak, Natalie	FR	College Preparatory	58.87	57.42
27.08		57.42 (30.34)		
15 Appl, Mollie	SO	College Preparatory	58.99	57.51
26.94		57.51 (30.57)		
16 Chau, Lilli	JR	Amador Valley	58.37	57.66
27.21		57.66 (30.45)		
17 Horder, Skyler	SR	California	59.09	57.66
26.68		57.66 (30.98)		
18 Chong, Nicole	FR	Terra Linda	56.92	57.71
26.34		57.71 (31.37)		
19 Brunetti, Natalia	SR	El Cerrito	58.64	58.01
27.50		58.01 (30.51)		
20 Aiken, Natalie	SO	Carondelet	56.99	58.02
27.44		58.02 (30.58)		
21 Dangol, Ashley	FR	Albany	59.41	58.34
27.53		58.34 (30.81)		
22 Gomez, Mikaela	FR	Benicia	58.90	58.54
27.38		58.54 (31.16)		
23 Ling, Elayna	FR	Amador Valley	58.77	58.67
28.39		58.67 (30.28)		
24 Robinson, Maggie	JR	Granada	58.91	58.76
27.75		58.76 (31.01)		
25 Wilkalis, Whitney	SO	Campolindo	59.72	58.78
28.06		58.78 (30.72)		
26 Lee, Kennedy	SO	Maria Carrillo	58.92	58.91
27.20		58.91 (31.71)		
27 Solomon, Mia	JR	Redwood	58.36	59.08
27.59		59.08 (31.49)		
28 Busquets, Layla	JR	Monte Vista	59.13	59.19
27.42		59.19 (31.77)		
29 West, Madi	JR	West County	59.34	59.31
27.06		59.31 (32.25)		
30 Xu, Chloe	SO	Foothill	58.70	59.43
27.79		59.43 (31.64)		
31 Hutchinson, Dylan	SR	Fort Bragg	59.18	59.70
27.35		59.70 (32.35)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 11 Girls 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time
32 Jhong, Lauren	SR	Amador Valley	59.45	59.99
28.39	59.99	(31.60)		
33 Valladares, Alejandra	SO	American Canyon	1:00.05	1:00.21
27.48	1:00.21	(32.73)		
34 Waechter, Lila	JR	Acalanes	1:00.03	1:00.33
28.69	1:00.33	(31.64)		
35 Uhlhorn-Thornton, Isabella	SR	Tamalpais	59.81	1:00.38
28.12	1:00.38	(32.26)		
36 Widmer, Ashlyn	JR	San Ramon Valley	59.51	1:00.40
28.55	1:00.40	(31.85)		
37 Smyth, Brianna	JR	Berkeley	58.91	1:00.61
27.65	1:00.61	(32.96)		
38 Meyers, Paige	SR	Miramonte	59.46	1:00.71
28.08	1:00.71	(32.63)		
39 Blackwood, Aimee	JR	Freedom	59.65	1:00.86
28.97	1:00.86	(31.89)		
40 Boyle, Ace	SR	Encinal	59.60	1:01.13
29.69	1:01.13	(31.44)		

## Event 11S Girls 100 Yard Butterfly Swim-off

Name	Yr	School	Seed Time	Finals Time
<b>- Swim-off</b>				
1 Chau, Lilli	JR	Amador Valley	NT	56.35
26.40	56.35	(29.95)		
2 Horder, Skyler	SR	California	NT	58.46
26.87	58.46	(31.59)		

## Event 12 Boys 100 Yard Butterfly

Name	Yr	School	Prelim Time	Finals Time	Points
<b>National HS: 45.34 U 2021 Aiden Hayes Norman North (OK</b>					
<b>NCS Meet: 47.17 N 2016 Maxime Rooney Granada</b>					
<b>A - Final</b>					
1 Roder, Tommy	SR	De La Salle	50.26	48.63	20
22.26	48.63	(26.37)			
2 Grove, Jacques	SR	Granada	49.48	48.64	17
22.89	48.64	(25.75)			
3 Thielenhaus, Bryden	JR	Novato	49.44	49.39	16
22.99	49.39	(26.40)			
4 Huang, Edward	SO	American	49.98	50.17	15
23.31	50.17	(26.86)			
5 Fong, AJ	SR	Northgate	50.08	50.23	14
23.35	50.23	(26.88)			
6 Castaneda, Diego	FR	Clayton Valley Charter	50.84	50.54	13
23.58	50.54	(26.96)			
7 Mohrland, Jacob	JR	Northgate	50.12	50.60	12
23.61	50.60	(26.99)			
8 Li, Aden		Benicia	50.81	50.62	11
23.75	50.62	(26.87)			
<b>B - Final</b>					
9 Barck, Henrik	SR	Campolindo	50.91	51.27	9
24.35	51.27	(26.92)			
10 Lind, Brady	JR	Monte Vista	51.30	51.35	7
23.96	51.35	(27.39)			

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## B - Final ... (Event 12 Boys 100 Yard Butterfly)

Name	Yr	School	Prelim Time	Finals Time	Points
11 Fang, Jared	SR	Dougherty Valley	52.60	51.76	6
24.13		51.76 (27.63)			
12 Wait, Harry	JR	Redwood	51.90	51.86	5
24.36		51.86 (27.50)			
13 Kang, Ben	JR	Head Royce	52.51	52.64	4
24.57		52.64 (28.07)			
14 Halley-McCarty, Conor	SO	De La Salle	52.32	52.85	3
24.18		52.85 (28.67)			
15 Thomas, Larwence	JR	Northgate	53.11	52.94	2
24.64		52.94 (28.30)			
16 Cao, Khang	SR	Newark Memorial	53.01	53.89	1
24.95		53.89 (28.94)			

## Event 12 Boys 100 Yard Butterfly

National HS: 45.34 U 2021

Aiden Hayes

Norman North (OK

NCS Meet: 47.17 N 2016

Maxime Rooney

Granada

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Thielenhaus, Bryden	JR	Novato	50.08	49.44
23.28		49.44 (26.16)		
2 Grove, Jacques	SR	Granada	49.85	49.48
23.12		49.48 (26.36)		
3 Huang, Edward	SO	American	50.77	49.98
23.29		49.98 (26.69)		
4 Fong, AJ	SR	Northgate	50.91	50.08
23.51		50.08 (26.57)		
5 Mohrland, Jacob	JR	Northgate	50.29	50.12
23.49		50.12 (26.63)		
6 Roder, Tommy	SR	De La Salle	49.77	50.26
23.33		50.26 (26.93)		
7 Li, Aden		Benicia	50.48	50.81
23.80		50.81 (27.01)		
8 Castaneda, Diego	FR	Clayton Valley Charter	52.32	50.84
23.68		50.84 (27.16)		
9 Barck, Henrik	SR	Campolindo	52.03	50.91
24.08		50.91 (26.83)		
10 Lind, Brady	JR	Monte Vista	53.28	51.30
24.08		51.30 (27.22)		
11 Wait, Harry	JR	Redwood	51.53	51.90
24.62		51.90 (27.28)		
12 Halley-McCarty, Conor	SO	De La Salle	53.34	52.32
24.21		52.32 (28.11)		
13 Kang, Ben	JR	Head Royce	52.26	52.51
24.75		52.51 (27.76)		
14 Fang, Jared	SR	Dougherty Valley	52.01	52.60
24.41		52.60 (28.19)		
15 Cao, Khang	SR	Newark Memorial	54.13	53.01
24.72		53.01 (28.29)		
16 Thomas, Larwence	JR	Northgate	53.18	53.11
24.58		53.11 (28.53)		
17 Brents, Robby	SO	San Ramon Valley	53.45	53.39
25.23		53.39 (28.16)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 12 Boys 100 Yard Butterfly)

Name	Yr	School	Seed Time	Prelim Time
18 Lin, Phil	FR	Foothill	52.91	53.44
			24.95	53.44 (28.49)
*19 Meriam, Tommy	SR	Northgate	52.94	53.52
			24.89	53.52 (28.63)
*19 Fowler, Danny	FR	Freedom	53.12	53.52
			24.80	53.52 (28.72)
21 Medina, David	SR	College Preparatory	53.71	53.53
			24.92	53.53 (28.61)
22 Hoffman, Zach	JR	Miramonte	53.55	53.65
			25.46	53.65 (28.19)
23 Brubaker, Alex	JR	SF University	52.34	53.80
			25.16	53.80 (28.64)
24 Giuliano, Jadon	SR	Heritage	53.00	53.85
			25.34	53.85 (28.51)
25 Conklin, Riley	SR	Tamalpais	54.38	53.94
			25.67	53.94 (28.27)
26 Harandi, Kushawn	FR	San Ramon Valley	53.50	54.03
			24.94	54.03 (29.09)
27 LeCoque, Alex	SO	De La Salle	53.61	54.08
			24.74	54.08 (29.34)
28 Hou, Devin	SR	College Preparatory	54.25	54.14
			25.90	54.14 (28.24)
29 Lalli, Reid	SO	Campolindo	54.24	54.58
			25.87	54.58 (28.71)
*30 Channon, Jai	SR	Amador Valley	54.39	54.78
			25.76	54.78 (29.02)
*30 Zhang, Edi	JR	Monte Vista	54.14	54.78
			25.90	54.78 (28.88)
32 Crouch, Brody	SR	Campolindo	54.22	54.82
			25.96	54.82 (28.86)
33 Deweese, Alexander	JR	California	54.53	55.53
			25.61	55.53 (29.92)
34 Fuller, Will	SR	Lick-Wilmerding	54.50	55.63
			25.10	55.63 (30.53)
35 DeLange, Ethan	JR	St Patrick - St Vincent	54.75	55.66
			25.59	55.66 (30.07)
--- Parker, Jack	JR	Clayton Valley Charter	54.29	NS
--- Purwal, Devin	JR	College Park	51.37	NS
--- Venable, Harley	JR	Campolindo	54.14	NS
--- Bhana, Aiden	SR	Santa Rosa	54.74	NS
--- Kaelle, Ryan	JR	Miramonte	53.95	NS

## Event 13 Girls 100 Yard Freestyle

Name	Yr	School	Prelim Time	Finals Time	Points
1 Statler, Nina	SR	Las Lomas	50.68	50.42	20
			24.02	50.42 (26.40)	
2 Li, Samantha	JR	Castro Valley	50.85	51.04	17
			24.48	51.04 (26.56)	
3 Smith, Adriana	SO	Campolindo	51.67	51.08	16
			24.80	51.08 (26.28)	

## A - Final



## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## A - Final ... (Event 13 Girls 100 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
4 Lovato, Ines	SR	Marin Academy	51.94	51.33	15
25.30		51.33 (26.03)			
5 Griscavage, Sydney	SR	College Preparatory	51.31	51.53	14
24.61		51.53 (26.92)			
6 Watrous, Catherine	FR	Redwood	51.42	51.62	13
24.89		51.62 (26.73)			
7 Blackwell, Madison	SO	Campolindo	51.84	51.93	12
24.97		51.93 (26.96)			
8 van Meines, Amber	SR	Campolindo	51.97	52.53	11
25.17		52.53 (27.36)			

## B - Final

9 Lund, Alyssa	SR	Northgate	52.26	51.66	9
24.74		51.66 (26.92)			
10 Callison, Gretta	JR	Monte Vista	52.24	52.13	7
24.93		52.13 (27.20)			
11 McIntyre, Kaley	FR	Novato	52.18	52.14	6
24.86		52.14 (27.28)			
12 Brakebill, Sydney	SR	Marin Academy	52.21	52.24	5
25.06		52.24 (27.18)			
13 Ravarino, Jenna	SR	Carondelet	52.13	52.27	4
25.23		52.27 (27.04)			
14 Suppiger, Sadie	FR	Acalanes	52.53	52.92	3
25.36		52.92 (27.56)			
15 Stryker, Natalie	JR	Miramonte	52.88	53.24	2
25.53		53.24 (27.71)			
16 Sharma, Annika	SO	Carondelet	52.49	53.32	1
25.66		53.32 (27.66)			

## Event 13 Girls 100 Yard Freestyle

National HS: 46.98 U 2020

Gretchen Walsh

Harpeth Hall (TN

NCS Meet: 48.62 N 2016

Madelyn Murphy

Carondelet

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Statler, Nina	SR	Las Lomas	50.83	50.68
24.14		50.68 (26.54)		
2 Li, Samantha	JR	Castro Valley	51.02	50.85
24.34		50.85 (26.51)		
3 Griscavage, Sydney	SR	College Preparatory	52.14	51.31
24.88		51.31 (26.43)		
4 Watrous, Catherine	FR	Redwood	51.41	51.42
24.73		51.42 (26.69)		
5 Smith, Adriana	SO	Campolindo	52.46	51.67
24.85		51.67 (26.82)		
6 Blackwell, Madison	SO	Campolindo	52.25	51.84
24.95		51.84 (26.89)		
7 Lovato, Ines	SR	Marin Academy	52.62	51.94
25.24		51.94 (26.70)		
8 van Meines, Amber	SR	Campolindo	52.98	51.97
25.22		51.97 (26.75)		
9 Ravarino, Jenna	SR	Carondelet	52.12	52.13
25.27		52.13 (26.86)		
10 McIntyre, Kaley	FR	Novato	51.09	52.18
25.11		52.18 (27.07)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 13 Girls 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
11 Brakebill, Sydney	SR	Marin Academy	53.43	52.21
24.89		52.21 (27.32)		
12 Callison, Gretta	JR	Monte Vista	52.13	52.24
25.05		52.24 (27.19)		
13 Lund, Alyssa	SR	Northgate	51.64	52.26
25.18		52.26 (27.08)		
14 Sharma, Annika	SO	Carondelet	52.50	52.49
25.43		52.49 (27.06)		
15 Suppiger, Sadie	FR	Acalanes	52.63	52.53
25.07		52.53 (27.46)		
16 Stryker, Natalie	JR	Miramonte	52.19	52.88
25.21		52.88 (27.67)		
17 VonderAhe, Addy	FR	Monte Vista	52.39	52.97
25.56		52.97 (27.41)		
18 Quon, Genesee	SO	Monte Vista	52.67	53.06
25.21		53.06 (27.85)		
19 Le-Nguyen, Audrey	JR	Campolindo	53.81	53.13
25.68		53.13 (27.45)		
20 Seib, Airi	JR	Carondelet	53.23	53.29
25.47		53.29 (27.82)		
21 Ryan, Anna	SR	Monte Vista	53.02	53.43
25.71		53.43 (27.72)		
22 MacKay, Sophi	JR	Acalanes	53.33	53.51
25.80		53.51 (27.71)		
23 Pedersoli, Sophia	JR	California	52.55	53.73
26.14		53.73 (27.59)		
24 McConnell, Samantha	SR	Berean Christian	53.43	53.83
25.97		53.83 (27.86)		
25 Nguyen, Gabby	JR	California	53.16	54.06
26.56		54.06 (27.50)		
26 Goldstein, Sydney	FR	Amador Valley	54.06	54.08
25.96		54.08 (28.12)		
27 Nguyen, Hannah	JR	Dublin	54.68	54.13
25.47		54.13 (28.66)		
28 Horcizia, Elsa	SO	College Park	54.16	54.25
25.98		54.25 (28.27)		
29 Lewis, Alexis	JR	Santa Rosa	54.71	54.28
26.08		54.28 (28.20)		
30 Archer, Sara	JR	Acalanes	55.59	54.90
26.21		54.90 (28.69)		
31 Dumais, Claudia	JR	Carondelet	54.60	55.16
26.98		55.16 (28.18)		
32 Ma, Zoe	SR	Dougherty Valley	54.60	55.21
26.35		55.21 (28.86)		
33 Arroyo, Jasmine	SO	Maria Carrillo	55.62	55.34
26.42		55.34 (28.92)		
*34 Kallmeyer, Gwen	FR	Redwood	54.78	55.37
26.47		55.37 (28.90)		
*34 Kleven, Brooke	JR	Liberty	54.62	55.37
26.95		55.37 (28.42)		
36 Gornyitzki, Anna	SO	College Park	55.38	55.43
26.81		55.43 (28.62)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 13 Girls 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
37 Der, Kristin	SO	Foothill	55.28	55.63
26.46	55.63	(29.17)		
38 Gregory, Hayley	SO	San Ramon Valley	55.19	55.64
26.60	55.64	(29.04)		
39 Lei, Fiona	JR	Newark Memorial	55.70	55.93
26.92	55.93	(29.01)		
--- Aubrecht, Kate	SR	Piedmont	54.23	DFS

## Event 14 Boys 100 Yard Freestyle

National HS: 42.34 U 2011  
NCS Meet: 43.60 N 2018

David Nolan  
Alexei Sancov

Hershey (PA)  
Northgate

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Elian, Zach	JR	De La Salle	45.39	44.44	20
21.74	44.44	(22.70)			
2 Hagan, Ryder	SR	Monte Vista	45.46	44.68	17
21.77	44.68	(22.91)			
3 Hallett, Andrew	JR	Northgate	46.33	45.29	16
21.72	45.29	(23.57)			
4 Glenn, Nicky	SR	Tamalpais	46.53	45.87	15
22.11	45.87	(23.76)			
5 Tupper, Hayden	JR	Amador Valley	46.15	46.04	14
22.25	46.04	(23.79)			
6 Cory, Max	SR	Dublin	46.43	46.29	13
23.03	46.29	(23.26)			
7 Kennedy, Andrew	SO	Las Lomas	46.58	46.61	12
22.72	46.61	(23.89)			
8 VonderAhe, Nick	JR	Monte Vista	46.63	47.01	11
22.01	47.01	(25.00)			
<b>B - Final</b>					
9 Brophy, Reid	SR	Maria Carrillo	46.72	46.62	9
22.48	46.62	(24.14)			
10 Kengla, Kyle	FR	Northgate	46.68	46.69	7
22.15	46.69	(24.54)			
11 McMillan, Scott	SO	Northgate	47.79	46.84	6
22.20	46.84	(24.64)			
12 Sher, Micah	JR	Archie Williams	47.15	47.08	5
22.38	47.08	(24.70)			
13 Richards, Tommy	SR	Campolindo	47.81	47.41	4
22.92	47.41	(24.49)			
14 Stack, Jack	SR	Clayton Valley Charter	47.58	47.46	3
22.87	47.46	(24.59)			
15 Palmer, Ian	JR	Monte Vista	47.46	47.52	2
22.21	47.52	(25.31)			
16 Jones, Sawyer	SO	San Ramon Valley	48.28	48.71	1
23.14	48.71	(25.57)			

## Event 14 Boys 100 Yard Freestyle

National HS: 42.34 U 2011  
NCS Meet: 43.60 N 2018

David Nolan  
Alexei Sancov

Hershey (PA)  
Northgate

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Elian, Zach	JR	De La Salle	44.89	45.39
22.35	45.39	(23.04)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 14 Boys 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
2 Hagan, Ryder	SR	Monte Vista	45.22	45.46
21.89		45.46 (23.57)		
3 Tupper, Hayden	JR	Amador Valley	46.19	46.15
22.40		46.15 (23.75)		
4 Hallett, Andrew	JR	Northgate	46.11	46.33
22.49		46.33 (23.84)		
5 Cory, Max	SR	Dublin	46.17	46.43
22.59		46.43 (23.84)		
6 Glenn, Nicky	SR	Tamalpais	46.71	46.53
22.50		46.53 (24.03)		
7 Kennedy, Andrew	SO	Las Lomas	46.88	46.58
22.78		46.58 (23.80)		
8 VonderAhe, Nick	JR	Monte Vista	47.76	46.63
21.89		46.63 (24.74)		
9 Kengla, Kyle	FR	Northgate	46.89	46.68
22.71		46.68 (23.97)		
10 Brophy, Reid	SR	Maria Carrillo	46.90	46.72
22.61		46.72 (24.11)		
11 Sher, Micah	JR	Archie Williams	47.37	47.15
22.68		47.15 (24.47)		
12 Palmer, Ian	JR	Monte Vista	47.89	47.46
22.50		47.46 (24.96)		
13 Stack, Jack	SR	Clayton Valley Charter	47.61	47.58
22.81		47.58 (24.77)		
14 McMillan, Scott	SO	Northgate	47.10	47.79
22.32		47.79 (25.47)		
15 Richards, Tommy	SR	Campolindo	47.90	47.81
23.13		47.81 (24.68)		
16 Jones, Sawyer	SO	San Ramon Valley	48.26	48.28
23.00		48.28 (25.28)		
17 Sherwood, Dax	SR	Miramonte	46.98	48.29
22.95		48.29 (25.34)		
18 Williams, Elijah	SR	Castro Valley	48.03	48.34
23.16		48.34 (25.18)		
19 Johnson, Jed	FR	De La Salle	48.43	48.36
22.89		48.36 (25.47)		
20 Mendelssohn, Jon	FR	Las Lomas	49.16	48.58
23.22		48.58 (25.36)		
21 Brophy, Finn	SO	Maria Carrillo	48.79	48.61
23.01		48.61 (25.60)		
22 Chivers, Garrett	FR	Campolindo	49.13	48.70
23.46		48.70 (25.24)		
23 Rhinehart, Sam	SR	Novato	48.58	48.74
23.33		48.74 (25.41)		
24 Van Fanos, Damik	JR	Clayton Valley Charter	49.60	48.87
23.37		48.87 (25.50)		
25 Puthuff, Tony	SR	De La Salle	48.72	48.99
23.62		48.99 (25.37)		
26 Abrojena, Austin	FR	De La Salle	48.86	49.00
23.43		49.00 (25.57)		
27 Canada, Shawn	JR	Clayton Valley Charter	49.33	49.09
23.62		49.09 (25.47)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 14 Boys 100 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
28 Borden, Nicholas	JR	San Ramon Valley	49.27	49.14
23.11		49.14 (26.03)		
29 Gonzales, Isreal	FR	Bishop O'Dowd	48.40	49.17
23.52		49.17 (25.65)		
30 Bugbee, Wyatt	SR	San Ramon Valley	48.00	49.20
23.24		49.20 (25.96)		
31 Dixon, Jacob	SR	Archie Williams	48.08	49.22
23.78		49.22 (25.44)		
32 Etnyre, Parker	JR	Acalanes	48.85	49.31
23.49		49.31 (25.82)		
33 Krilanovich, Vincent	FR	Archie Williams	49.42	49.46
23.97		49.46 (25.49)		
34 Haket, Dane	SR	San Ramon Valley	49.16	49.49
24.00		49.49 (25.49)		
35 Roesch, Grant	JR	Campolindo	49.08	49.51
23.61		49.51 (25.90)		
36 Li, Simon	FR	Castro Valley	49.63	49.86
23.93		49.86 (25.93)		
37 Brennan, Michael	SR	Head Royce	49.62	50.22
23.88		50.22 (26.34)		
38 Giang, Ethan	FR	Alameda	49.19	50.28
24.03		50.28 (26.25)		
39 Medina, David	SR	College Preparatory	49.40	50.76
24.01		50.76 (26.75)		
--- Ruaboro, Ryin	SO	American	47.66	DFS

## Event 15 Girls 500 Yard Freestyle

National HS: 4:26.58 U 2015

Kathleen Ledecky

Stone Ridge (MD)

NCS Meet: 4:38.05 N 2012

Chelsea Chenault

Carondelet

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Hartman, Bailey	SO	Carondelet	4:50.38	4:45.80	20
25.97		54.06 (28.09)	1:22.60 (28.54)	1:51.70 (29.10)	
2:20.90 (29.20)		2:49.93 (29.03)	3:19.09 (29.16)	3:48.30 (29.21)	
4:17.42 (29.12)		4:45.80 (28.38)			
2 Kim, Olivia	SR	Amador Valley	4:58.26	4:55.84	17
27.42		56.99 (29.57)	1:26.92 (29.93)	1:57.03 (30.11)	
2:27.14 (30.11)		2:56.92 (29.78)	3:27.35 (30.43)	3:57.03 (29.68)	
4:26.68 (29.65)		4:55.84 (29.16)			
3 Bell, Sophia	SR	Bay School of SF	4:54.09	5:00.55	16
26.58		56.07 (29.49)	1:26.19 (30.12)	1:56.46 (30.27)	
2:26.77 (30.31)		2:57.24 (30.47)	3:27.87 (30.63)	3:58.87 (31.00)	
4:30.00 (31.13)		5:00.55 (30.55)			
4 Snyder, Amelia	SR	Las Lomas	5:01.36	5:01.57	15
27.64		57.81 (30.17)	1:28.31 (30.50)	1:59.15 (30.84)	
2:30.17 (31.02)		3:00.38 (30.21)	3:30.25 (29.87)	4:00.50 (30.25)	
4:31.52 (31.02)		5:01.57 (30.05)			
5 Keith-Brown, Emma	SR	San Domenico	5:01.03	5:03.74	14
27.24		56.79 (29.55)	1:27.15 (30.36)	1:57.64 (30.49)	
2:28.60 (30.96)		2:59.35 (30.75)	3:30.47 (31.12)	4:01.86 (31.39)	
4:33.02 (31.16)		5:03.74 (30.72)			

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## A - Final ... (Event 15 Girls 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
6 Lee, Kaitlin	SO	Dublin	4:59.23	5:04.51	13
28.03	58.12 (30.09)	1:28.72 (30.60)	1:59.49 (30.77)		
2:30.57 (31.08)	3:01.51 (30.94)	3:32.43 (30.92)	4:03.42 (30.99)		
4:34.12 (30.70)	5:04.51 (30.39)				
7 Struempf, Lillian	SO	Northgate	5:09.14	5:08.75	12
27.85	58.22 (30.37)	1:29.15 (30.93)	2:00.51 (31.36)		
2:32.14 (31.63)	3:03.96 (31.82)	3:35.40 (31.44)	4:06.98 (31.58)		
4:38.23 (31.25)	5:08.75 (30.52)				
8 Fisher, Teagan	SR	Monte Vista	5:09.93	5:11.18	11
27.91	58.46 (30.55)	1:29.55 (31.09)	2:00.80 (31.25)		
2:32.66 (31.86)	3:04.65 (31.99)	3:36.52 (31.87)	4:08.55 (32.03)		
4:40.40 (31.85)	5:11.18 (30.78)				
<b>B - Final</b>					
9 French, Miya	SR	San Marin	5:13.07	5:09.39	9
28.33	58.65 (30.32)	1:29.86 (31.21)	2:01.18 (31.32)		
2:32.76 (31.58)	3:04.20 (31.44)	3:35.84 (31.64)	4:07.33 (31.49)		
4:38.60 (31.27)	5:09.39 (30.79)				
10 Kuhn, Zoe	SO	Bishop O'Dowd	5:13.28	5:14.72	7
28.58	59.83 (31.25)	1:31.43 (31.60)	2:03.60 (32.17)		
2:35.58 (31.98)	3:07.91 (32.33)	3:40.27 (32.36)	4:12.47 (32.20)		
4:44.10 (31.63)	5:14.72 (30.62)				
11 Baker, Clare	FR	Campolindo	5:17.16	5:16.01	6
29.15	1:00.86 (31.71)	1:32.65 (31.79)	2:04.90 (32.25)		
2:36.64 (31.74)	3:08.54 (31.90)	3:40.46 (31.92)	4:12.82 (32.36)		
4:45.01 (32.19)	5:16.01 (31.00)				
12 Martin Del Campo, Lucia	SO	College Preparatory	5:17.85	5:16.25	5
29.08	1:01.27 (32.19)	1:33.65 (32.38)	2:06.10 (32.45)		
2:38.20 (32.10)	3:10.24 (32.04)	3:42.32 (32.08)	4:14.47 (32.15)		
4:46.13 (31.66)	5:16.25 (30.12)				
13 Holzhauser, Stassi	SR	Maria Carrillo	5:17.29	5:16.92	4
28.51	59.55 (31.04)	1:31.24 (31.69)	2:03.19 (31.95)		
2:35.36 (32.17)	3:08.01 (32.65)	3:40.92 (32.91)	4:13.63 (32.71)		
4:45.48 (31.85)	5:16.92 (31.44)				
14 Wythes, Alexandra	JR	SF University	5:16.82	5:16.95	3
28.32	59.33 (31.01)	1:31.25 (31.92)	2:03.50 (32.25)		
2:36.15 (32.65)	3:09.05 (32.90)	3:41.30 (32.25)	4:13.98 (32.68)		
4:46.61 (32.63)	5:16.95 (30.34)				
15 Kawashiri, Mackenzie	JR	Justin Siena	5:19.13	5:18.27	2
29.00	1:00.23 (31.23)	1:32.21 (31.98)	2:04.35 (32.14)		
2:36.92 (32.57)	3:09.71 (32.79)	3:42.28 (32.57)	4:14.84 (32.56)		
4:47.16 (32.32)	5:18.27 (31.11)				
16 Grant, Alexandra		Benicia	5:19.48	5:20.42	1
28.99	1:00.61 (31.62)	1:32.60 (31.99)	2:05.09 (32.49)		
2:37.83 (32.74)	3:10.35 (32.52)	3:42.71 (32.36)	4:15.73 (33.02)		
4:48.60 (32.87)	5:20.42 (31.82)				

## Event 15 Girls 500 Yard Freestyle

National HS: 4:26.58 U 2015

Kathleen Ledecy

Stone Ridge (MD)

NCS Meet: 4:38.05 N 2012

Chelsea Chenault

Carondelet

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Hartman, Bailey	SO	Carondelet	4:57.09	4:50.38
26.76	56.34 (29.58)	1:25.86 (29.52)	1:55.32 (29.46)	
2:24.72 (29.40)	2:54.13 (29.41)	3:23.70 (29.57)	3:53.01 (29.31)	
4:22.21 (29.20)	4:50.38 (28.17)			

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 15 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
2 Bell, Sophia	SR	Bay School of SF	5:00.66	4:54.09
26.84	55.92 (29.08)	1:25.55 (29.63)	1:55.15 (29.60)	
2:24.78 (29.63)	2:54.70 (29.92)	3:24.65 (29.95)	3:54.64 (29.99)	
4:24.70 (30.06)	4:54.09 (29.39)			
3 Kim, Olivia	SR	Amador Valley	4:56.83	4:58.26
27.65	57.78 (30.13)	1:28.03 (30.25)	1:58.44 (30.41)	
2:28.51 (30.07)	2:58.39 (29.88)	3:28.30 (29.91)	3:58.51 (30.21)	
4:28.81 (30.30)	4:58.26 (29.45)			
4 Lee, Kaitlin	SO	Dublin	4:53.91	4:59.23
27.99	57.89 (29.90)	1:28.23 (30.34)	1:58.47 (30.24)	
2:28.76 (30.29)	2:59.10 (30.34)	3:29.22 (30.12)	3:59.51 (30.29)	
4:29.59 (30.08)	4:59.23 (29.64)			
5 Keith-Brown, Emma	SR	San Domenico	5:03.95	5:01.03
27.51	57.15 (29.64)	1:26.95 (29.80)	1:57.35 (30.40)	
2:27.99 (30.64)	2:58.59 (30.60)	3:29.38 (30.79)	3:59.92 (30.54)	
4:30.56 (30.64)	5:01.03 (30.47)			
6 Snyder, Amelia	SR	Las Lomas	5:03.68	5:01.36
15.62	57.05 (41.43)	1:27.06 (30.01)	1:57.52 (30.46)	
2:28.26 (30.74)	2:59.09 (30.83)	3:29.97 (30.88)	4:00.74 (30.77)	
4:31.51 (30.77)	5:01.36 (29.85)			
7 Struempf, Lillian	SO	Northgate	5:00.90	5:09.14
28.71	59.62 (30.91)	1:30.44 (30.82)	2:01.46 (31.02)	
2:32.86 (31.40)	3:04.58 (31.72)	3:36.07 (31.49)	4:07.14 (31.07)	
4:38.62 (31.48)	5:09.14 (30.52)			
8 Fisher, Teagan	SR	Monte Vista	5:11.97	5:09.93
28.93	59.76 (30.83)	1:31.24 (31.48)	2:02.72 (31.48)	
2:34.23 (31.51)	3:05.51 (31.28)	3:36.57 (31.06)	4:08.15 (31.58)	
4:39.55 (31.40)	5:09.93 (30.38)			
9 French, Miya	SR	San Marin	5:08.02	5:13.07
28.65	59.57 (30.92)	1:30.58 (31.01)	2:02.37 (31.79)	
2:34.35 (31.98)	3:06.01 (31.66)	3:38.03 (32.02)	4:09.98 (31.95)	
4:41.86 (31.88)	5:13.07 (31.21)			
10 Kuhn, Zoe	SO	Bishop O'Dowd	5:12.16	5:13.28
28.34	59.81 (31.47)	1:31.91 (32.10)	2:03.78 (31.87)	
2:35.58 (31.80)	3:07.46 (31.88)	3:39.06 (31.60)	4:10.92 (31.86)	
4:42.65 (31.73)	5:13.28 (30.63)			
11 Cox, Audrey	JR	Acalanes	5:16.15	5:15.93
29.23	1:00.36 (31.13)	1:32.28 (31.92)	2:04.12 (31.84)	
2:36.16 (32.04)	3:08.74 (32.58)	3:41.05 (32.31)	4:13.22 (32.17)	
4:45.14 (31.92)	5:15.93 (30.79)			
12 Wythes, Alexandra	JR	SF University	5:22.29	5:16.82
28.86	1:00.59 (31.73)	1:33.16 (32.57)	2:06.10 (32.94)	
2:39.14 (33.04)	3:11.75 (32.61)	3:44.72 (32.97)	4:14.86 (30.14)	
4:46.69 (31.83)	5:16.82 (30.13)			
13 Baker, Clare	FR	Campolindo	5:17.03	5:17.16
29.87	1:02.05 (32.18)	1:34.54 (32.49)	2:06.53 (31.99)	
2:38.46 (31.93)	3:10.51 (32.05)	3:42.40 (31.89)	4:14.51 (32.11)	
4:46.76 (32.25)	5:17.16 (30.40)			
14 Holzhauser, Stassi	SR	Maria Carrillo	5:20.32	5:17.29
28.94	1:00.20 (31.26)	1:31.97 (31.77)	2:04.11 (32.14)	
2:36.28 (32.17)	3:08.81 (32.53)	3:41.19 (32.38)	4:13.92 (32.73)	
4:46.29 (32.37)	5:17.29 (31.00)			

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 15 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
15 Martin Del Campo, Lucia	SO	College Preparatory	5:20.77	5:17.85
29.21	1:01.38 (32.17)	1:33.94 (32.56)	2:06.66 (32.72)	
2:38.92 (32.26)	3:11.38 (32.46)	3:43.33 (31.95)	4:15.28 (31.95)	
4:47.67 (32.39)	5:17.85 (30.18)			
16 Kawashiri, Mackenzie	JR	Justin Siena	5:18.67	5:19.13
28.75	59.63 (30.88)	1:31.17 (31.54)	2:02.89 (31.72)	
2:34.87 (31.98)	3:07.72 (32.85)	3:41.00 (33.28)	4:14.16 (33.16)	
4:47.39 (33.23)	5:19.13 (31.74)			
17 Grant, Alexandra		Benicia	5:20.70	5:19.48
28.96	1:00.45 (31.49)	1:32.75 (32.30)	2:05.04 (32.29)	
2:37.53 (32.49)	3:10.11 (32.58)	3:42.82 (32.71)	4:15.51 (32.69)	
4:48.15 (32.64)	5:19.48 (31.33)			
18 Ring, Glorianna	SR	Sonoma Valley	5:29.20	5:20.97
29.99	1:02.34 (32.35)	1:34.66 (32.32)	2:07.26 (32.60)	
2:39.33 (32.07)	3:11.79 (32.46)	3:44.05 (32.26)	4:16.19 (32.14)	
4:48.39 (32.20)	5:20.97 (32.58)			
19 Levenfeld, Kaia	JR	Campolindo	5:18.87	5:20.99
28.20	59.55 (31.35)	1:32.21 (32.66)	2:05.34 (33.13)	
2:38.17 (32.83)	3:11.23 (33.06)	3:43.78 (32.55)	4:16.28 (32.50)	
4:49.05 (32.77)	5:20.99 (31.94)			
20 Engelskirchen, Estelle	JR	San Rafael	5:25.58	5:21.55
28.79	1:00.26 (31.47)	1:32.69 (32.43)	2:05.52 (32.83)	
2:38.32 (32.80)	3:11.29 (32.97)	3:44.15 (32.86)	4:16.89 (32.74)	
4:50.03 (33.14)	5:21.55 (31.52)			
21 Cleary, Grace	FR	Clayton Valley Charter	5:24.92	5:22.72
29.23	1:00.73 (31.50)	1:33.47 (32.74)	2:06.55 (33.08)	
2:39.28 (32.73)	3:12.12 (32.84)	3:45.24 (33.12)	4:18.22 (32.98)	
4:51.28 (33.06)	5:22.72 (31.44)			
22 Ayers, Athena	SO	Liberty	5:20.91	5:23.09
29.27	1:01.59 (32.32)	1:34.47 (32.88)	2:07.25 (32.78)	
2:40.20 (32.95)	3:13.57 (33.37)	3:46.82 (33.25)	4:19.66 (32.84)	
4:52.37 (32.71)	5:23.09 (30.72)			
23 Stickler, Piper	SR	Dublin	5:19.71	5:23.32
29.90	1:01.87 (31.97)	1:34.59 (32.72)	2:07.45 (32.86)	
2:40.51 (33.06)	3:13.49 (32.98)	3:46.47 (32.98)	4:19.26 (32.79)	
4:51.94 (32.68)	5:23.32 (31.38)			
24 Wilkalis, Whitney	SO	Campolindo	5:21.66	5:23.78
29.88	1:02.17 (32.29)	1:35.21 (33.04)	2:08.05 (32.84)	
2:40.85 (32.80)	3:13.45 (32.60)	3:46.33 (32.88)	4:19.24 (32.91)	
4:52.08 (32.84)	5:23.78 (31.70)			
25 Clark, Josephine	SO	Granada	5:29.90	5:24.29
29.91	1:02.34 (32.43)	1:35.12 (32.78)	2:08.11 (32.99)	
2:40.95 (32.84)	3:13.55 (32.60)	3:46.29 (32.74)	4:19.24 (32.95)	
4:51.90 (32.66)	5:24.29 (32.39)			
26 Indrisano, Ariel	FR	Campolindo	5:26.76	5:24.59
29.40	1:01.70 (32.30)	1:34.85 (33.15)	2:08.15 (33.30)	
2:41.57 (33.42)	3:15.09 (33.52)	3:48.56 (33.47)	4:21.49 (32.93)	
4:53.93 (32.44)	5:24.59 (30.66)			
27 Tuvshintugs, Oyu	FR	Northgate	5:20.36	5:25.89
29.52	1:01.23 (31.71)	1:33.28 (32.05)	2:06.03 (32.75)	
2:39.09 (33.06)	3:12.32 (33.23)	3:45.91 (33.59)	4:19.51 (33.60)	
4:53.01 (33.50)	5:25.89 (32.88)			



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## Results

## Preliminaries ... (Event 15 Girls 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
28 Hemsworth, Audrey	JR	Marin Catholic	5:26.52	5:26.69
29.60	1:01.86 (32.26)	1:34.56 (32.70)	2:07.73 (33.17)	
2:41.18 (33.45)	3:14.43 (33.25)	3:47.76 (33.33)	4:21.14 (33.38)	
4:54.53 (33.39)	5:26.69 (32.16)			
29 Meyers, Paige	SR	Miramonte	5:27.39	5:26.70
30.60	1:03.21 (32.61)	1:36.56 (33.35)	2:09.75 (33.19)	
2:43.21 (33.46)	3:16.79 (33.58)	3:50.24 (33.45)	4:23.76 (33.52)	
4:56.33 (32.57)	5:26.70 (30.37)			
30 Turner, Maile	SO	Monte Vista	5:23.85	5:27.02
29.46	1:01.66 (32.20)	1:34.42 (32.76)	2:07.51 (33.09)	
2:40.71 (33.20)	3:14.24 (33.53)	3:47.39 (33.15)	4:21.49 (34.10)	
4:54.99 (33.50)	5:27.02 (32.03)			
31 Gyorkos, Emma	FR	Washington	5:29.83	5:27.17
28.92	1:01.43 (32.51)	1:34.63 (33.20)	2:07.71 (33.08)	
2:40.74 (33.03)	3:13.61 (32.87)	3:47.22 (33.61)	4:20.74 (33.52)	
4:54.61 (33.87)	5:27.17 (32.56)			
32 Loftus, Emmy	FR	Dublin	5:20.75	5:27.52
30.06	1:02.17 (32.11)	1:34.87 (32.70)	2:07.93 (33.06)	
2:41.07 (33.14)	3:14.44 (33.37)	3:48.04 (33.60)	4:21.70 (33.66)	
4:55.04 (33.34)	5:27.52 (32.48)			
33 Tully, Brynn	SO	Carondelet	5:25.46	5:32.25
29.88	1:02.43 (32.55)	1:35.66 (33.23)	2:09.11 (33.45)	
2:42.51 (33.40)	3:16.31 (33.80)	3:50.69 (34.38)	4:25.20 (34.51)	
4:59.52 (34.32)	5:32.25 (32.73)			
34 Avalos Paz, Natalia	SO	Heritage	5:22.72	5:32.40
30.19	1:02.82 (32.63)	1:36.54 (33.72)	2:10.08 (33.54)	
2:43.53 (33.45)	3:18.00 (34.47)	3:52.03 (34.03)	4:25.81 (33.78)	
4:59.90 (34.09)	5:32.40 (32.50)			
--- Reiner, Adelle	SO	Miramonte	5:29.39	DQ
False start				
30.49	1:03.84 (33.35)	1:37.41 (33.57)	2:11.36 (33.95)	
2:45.46 (34.10)	3:19.27 (33.81)	3:53.41 (34.14)	4:27.57 (34.16)	
5:01.50 (33.93)	DQ (32.88)			
--- Branse, Madison	SO	College Park	5:27.65	DQ
30.32	1:03.28 (32.96)	1:36.53 (33.25)	2:10.05 (33.52)	
2:43.78 (33.73)	3:17.88 (34.10)	3:52.30 (34.42)		
--- Tseng, Ava	SO	San Ramon Valley	5:14.56	DQ
False start				
29.06	1:00.72 (31.66)	1:32.83 (32.11)	2:05.30 (32.47)	
2:37.77 (32.47)	3:10.49 (32.72)	3:43.33 (32.84)	4:16.41 (33.08)	
4:48.94 (32.53)	DQ (31.88)			

## Event 16 Boys 500 Yard Freestyle

National HS: 4:12.47 U 2016

Grant Shoults

SMargarita (CA)

NCS Meet: 4:17.17 N 2018

Alexei Sancov

Northgate

Name	Yr	School	Prelim Time	Finals Time	Points
A - Final					
1 Wang, Ethan	JR	Dougherty Valley	4:32.70	4:26.60	20
24.82	51.91 (27.09)	1:19.08 (27.17)	1:46.13 (27.05)		
2:13.35 (27.22)	2:40.25 (26.90)	3:07.25 (27.00)	3:33.94 (26.69)		
4:00.80 (26.86)	4:26.60 (25.80)				

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## A - Final ... (Event 16 Boys 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
2 Hendrick, Jack	JR	Granada	4:26.76	4:26.95	17
24.51	51.47 (26.96)	1:18.41 (26.94)	1:45.04 (26.63)		
2:11.75 (26.71)	2:38.35 (26.60)	3:05.22 (26.87)	3:32.21 (26.99)		
3:59.46 (27.25)	4:26.95 (27.49)				
3 Caples, Devyn	SO	Amador Valley	4:33.12	4:30.56	16
24.83	51.69 (26.86)	1:18.71 (27.02)	1:45.91 (27.20)		
2:13.21 (27.30)	2:40.54 (27.33)	3:08.00 (27.46)	3:35.69 (27.69)		
4:03.36 (27.67)	4:30.56 (27.20)				
4 Berry, Owen	JR	California	4:30.55	4:31.18	15
24.20	50.98 (26.78)	1:18.21 (27.23)	1:45.52 (27.31)		
2:13.13 (27.61)	2:40.78 (27.65)	3:08.66 (27.88)	3:36.83 (28.17)		
4:04.81 (27.98)	4:31.18 (26.37)				
5 Holunga, Marcu	SR	Granada	4:36.32	4:35.14	14
24.68	51.60 (26.92)	1:18.60 (27.00)	1:46.06 (27.46)		
2:13.94 (27.88)	2:42.06 (28.12)	3:10.60 (28.54)	3:39.45 (28.85)		
4:07.29 (27.84)	4:35.14 (27.85)				
6 Scruton, Nicholas	JR	Redwood	4:39.56	4:36.28	13
25.70	53.07 (27.37)	1:20.74 (27.67)	1:48.37 (27.63)		
2:16.11 (27.74)	2:44.24 (28.13)	3:12.55 (28.31)	3:40.95 (28.40)		
4:09.02 (28.07)	4:36.28 (27.26)				
7 Wendler, Mason	SO	Northgate	4:34.12	4:38.14	12
24.77	52.05 (27.28)	1:19.62 (27.57)	1:47.07 (27.45)		
2:14.72 (27.65)	2:42.62 (27.90)	3:11.20 (28.58)	3:40.33 (29.13)		
4:09.79 (29.46)	4:38.14 (28.35)				
8 Chen, Andrew	JR	Monte Vista	4:43.17	4:44.57	11
25.72	53.60 (27.88)	1:22.16 (28.56)	1:51.11 (28.95)		
2:19.73 (28.62)	2:48.68 (28.95)	3:17.96 (29.28)	3:47.25 (29.29)		
4:16.67 (29.42)	4:44.57 (27.90)				

## B - Final

9 Woolery, Nick	FR	Heritage	4:47.96	4:41.61	9
25.69	54.04 (28.35)	1:22.99 (28.95)	1:52.26 (29.27)		
2:20.66 (28.40)	2:48.89 (28.23)	3:17.25 (28.36)	3:45.82 (28.57)		
4:14.49 (28.67)	4:41.61 (27.12)				
10 Ridosko, Ryan	SR	Granada	4:44.62	4:41.68	7
25.66	53.89 (28.23)	1:22.31 (28.42)	1:50.92 (28.61)		
2:19.65 (28.73)	2:48.07 (28.42)	3:16.62 (28.55)	3:45.71 (29.09)		
4:14.48 (28.77)	4:41.68 (27.20)				
11 Chang, Brendon	JR	Heritage	4:43.39	4:41.99	6
26.22	53.75 (27.53)	1:22.30 (28.55)	1:51.01 (28.71)		
2:19.67 (28.66)	2:48.43 (28.76)	3:16.91 (28.48)	3:45.49 (28.58)		
4:14.06 (28.57)	4:41.99 (27.93)				
12 Raghavan, Chetan	FR	Head Royce	4:44.08	4:43.20	5
25.60	53.17 (27.57)	1:21.83 (28.66)	1:50.68 (28.85)		
2:19.60 (28.92)	2:48.65 (29.05)	3:17.44 (28.79)	3:46.22 (28.78)		
4:15.36 (29.14)	4:43.20 (27.84)				
13 Nicholson, Alex	SO	Monte Vista	4:46.85	4:47.69	4
25.38	53.93 (28.55)	1:22.72 (28.79)	1:51.95 (29.23)		
2:21.13 (29.18)	2:50.35 (29.22)	3:19.65 (29.30)	3:49.20 (29.55)		
4:18.92 (29.72)	4:47.69 (28.77)				
14 O'Hare, Hayden	FR	Campolindo	4:47.02	4:48.20	3
26.21	54.52 (28.31)	1:23.24 (28.72)	1:52.62 (29.38)		
2:21.94 (29.32)	2:51.26 (29.32)	3:20.26 (29.00)	3:50.46 (30.20)		
4:20.11 (29.65)	4:48.20 (28.09)				

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## B - Final ... (Event 16 Boys 500 Yard Freestyle)

Name	Yr	School	Prelim Time	Finals Time	Points
15 Liu, Tysen	JR	Amador Valley	4:49.00	4:48.93	2
26.22	54.69 (28.47)	1:23.67 (28.98)	1:52.99 (29.32)		
2:22.19 (29.20)	2:51.61 (29.42)	3:20.80 (29.19)	3:50.36 (29.56)		
4:20.01 (29.65)	4:48.93 (28.92)				
16 Rogers, Nathan	JR	Bishop O'Dowd	4:49.01	4:50.73	1
25.77	53.78 (28.01)	1:22.82 (29.04)	1:51.66 (28.84)		
2:20.77 (29.11)	2:49.79 (29.02)	3:19.30 (29.51)	3:49.59 (30.29)		
4:20.32 (30.73)	4:50.73 (30.41)				

## Event 16 Boys 500 Yard Freestyle

National HS: 4:12.47 U 2016

Grant Shoultz

SMargarita (CA)

NCS Meet: 4:17.17 N 2018

Alexei Sancov

Northgate

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Hendrick, Jack	JR	Granada	4:36.55	4:26.76
25.35	52.76 (27.41)	1:19.72 (26.96)	1:46.47 (26.75)	
2:13.33 (26.86)	2:40.23 (26.90)	3:07.12 (26.89)	3:33.85 (26.73)	
4:00.36 (26.51)	4:26.76 (26.40)			
2 Berry, Owen	JR	California	4:30.51	4:30.55
24.39	51.33 (26.94)	1:18.76 (27.43)	1:46.49 (27.73)	
2:14.20 (27.71)	2:41.85 (27.65)	3:09.08 (27.23)	3:36.68 (27.60)	
4:04.00 (27.32)	4:30.55 (26.55)			
3 Wang, Ethan	JR	Dougherty Valley	4:29.90	4:32.70
25.50	52.86 (27.36)	1:20.32 (27.46)	1:47.66 (27.34)	
2:15.04 (27.38)	2:42.62 (27.58)	3:10.42 (27.80)	3:38.08 (27.66)	
4:05.89 (27.81)	4:32.70 (26.81)			
4 Caples, Devyn	SO	Amador Valley	4:31.30	4:33.12
24.77	51.97 (27.20)	1:19.36 (27.39)	1:47.22 (27.86)	
2:14.97 (27.75)	2:42.74 (27.77)	3:10.74 (28.00)	3:38.33 (27.59)	
4:06.08 (27.75)	4:33.12 (27.04)			
5 Wendler, Mason	SO	Northgate	4:43.36	4:34.12
24.77	52.16 (27.39)	1:19.73 (27.57)	1:47.47 (27.74)	
2:15.53 (28.06)	2:43.24 (27.71)	3:11.55 (28.31)	3:39.57 (28.02)	
4:06.97 (27.40)	4:34.12 (27.15)			
6 Holunga, Marcu	SR	Granada	4:43.96	4:36.32
25.28	52.79 (27.51)	1:20.56 (27.77)	1:48.39 (27.83)	
2:16.32 (27.93)	2:44.52 (28.20)	3:12.32 (27.80)	3:40.50 (28.18)	
4:08.84 (28.34)	4:36.32 (27.48)			
7 Scruton, Nicholas	JR	Redwood	4:50.43	4:39.56
26.67	54.87 (28.20)	1:22.89 (28.02)	1:50.92 (28.03)	
2:18.94 (28.02)	2:47.28 (28.34)	3:15.90 (28.62)	3:43.77 (27.87)	
4:11.95 (28.18)	4:39.56 (27.61)			
8 Chen, Andrew	JR	Monte Vista	4:51.04	4:43.17
25.99	54.03 (28.04)	1:23.05 (29.02)	1:52.02 (28.97)	
2:20.65 (28.63)	2:49.19 (28.54)	3:17.72 (28.53)	3:46.49 (28.77)	
4:15.42 (28.93)	4:43.17 (27.75)			
9 Chang, Brendon	JR	Heritage	4:45.22	4:43.39
26.37	54.39 (28.02)	1:22.44 (28.05)	1:50.62 (28.18)	
2:19.09 (28.47)	2:47.58 (28.49)	3:16.31 (28.73)	3:45.33 (29.02)	
4:14.55 (29.22)	4:43.39 (28.84)			
10 Raghavan, Chetan	FR	Head Royce	4:42.78	4:44.08
26.35	54.51 (28.16)	1:22.99 (28.48)	1:51.66 (28.67)	
2:20.44 (28.78)	2:49.07 (28.63)	3:17.53 (28.46)	3:46.76 (29.23)	
4:15.80 (29.04)	4:44.08 (28.28)			

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 16 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
11 Ridosko, Ryan	SR	Granada	4:43.41	4:44.62
25.47	53.76 (28.29)	1:22.14 (28.38)	1:50.86 (28.72)	
2:19.57 (28.71)	2:48.25 (28.68)	3:17.34 (29.09)	3:46.60 (29.26)	
4:16.23 (29.63)	4:44.62 (28.39)			
12 Nicholson, Alex	SO	Monte Vista	4:48.15	4:46.85
25.84	54.30 (28.46)	1:23.14 (28.84)	1:52.16 (29.02)	
2:21.13 (28.97)	2:50.09 (28.96)	3:19.60 (29.51)	3:48.87 (29.27)	
4:18.32 (29.45)	4:46.85 (28.53)			
13 O'Hare, Hayden	FR	Campolindo	4:46.88	4:47.02
25.22	52.96 (27.74)	1:21.46 (28.50)	1:50.83 (29.37)	
2:19.85 (29.02)	2:49.26 (29.41)	3:18.70 (29.44)	3:48.44 (29.74)	
4:18.37 (29.93)	4:47.02 (28.65)			
14 Woolery, Nick	FR	Heritage	4:54.99	4:47.96
26.45	55.72 (29.27)	1:24.86 (29.14)	1:54.27 (29.41)	
2:23.65 (29.38)	2:52.75 (29.10)	3:21.47 (28.72)	3:50.45 (28.98)	
4:19.73 (29.28)	4:47.96 (28.23)			
15 Fusinati, Michael	FR	Bishop O'Dowd	4:47.42	4:48.83
25.93	54.91 (28.98)	1:24.10 (29.19)	1:53.79 (29.69)	
2:23.17 (29.38)	2:51.96 (28.79)	3:22.09 (30.13)	3:51.76 (29.67)	
4:21.19 (29.43)	4:48.83 (27.64)			
16 Liu, Tysen	JR	Amador Valley	4:48.46	4:49.00
26.61	54.69 (28.08)	1:23.26 (28.57)	1:52.62 (29.36)	
2:21.94 (29.32)	2:51.51 (29.57)	3:21.07 (29.56)	3:50.80 (29.73)	
4:20.26 (29.46)	4:49.00 (28.74)			
17 Rogers, Nathan	JR	Bishop O'Dowd	4:45.78	4:49.01
26.49	55.17 (28.68)	1:24.31 (29.14)	1:53.47 (29.16)	
2:22.34 (28.87)	2:51.69 (29.35)	3:21.14 (29.45)	3:50.74 (29.60)	
4:20.28 (29.54)	4:49.01 (28.73)			
18 Ridosko, Nathanael	SO	Granada	4:51.75	4:49.58
25.95	54.92 (28.97)	1:24.35 (29.43)	1:54.13 (29.78)	
2:23.71 (29.58)	2:53.46 (29.75)	3:23.12 (29.66)	3:52.74 (29.62)	
4:22.00 (29.26)	4:49.58 (27.58)			
19 Lin, Phil	FR	Foothill	4:49.65	4:51.47
25.96	54.89 (28.93)	1:24.40 (29.51)	1:53.49 (29.09)	
2:22.60 (29.11)	2:52.59 (29.99)	3:22.56 (29.97)	3:52.83 (30.27)	
4:22.51 (29.68)	4:51.47 (28.96)			
20 King, Dylan	FR	Campolindo	4:52.35	4:53.72
26.20	55.56 (29.36)	1:24.96 (29.40)	1:54.50 (29.54)	
2:23.87 (29.37)	2:53.45 (29.58)	3:23.27 (29.82)	3:53.59 (30.32)	
4:24.01 (30.42)	4:53.72 (29.71)			
21 Liu, Tyler	FR	Amador Valley	4:56.14	4:54.27
26.75	55.74 (28.99)	1:25.60 (29.86)	1:55.71 (30.11)	
2:25.68 (29.97)	2:55.60 (29.92)	3:25.28 (29.68)	3:55.36 (30.08)	
4:25.21 (29.85)	4:54.27 (29.06)			
22 Brents, Robby	SO	San Ramon Valley	4:57.55	4:54.86
27.58	56.83 (29.25)	1:26.49 (29.66)	1:56.31 (29.82)	
2:26.05 (29.74)	2:55.83 (29.78)	3:25.85 (30.02)	3:55.88 (30.03)	
4:26.00 (30.12)	4:54.86 (28.86)			
23 Bryant, Ian	JR	California	4:55.75	4:55.14
25.83	54.69 (28.86)	1:23.73 (29.04)	1:53.76 (30.03)	
2:23.44 (29.68)	2:53.52 (30.08)	3:24.13 (30.61)	3:54.52 (30.39)	
4:25.24 (30.72)	4:55.14 (29.90)			

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 16 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
24 Martinez, Ryan	SR	De La Salle	4:54.82	4:55.48
26.88	55.83 (28.95)	1:25.20 (29.37)	1:54.82 (29.62)	
2:24.67 (29.85)	2:54.52 (29.85)	3:24.58 (30.06)	3:55.46 (30.88)	
4:25.55 (30.09)	4:55.48 (29.93)			
25 Choi, Brian	SO	Dougherty Valley	4:58.45	4:56.67
27.36	57.38 (30.02)	1:27.93 (30.55)	1:58.31 (30.38)	
2:28.42 (30.11)	2:58.22 (29.80)	3:27.99 (29.77)	3:57.59 (29.60)	
4:27.09 (29.50)	4:56.67 (29.58)			
26 Hoffman, Zach	JR	Miramonte	4:56.88	4:57.39
26.59	56.34 (29.75)	1:26.87 (30.53)	1:58.40 (31.53)	
2:29.71 (31.31)	2:59.60 (29.89)	3:29.64 (30.04)	3:59.94 (30.30)	
4:29.30 (29.36)	4:57.39 (28.09)			
27 Valerga, Eric	SO	Maria Carrillo	4:59.93	4:58.04
27.03	57.11 (30.08)	1:27.39 (30.28)	1:58.03 (30.64)	
2:28.39 (30.36)	2:58.61 (30.22)	3:28.70 (30.09)	3:59.02 (30.32)	
4:28.95 (29.93)	4:58.04 (29.09)			
28 Chu, Michael	SO	Campolindo	4:57.23	4:58.14
26.83	56.35 (29.52)	1:26.61 (30.26)	1:57.34 (30.73)	
2:28.43 (31.09)	2:58.74 (30.31)	3:29.82 (31.08)	3:59.83 (30.01)	
4:29.78 (29.95)	4:58.14 (28.36)			
29 Gunn, Logan	SO	Miramonte	4:57.06	4:58.42
26.58	55.98 (29.40)	1:26.57 (30.59)	1:57.51 (30.94)	
2:28.25 (30.74)	2:58.90 (30.65)	3:29.77 (30.87)	4:00.31 (30.54)	
4:30.09 (29.78)	4:58.42 (28.33)			
30 Tang, Kevin	SO	Foothill	4:57.51	4:58.70
26.99	56.88 (29.89)	1:27.38 (30.50)	1:58.21 (30.83)	
2:28.70 (30.49)	2:59.31 (30.61)	3:29.66 (30.35)	3:59.99 (30.33)	
4:30.30 (30.31)	4:58.70 (28.40)			
31 Skov, David	FR	De La Salle	4:44.99	4:59.10
25.70	54.36 (28.66)	1:23.80 (29.44)	1:54.30 (30.50)	
2:24.11 (29.81)	2:54.27 (30.16)	3:24.71 (30.44)	3:56.42 (31.71)	
4:27.65 (31.23)	4:59.10 (31.45)			
32 Harandi, Kushawn	FR	San Ramon Valley	5:03.45	4:59.52
26.93	56.53 (29.60)	1:26.68 (30.15)	1:57.28 (30.60)	
2:27.74 (30.46)	2:58.42 (30.68)	3:29.31 (30.89)	4:00.21 (30.90)	
4:30.67 (30.46)	4:59.52 (28.85)			
33 Crouch, Brody	SR	Campolindo	5:00.55	4:59.90
27.55	57.81 (30.26)	1:28.29 (30.48)	1:58.71 (30.42)	
2:29.52 (30.81)	3:00.23 (30.71)	3:30.92 (30.69)	4:01.16 (30.24)	
4:31.44 (30.28)	4:59.90 (28.46)			
34 Holtzman, Theo	SO	Bentley	5:00.04	5:00.01
27.67	57.41 (29.74)	1:27.69 (30.28)	1:58.34 (30.65)	
2:29.35 (31.01)	3:00.11 (30.76)	3:30.99 (30.88)	4:01.67 (30.68)	
4:31.96 (30.29)	5:00.01 (28.05)			
35 Stanford, Cole	JR	Tamalpais	4:59.91	5:00.89
27.53	57.10 (29.57)	1:27.32 (30.22)	1:57.76 (30.44)	
2:28.81 (31.05)	2:59.41 (30.60)	3:30.33 (30.92)	4:01.13 (30.80)	
4:31.42 (30.29)	5:00.89 (29.47)			
36 Kerr, Timothy	JR	San Ramon Valley	5:02.18	5:04.33
28.10	58.27 (30.17)	1:28.71 (30.44)	1:59.47 (30.76)	
2:30.34 (30.87)	3:01.49 (31.15)	3:32.56 (31.07)	4:03.00 (30.44)	
4:34.16 (31.16)	5:04.33 (30.17)			

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 16 Boys 500 Yard Freestyle)

Name	Yr	School	Seed Time	Prelim Time
37 Mehmood, Zeeshan	JR	Monte Vista	5:01.42	5:05.30
26.91	56.61 (29.70)	1:27.17 (30.56)	1:58.66 (31.49)	
2:30.12 (31.46)	3:01.62 (31.50)	3:33.12 (31.50)	4:04.35 (31.23)	
4:35.28 (30.93)	5:05.30 (30.02)			
38 Lengyel, Zach	SO	Heritage	5:03.46	5:05.68
26.87	56.62 (29.75)	1:27.57 (30.95)	1:59.06 (31.49)	
2:30.50 (31.44)	3:02.32 (31.82)	3:33.88 (31.56)	4:05.44 (31.56)	
4:35.89 (30.45)	5:05.68 (29.79)			
39 Taplin, Fabian	SR	James Logan	5:03.78	5:06.07
26.05	54.91 (28.86)	1:24.69 (29.78)	1:55.53 (30.84)	
2:27.43 (31.90)	2:59.59 (32.16)	3:31.50 (31.91)	4:03.37 (31.87)	
4:35.32 (31.95)	5:06.07 (30.75)			
40 Wang, Samuel	JR	Amador Valley	5:03.43	5:09.82
27.27	56.84 (29.57)	1:27.44 (30.60)	1:58.37 (30.93)	
2:29.98 (31.61)	3:02.09 (32.11)	3:33.87 (31.78)	4:05.98 (32.11)	
4:37.98 (32.00)	5:09.82 (31.84)			

## Event 17 Girls 200 Yard Freestyle Relay

National HS:	1:30.72	U	2015	Carmel (IN)	Carmel (IN)
				V. Burchill, Adams, Smith, Rothrock	
NCS Meet:	1:33.28	N	2016	Carondelet	Carondelet
				A. Carr, K. Witkay, M. Han, M. Murphy	

Team	Relay	Prelim Time	Finals Time	Points
<b>A - Final</b>				
1 Monte Vista		1:35.99	1:34.78	40
1) Quon, Genesee SO	2) VonderAhe, Addy FR	3) Fisher, Teagan SR	4) Callison, Gretta JR	
24.12	47.36 (23.24)	1:11.43 (24.07)	1:34.78 (23.35)	
2 Carondelet		1:37.41	1:35.09	34
1) Hartman, Bailey SO	2) Seib, Airi JR	3) Butler, Elisabeth SO	4) Ravarino, Jenna SR	
23.59	47.60 (24.01)	1:11.53 (23.93)	1:35.09 (23.56)	
3 Campolindo		1:37.66	1:36.63	32
1) Blackwell, Madison SO	2) van Meines, Amber SR	3) Le-Nguyen, Audrey JR	4) Hawkins, Maggie SR	
24.10	48.19 (24.09)	1:12.36 (24.17)	1:36.63 (24.27)	
4 Acalanes		1:37.52	1:36.97	30
1) Waechter, Lila JR	2) Hendrickson, Sophie JR	3) MacKay, Sophi JR	4) Suppiger, Sadie FR	
24.56	49.84 (25.28)	1:13.52 (23.68)	1:36.97 (23.45)	
5 Northgate		1:38.62	1:37.66	28
1) Struempf, Lillian SO	2) Lee, Noni SO	3) Welsh, Sydney SR	4) Lund, Alyssa SR	
24.32	49.52 (25.20)	1:14.33 (24.81)	1:37.66 (23.33)	
6 Redwood		1:37.84	1:38.04	26
1) Solomon, Mia JR	2) Wank, Kallen JR	3) Watrous, Catherine FR	4) Kallmeyer, Gwen FR	
25.11	49.56 (24.45)	1:13.00 (23.44)	1:38.04 (25.04)	
7 San Ramon Valley		1:38.00	1:38.22	24
1) Gregory, Kayla JR	2) MacBryde, Emily SR	3) Wight, Caroline SR	4) Mellott, Raya FR	
24.33	48.94 (24.61)	1:13.58 (24.64)	1:38.22 (24.64)	
8 Marin Academy		1:38.34	1:38.40	22
1) Brakebill, Sydney SR	2) Lovato, Ines SR	3) Reichley, Gabby FR	4) Wu, Katherine JR	
24.12	47.66 (23.54)	1:13.32 (25.66)	1:38.40 (25.08)	
<b>B - Final</b>				
9 California		1:39.64	1:38.69	18
1) Pedersoli, Sophia JR	2) Nguyen, Gabby JR	3) Matek, Kylie JR	4) Horder, Skyler SR	
24.53	49.01 (24.48)	1:14.14 (25.13)	1:38.69 (24.55)	

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## B - Final ... (Event 17 Girls 200 Yard Freestyle Relay)

Team	Relay		Prelim Time	Finals Time	Points
10 Miramonte			1:40.41	1:39.86	14
1) Dulski, Ella SR	2) Clark, Grace SR	3) Hearey, Bea FR	4) Stryker, Natalie JR		
25.59	50.65 (25.06)	1:15.88 (25.23)	1:39.86 (23.98)		
11 Foothill			1:39.87	1:40.48	12
1) Harris, Breuklynn JR	2) Lee, Aven SR	3) Der, Kristin SO	4) Huff, Breanna SO		
24.59	49.54 (24.95)	1:14.45 (24.91)	1:40.48 (26.03)		
12 Granada			1:41.54	1:40.66	10
1) Herscu, Abigail SR	2) Holunga, Saveta FR	3) Frank, Roxy SR	4) Robinson, Maggie JR		
24.80	50.99 (26.19)	1:16.38 (25.39)	1:40.66 (24.28)		
13 Las Lomas			1:41.37	1:40.78	8
1) Brown, Sierra SO	2) Wright, Jessie SO	3) Walburg, Sydney SO	4) Cortessis, Ashley SR		
25.34	50.64 (25.30)	1:15.83 (25.19)	1:40.78 (24.95)		
14 Dougherty Valley			1:41.07	1:40.90	6
1) Chu, Zoe JR	2) Ma, Zoe SR	3) Ung, Samantha	4) Nguyen, Michelle		
25.44	50.39 (24.95)	1:15.47 (25.08)	1:40.90 (25.43)		
15 El Cerrito			1:41.44	1:41.37	4
1) de Hart, Mya FR	2) Brunetti, Natalia SR	3) Thompson, Nora JR	4) Lu, Carrie SR		
25.66	54.25 (28.59)	1:16.35 (22.10)	1:41.37 (25.02)		
16 Amador Valley			1:41.04	1:41.69	2
1) Ling, Elayna FR	2) Goldstein, Sydney FR	3) Li, Michelle SO	4) Chau, Lilli JR		
25.91	50.44 (24.53)	1:16.49 (26.05)	1:41.69 (25.20)		

## Event 17 Girls 200 Yard Freestyle Relay

National HS: 1:30.72 U 2015

Carmel (IN)

Carmel (IN)

NCS Meet: 1:33.28 N 2016

V. Burchill, Adams, Smith, Rothrock

Carondelet

Carondelet

A. Carr, K. Witkay, M. Han, M. Murphy

Team	Relay		Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Monte Vista			1:34.33	1:35.99
1) Quon, Genesee SO	2) VonderAhe, Addy FR	3) Ryan, Anna SR	4) Callison, Gretta JR	
24.12	48.33 (24.21)	1:12.66 (24.33)	1:35.99 (23.33)	
2 Carondelet			1:36.00	1:37.41
1) Aiken, Natalie SO	2) Seib, Airi JR	3) Dumais, Claudia JR	4) Butler, Elisabeth SO	
24.85	49.04 (24.19)	1:13.65 (24.61)	1:37.41 (23.76)	
3 Acalanes			1:38.25	1:37.52
1) Waechter, Lila JR	2) Hendrickson, Sophie JR	3) MacKay, Sophi JR	4) Suppiger, Sadie FR	
24.84	50.24 (25.40)	1:13.98 (23.74)	1:37.52 (23.54)	
4 Campolindo			1:37.62	1:37.66
1) Blackwell, Madison SO	2) van Meines, Amber SR	3) Pieper, Ana SO	4) Hawkins, Maggie SR	
24.18	48.13 (23.95)	1:13.32 (25.19)	1:37.66 (24.34)	
5 Redwood			1:40.56	1:37.84
1) Wank, Kallen JR	2) Watrous, Catherine FR	3) Solomon, Mia JR	4) Kallmeyer, Gwen FR	
25.17	48.75 (23.58)	1:12.64 (23.89)	1:37.84 (25.20)	
6 San Ramon Valley			1:39.76	1:38.00
1) Gregory, Kayla JR	2) MacBryde, Emily SR	3) Wight, Caroline SR	4) Mellott, Raya FR	
24.27	49.36 (25.09)	1:13.73 (24.37)	1:38.00 (24.27)	
7 Marin Academy			1:41.48	1:38.34
1) Kosmowski, Anja FR	2) Lovato, Ines SR	3) Wu, Katherine JR	4) Brakebill, Sydney SR	
24.03	47.53 (23.50)	1:12.75 (25.22)	1:38.34 (25.59)	
8 Northgate			1:40.19	1:38.62
1) Struempf, Lillian SO	2) Lee, Noni SO	3) Welsh, Sydney SR	4) Lund, Alyssa SR	
24.58	49.94 (25.36)	1:15.08 (25.14)	1:38.62 (23.54)	

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 17 Girls 200 Yard Freestyle Relay)

Team	Relay		Seed Time	Prelim Time
9 California			1:38.84	1:39.64
1) Pedersoli, Sophia JR	2) Nguyen, Gabby JR	3) Matek, Kylie JR	4) Horder, Skyler SR	
24.58	49.36 (24.78)	1:15.06 (25.70)	1:39.64 (24.58)	
10 Foothill			1:40.61	1:39.87
1) Harris, Breuklynn JR	2) Lee, Aven SR	3) Der, Kristin SO	4) Huff, Breanna SO	
24.62	49.30 (24.68)	1:14.19 (24.89)	1:39.87 (25.68)	
11 Miramonte			1:39.31	1:40.41
1) Dulski, Ella SR	2) Hearey, Bea FR	3) Clark, Grace SR	4) Stryker, Natalie JR	
25.35	50.92 (25.57)	1:16.19 (25.27)	1:40.41 (24.22)	
12 Amador Valley			1:41.52	1:41.04
1) Ling, Elayna FR	2) Li, Michelle SO	3) Chau, Lilli JR	4) Goldstein, Sydney FR	
25.32	50.39 (25.07)	1:16.16 (25.77)	1:41.04 (24.88)	
13 Dougherty Valley			1:40.70	1:41.07
1) Chu, Zoe JR	2) Ung, Samantha	3) Nguyen, Michelle	4) Ma, Zoe SR	
25.22	50.35 (25.13)	1:15.96 (25.61)	1:41.07 (25.11)	
14 Las Lomas			1:41.71	1:41.37
1) Claus, Kate SR	2) Wright, Jessie SO	3) Walburg, Sydney SO	4) Cortessis, Ashley SR	
25.77	51.06 (25.29)	1:16.32 (25.26)	1:41.37 (25.05)	
15 El Cerrito			1:41.78	1:41.44
1) Lu, Carrie SR	2) Brunetti, Natalia SR	3) Thompson, Nora JR	4) de Hart, Mya FR	
25.44	50.86 (25.42)	1:16.36 (25.50)	1:41.44 (25.08)	
16 Granada			1:44.70	1:41.54
1) Herscu, Abigail SR	2) Holunga, Saveta FR	3) Frank, Roxy SR	4) Robinson, Maggie JR	
24.98	51.67 (26.69)	1:17.28 (25.61)	1:41.54 (24.26)	
17 Dublin			1:41.68	1:41.68
1) Nguyen, Hannah JR	2) Stickler, Piper SR	3) Nothelfer, Paige SO	4) Lee, Kaitlin SO	
24.49	51.07 (26.58)	1:16.57 (25.50)	1:41.68 (25.11)	
18 College Park			1:42.10	1:41.74
1) Martinez, Amara JR	2) Gorniytzki, Anna SO	3) Gorniytzki, Eva FR	4) Horcizia, Elsa SO	
25.45	50.64 (25.19)	1:16.53 (25.89)	1:41.74 (25.21)	
19 Washington			1:44.22	1:42.62
1) Gilbert, Sarah SO	2) Bandyopadhyay, Shristi SO	3) Stewart, Maddy JR	4) Doan, Tran FR	
26.03	51.71 (25.68)	1:17.33 (25.62)	1:42.62 (25.29)	
20 Piedmont			1:42.39	1:42.97
1) Rolefson, Taylor SO	2) Aubrecht, Kate SR	3) Ten Grotenhuis, Sonja JR	4) Payne, Madeline FR	
25.48	49.83 (24.35)	1:15.67 (25.84)	1:42.97 (27.30)	
21 Terra Linda			1:41.47	1:43.21
1) Chong, Nicole FR	2) Fahrner, Catherine JR	3) Rodriguez, Kira JR	4) Lucchesi, Rosie JR	
24.64	50.77 (26.13)	1:16.84 (26.07)	1:43.21 (26.37)	
22 Heritage			1:43.01	1:43.26
1) Avalos Paz, Maria SR	2) Claibourne, Summer JR	3) Ogden, Megan FR	4) Avalos Paz, Natalia SO	
26.31	52.15 (25.84)	1:17.22 (25.07)	1:43.26 (26.04)	
23 Justin Siena			1:44.42	1:43.52
1) Heffernan, Lila SO	2) Wigington, Liliana SO	3) Kawashiri, Mackenzie JR	4) Fegan, Kaela FR	
23.78	50.72 (26.94)	1:16.91 (26.19)	1:43.52 (26.61)	
24 Athenian			1:44.53	1:43.59
1) Capelli, Aria SO	2) Ford, Alexa FR	3) von Zedtwitz, Emily SR	4) Piel, Annabel JR	
24.90	52.91 (28.01)	1:18.15 (25.24)	1:43.59 (25.44)	
25 Tamalpais			1:45.59	1:43.86
1) Emison, Avery SR	2) Pashman, Lily JR	3) Philp, Elle FR	4) Firmage, Chloe SO	
26.38	52.14 (25.76)	1:18.24 (26.10)	1:43.86 (25.62)	
26 Sonoma Valley			1:42.96	1:44.03
1) Harrison, Remy FR	2) Silvi, Alegria FR	3) Ring, Glorianna SR	4) Pine, Sierra SR	
25.78	52.73 (26.95)	1:18.54 (25.81)	1:44.03 (25.49)	



## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 17 Girls 200 Yard Freestyle Relay)

Team	Relay		Seed Time	Prelim Time
27 Benicia			1:44.16	1:44.08
1) Whitty, Piper	2) Roth, Sophia	3) Mincy, Mackenzie	4) Grant, Alexandra	
25.18	51.16 (25.98)	1:18.20 (27.04)	1:44.08 (25.88)	
28 Maria Carrillo			1:43.97	1:44.15
1) Arroyo, Jasmine SO	2) Kiehl, Hannah FR	3) Lee, Kennedy SO	4) Holzhauser, Stassi SR	
25.89	51.24 (25.35)	1:16.13 (24.89)	1:44.15 (28.02)	
29 Albany			1:46.34	1:44.34
1) Dangol, Ashley FR	2) Luce, Devon FR	3) Phoonpirom, Supitcha FR	4) Vitek, Sophia SR	
25.70	57.75 (32.05)	1:19.35 (21.60)	1:44.34 (24.99)	
30 Clayton Valley Charter			1:44.94	1:44.36
1) Lahanas, Zoe SO	2) Kougiros, Gianna SO	3) Boland, Molly SO	4) Wong, Haylee FR	
25.55	51.68 (26.13)	1:18.37 (26.69)	1:44.36 (25.99)	
31 Marin Catholic			1:43.40	1:44.39
1) Kiriakis, Bella JR	2) Slaught, Hannah JR	3) Cassidy, Claire SO	4) Tarantino, Holly JR	
26.35	52.74 (26.39)	1:19.41 (26.67)	1:44.39 (24.98)	
32 Castro Valley			1:44.80	1:44.66
1) Li, Samantha JR	2) Xie, Jamie SR	3) Arakawa, Corinne FR	4) Mi, Jennifer JR	
23.88	52.33 (28.45)	1:19.00 (26.67)	1:44.66 (25.66)	
33 Livermore			1:43.78	1:44.78
1) Schwabenland, Cheryl JR	2) Combisis, Annelise SR	3) Pettit, Britany SR	4) Kawamura, Minhnhha SR	
26.54	53.95 (27.41)	1:19.69 (25.74)	1:44.78 (25.09)	
34 James Logan			1:45.55	1:44.84
1) Lowe, Sophie FR	2) Len, Sidney SR	3) Kiang, Bethany SO	4) D'Amelio, Angela SO	
26.12	53.37 (27.25)	1:19.52 (26.15)	1:44.84 (25.32)	
35 Mission San Jose			1:44.51	1:45.00
1) Nguyen, Megan FR	2) Patnaik, Bhavya SR	3) Ly, Meghan SO	4) Yu, Kailyn SR	
26.75	53.70 (26.95)	1:18.65 (24.95)	1:45.00 (26.35)	
36 Archie Williams			1:45.06	1:45.15
1) Wahlstrom, Ingrid SO	2) Hinkelman, Avery FR	3) Peter-Frank, Mahala SR	4) Samlihan, Isobel SO	
25.85	52.76 (26.91)	1:18.85 (26.09)	1:45.15 (26.30)	
37 Liberty			1:42.53	1:45.30
1) Lazzaro, Elena JR	2) Glaser, Kayla SR	3) Sanchez, Olivia JR	4) Ayers, Athena SO	
26.00	52.80 (26.80)	1:19.29 (26.49)	1:45.30 (26.01)	
38 Alameda			1:46.33	1:45.99
1) Chau, Joyen SR	2) Yiu, Taylor SR	3) Galbo, Isabel SR	4) Thompson, Sydney SO	
27.72	54.60 (26.88)	1:21.66 (27.06)	1:45.99 (24.33)	
39 San Marin			1:46.98	1:48.06
1) Owens, Julia FR	2) Thompson, Krittinee FR	3) Padillo, Danielle JR	4) French, Miya SR	
26.58	54.72 (28.14)	1:22.25 (27.53)	1:48.06 (25.81)	
40 College Preparatory			1:44.36	1:51.41
1) Bensadoun, Gabbie SR	2) Harris, Olivia JR	3) Long, Kayla SR	4) Martin Del Campo, Lucia SO	
27.49	57.31 (29.82)	1:25.44 (28.13)	1:51.41 (25.97)	

## Event 18 Boys 200 Yard Freestyle Relay

National HS: 1:19.27 U 2012

Bolles (FL)

Bolles (FL)

Murphy, Schooling, Condorelli, Goossen

NCS Meet: 1:22.35 N 2019

SRV 19 &amp; 16, Campo 13

SRV19+16, Cam13

MM,JW,GW,HF;TC,JC,HP,BH;JS,SC,NZ,RA

Team	Relay		Prelim Time	Finals Time	Points
A - Final					
1 Monte Vista			1:23.82	1:23.33	40
1) Palmer, Ian JR	2) VonderAhe, Nick JR	3) Lind, Brady JR	4) Hagan, Ryder SR		
21.34	42.19 (20.85)	1:03.33 (21.14)	1:23.33 (20.00)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## A - Final ... (Event 18 Boys 200 Yard Freestyle Relay)

Team	Relay		Prelim Time	Finals Time	Points
2 Northgate			1:24.75	1:23.59	34
1) McMillan, Scott SO	2) Meriam, Tommy SR	3) Kengla, Kyle FR	4) Hallett, Andrew JR		
21.33	42.62 (21.29)	1:03.57 (20.95)	1:23.59 (20.02)		
3 De La Salle			1:25.76	1:26.24	32
1) Halley-McCarty, Conor SO	2) Cesmat, Ryan JR	3) Swann, Donovan FR	4) Ryan, Brendan SR		
21.97	43.58 (21.61)	1:05.15 (21.57)	1:26.24 (21.09)		
4 Archie Williams			1:27.43	1:26.30	30
1) Dixon, Jacob SR	2) Long, Brady JR	3) Krilanovich, Vincent FR	4) Sher, Micah JR		
22.07	43.84 (21.77)	1:05.54 (21.70)	1:26.30 (20.76)		
5 San Ramon Valley			1:26.88	1:26.42	28
1) Bugbee, Wyatt SR	2) Jones, Sawyer SO	3) Haket, Dane SR	4) Coleman, Riley JR		
22.31	43.62 (21.31)	1:05.12 (21.50)	1:26.42 (21.30)		
6 Campolindo			1:27.76	1:27.19	26
1) Yavuzer-Judd, Theoden SR	2) Younger, Owen SR	3) Roesch, Grant JR	4) Temkin, West SR		
20.91	42.66 (21.75)	1:05.24 (22.58)	1:27.19 (21.95)		
7 Novato			1:27.70	1:27.55	24
1) Rhinehart, Sam SR	2) Portillo, Ezra SO	3) Stratigos, Niko SR	4) Thielenhaus, Bryden JR		
22.29	45.11 (22.82)	1:06.65 (21.54)	1:27.55 (20.90)		
8 California			1:28.65	1:27.92	22
1) Berry, Owen JR	2) Frew, Hudson FR	3) Deweese, Alexander JR	4) Wang, Julian SR		
21.38	43.98 (22.60)	1:06.07 (22.09)	1:27.92 (21.85)		
<b>B - Final</b>					
9 Miramonte			1:29.16	1:28.50	18
1) Gunn, Logan SO	2) Hoffman, Zach JR	3) Stice, Pat FR	4) Sherwood, Dax SR		
22.80	45.19 (22.39)	1:06.99 (21.80)	1:28.50 (21.51)		
10 Castro Valley			1:28.67	1:28.60	14
1) Sutedja, Colin SR	2) Arakawa, Nathan JR	3) Li, Simon FR	4) Williams, Elijah SR		
22.83	44.87 (22.04)	1:07.52 (22.65)	1:28.60 (21.08)		
11 Las Lomas			1:29.31	1:29.53	12
1) Monroy, Mateo JR	2) Galabow, Jacob JR	3) Nelson, Brett SO	4) Bellanca, Ian SO		
23.17	45.75 (22.58)	1:07.84 (22.09)	1:29.53 (21.69)		
12 Tamalpais			1:29.67	1:29.88	10
1) Fong, Ty SR	2) Barsotti, Fargo SR	3) Stanford, Cole JR	4) Glenn, Nicky SR		
23.93	45.74 (21.81)	1:09.60 (23.86)	1:29.88 (20.28)		
13 Dublin			1:29.86	1:30.05	8
1) Ohrr, Benjamin FR	2) Nicolas Andres, Jino JR	3) Huang, Joey SR	4) Cory, Max SR		
23.60	46.95 (23.35)	1:09.55 (22.60)	1:30.05 (20.50)		
14 Bishop O'Dowd			1:30.70	1:30.13	6
1) Gonzales, Isreal FR	2) Regnier, Lucian JR	3) Rogers, Nathan JR	4) Fusinati, Michael FR		
22.91	45.38 (22.47)	1:08.09 (22.71)	1:30.13 (22.04)		
15 College Park			1:31.36	1:30.72	4
1) Gartner, Zac JR	2) Wendling, Nate JR	3) Mariolle, James SO	4) Barnacal, Jackson JR		
22.67	45.12 (22.45)	1:08.31 (23.19)	1:30.72 (22.41)		
16 Heritage			1:31.02	1:31.93	2
1) LaBute, Zane SR	2) Pathe, Luke SR	3) Woolery, Nick FR	4) Yee, Tyler FR		
22.94	46.55 (23.61)	1:09.57 (23.02)	1:31.93 (22.36)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Event 18 Boys 200 Yard Freestyle Relay

National HS: 1:19.27 U 2012

Bolles (FL)

Bolles (FL)

NCS Meet: 1:22.35 N 2019

Murphy, Schooling, Condorelli, Goossen

SRV 19 &amp; 16, Campo 13

SRV19+16, Cam13

MM,JW,GW,HF;TC,JC,HP,BH;JS,SC,NZ,RA

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 Monte Vista		1:25.50	1:23.82
1) Palmer, Ian JR	2) VonderAhe, Nick JR	3) Lind, Brady JR	4) Hagan, Ryder SR
21.46	42.14 (20.68)	1:03.37 (21.23)	1:23.82 (20.45)
2 Northgate		1:24.55	1:24.75
1) Hallett, Andrew JR	2) Meriam, Tommy SR	3) Fong, AJ SR	4) McMillan, Scott SO
21.24	42.51 (21.27)	1:04.02 (21.51)	1:24.75 (20.73)
3 De La Salle		1:26.78	1:25.76
1) Halley-McCarty, Conor SO	2) Cesmat, Ryan JR	3) Swann, Donovan FR	4) Ryan, Brendan SR
21.97	43.37 (21.40)	1:04.70 (21.33)	1:25.76 (21.06)
4 San Ramon Valley		1:26.47	1:26.88
1) Bugbee, Wyatt SR	2) Tovani, Nick SO	3) Haket, Dane SR	4) Jones, Sawyer SO
22.03	44.03 (22.00)	1:05.73 (21.70)	1:26.88 (21.15)
5 Archie Williams		1:27.15	1:27.43
1) Dixon, Jacob SR	2) Long, Brady JR	3) Krilanovich, Vincent FR	4) Sher, Micah JR
22.56	44.82 (22.26)	1:06.54 (21.72)	1:27.43 (20.89)
6 Novato		1:28.47	1:27.70
1) Rhinehart, Sam SR	2) Portillo, Ezra SO	3) Stratigos, Niko SR	4) Thielenhaus, Bryden JR
21.94	44.82 (22.88)	1:06.82 (22.00)	1:27.70 (20.88)
7 Campolindo		1:27.76	1:27.76
1) Yavuzer-Judd, Theoden SR	2) Temkin, West SR	3) Roesch, Grant JR	4) Younger, Owen SR
21.32	43.49 (22.17)	1:05.85 (22.36)	1:27.76 (21.91)
8 California		1:28.79	1:28.65
1) Deweese, Alexander JR	2) Frew, Hudson FR	3) Wang, Julian SR	4) Berry, Owen JR
23.23	45.65 (22.42)	1:07.92 (22.27)	1:28.65 (20.73)
9 Castro Valley		1:28.98	1:28.67
1) Arakawa, Nathan JR	2) Li, Simon FR	3) Sutedja, Colin SR	4) Williams, Elijah SR
22.80	45.34 (22.54)	1:07.21 (21.87)	1:28.67 (21.46)
10 Miramonte		1:29.37	1:29.16
1) Gunn, Logan SO	2) Sherwood, Dax SR	3) Hoffman, Zach JR	4) Stice, Pat FR
22.56	44.35 (21.79)	1:06.95 (22.60)	1:29.16 (22.21)
11 Las Lomas		1:28.49	1:29.31
1) Galabow, Jacob JR	2) Monroy, Mateo JR	3) Nelson, Brett SO	4) Bellanca, Ian SO
22.96	45.38 (22.42)	1:07.45 (22.07)	1:29.31 (21.86)
12 Tamalpais		1:28.49	1:29.67
1) Barsotti, Fargo SR	2) Fong, Ty SR	3) Conklin, Riley SR	4) Glenn, Nicky SR
22.56	46.24 (23.68)	1:09.24 (23.00)	1:29.67 (20.43)
13 Dublin		1:29.73	1:29.86
1) Ohrr, Benjamin FR	2) Nicolas Andres, Jino JR	3) Huang, Joey SR	4) Cory, Max SR
23.36	46.60 (23.24)	1:09.14 (22.54)	1:29.86 (20.72)
14 Bishop O'Dowd		1:30.06	1:30.70
1) Gonzales, Isreal FR	2) Regnier, Lucian JR	3) Rogers, Nathan JR	4) Fusinati, Michael FR
22.79	45.84 (23.05)	1:08.41 (22.57)	1:30.70 (22.29)
15 Heritage		1:32.02	1:31.02
1) LaBute, Zane SR	2) Pathe, Luke SR	3) Woolery, Nick FR	4) Yee, Tyler FR
22.64	45.77 (23.13)	1:08.87 (23.10)	1:31.02 (22.15)
16 College Park		1:33.16	1:31.36
1) Gartner, Zac JR	2) Wendling, Nate JR	3) Mariolle, James SO	4) Barnacal, Jackson JR
22.90	45.71 (22.81)	1:08.92 (23.21)	1:31.36 (22.44)

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 18 Boys 200 Yard Freestyle Relay)

Team	Relay	Seed Time	Prelim Time
17 Amador Valley		1:33.55	1:31.87
1) Tupper, Hayden JR	2) Channon, Jai SR	3) Tam, Gordan SR	4) Shea, Griffin JR
21.38	44.78 (23.40)	1:08.07 (23.29)	1:31.87 (23.80)
18 Mission San Jose		1:33.81	1:32.47
1) Wong, Ryan SR	2) Lau, Matthew JR	3) Lau, Kasper SR	4) Ta, Aidan SO
22.94	46.76 (23.82)	1:09.42 (22.66)	1:32.47 (23.05)
19 Newark Memorial		1:33.95	1:32.65
1) Rosales, Adrian SO	2) Chan, Derek FR	3) Cao, Khang SR	4) Haba, Evan JR
23.34	46.94 (23.60)	1:10.18 (23.24)	1:32.65 (22.47)
20 Head Royce		1:30.15	1:32.68
1) Kang, Ben JR	2) Reader, Gabriel FR	3) Dong, Jonathan SO	4) Brennan, Michael SR
22.31	45.99 (23.68)	1:10.08 (24.09)	1:32.68 (22.60)
21 Marin Academy		1:34.84	1:32.69
1) Rewick, Schuyler SO	2) Joyce, Dillon SR	3) Smith, Ewan SO	4) Tachiki, Jeremy JR
23.23	46.13 (22.90)	1:08.93 (22.80)	1:32.69 (23.76)
22 Irvington		1:34.92	1:33.15
1) Lam, Ivan JR	2) Dong, Ryan JR	3) Tan, Kyle JR	4) Abel, Ashley SR
23.73	46.96 (23.23)	1:10.54 (23.58)	1:33.15 (22.61)
23 Dougherty Valley		1:29.85	1:33.31
1) Choi, Brian SO	2) Yan, Bryan FR	3) Phan, Logan SO	4) Yuen, Julian JR
23.78	47.03 (23.25)	1:10.05 (23.02)	1:33.31 (23.26)
24 Alameda		1:33.01	1:33.38
1) Giang, Ethan FR	2) Lum, Kaleb SO	3) Evans, Ian FR	4) Nguyen, Andrew FR
23.13	46.36 (23.23)	1:10.02 (23.66)	1:33.38 (23.36)
25 Marin Catholic		1:33.26	1:33.52
1) Hamel, Thomas JR	2) Goldberg, Garrett SR	3) Cassidy, Brendan SR	4) Wunderlich, Hudson SR
23.20	47.69 (24.49)	1:11.27 (23.58)	1:33.52 (22.25)
26 James Logan		1:35.04	1:33.85
1) Lee, Sean SR	2) Liu, Daniel SR	3) Outangoun, Brenton SR	4) Taplin, Fabian SR
23.34	47.03 (23.69)	1:10.57 (23.54)	1:33.85 (23.28)
27 Moreau Catholic		1:35.95	1:34.11
1) Granzella, Logan SR	2) Martinez, Gavin JR	3) Torrence, Benjamin SR	4) Castillo, Christian FR
23.82	46.75 (22.93)	1:10.08 (23.33)	1:34.11 (24.03)
28 Ukiah		1:35.91	1:34.20
1) Larson, Nicholas SO	2) Danner, Austin SO	3) Flammang, Mason SR	4) Koball, Lucas SR
24.60	48.26 (23.66)	1:12.04 (23.78)	1:34.20 (22.16)
29 Freedom		1:33.19	1:34.78
1) Stoltenberg, Jordan SR	2) Tompkins, Connor JR	3) Greer, Joe FR	4) Fowler, Danny FR
23.14	46.42 (23.28)	1:11.00 (24.58)	1:34.78 (23.78)
30 Lick-Wilmerding		1:35.61	1:35.34
1) Ryan, Thomas JR	2) Ho, Eric SO	3) Yao, Colin SO	4) Fuller, Will SR
23.74	48.46 (24.72)	1:12.08 (23.62)	1:35.34 (23.26)
31 American Canyon		1:34.92	1:35.37
1) Raymond, Zakary SR	2) Velicaria, Aidan SO	3) Santiago, Elijah SR	4) Ramirez, Jackson JR
23.77	47.56 (23.79)	1:11.50 (23.94)	1:35.37 (23.87)
32 College Preparatory		1:33.23	1:35.42
1) Cook, Quinn SO	2) Vuong, Julian JR	3) Jung, Owen SR	4) Davis, Aaron SR
24.44	48.09 (23.65)	1:12.19 (24.10)	1:35.42 (23.23)
33 Piedmont		1:31.22	1:35.51
1) Rolefson, Thomas SO	2) White, Chuck JR	3) Saffouri, Farris JR	4) Stokes, Ryan JR
23.17	47.86 (24.69)	1:11.83 (23.97)	1:35.51 (23.68)
34 Napa		1:35.42	1:35.78
1) Scargle, Camerone SO	2) Jordan, Cameron SR	3) Delanni, Carlo JR	4) Hattori, Kai JR
25.63	48.32 (22.69)	1:11.98 (23.66)	1:35.78 (23.80)

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 18 Boys 200 Yard Freestyle Relay)

Team	Relay		Seed Time	Prelim Time
35 Redwood			1:31.91	1:35.83
1) Hughes, Travis SR	2) Placak, Robert JR	3) Pritchard, Owen FR	4) O'Dell, William SO	
24.42	49.71 (25.29)	1:12.12 (22.41)	1:35.83 (23.71)	
36 Liberty			1:35.41	1:36.45
1) Bennett-Nava, Adrian SO	2) Venables, Seth SO	3) Metez, David FR	4) Gunderman, Luke SO	
24.51	48.88 (24.37)	1:13.67 (24.79)	1:36.45 (22.78)	
37 Washington			1:35.42	1:36.51
1) Gao, Leo SO	2) Jauregui, Alejandro SR	3) Javier, Jaden SR	4) Arnett, Benjamin JR	
25.62	49.53 (23.91)	1:13.56 (24.03)	1:36.51 (22.95)	
38 Granada			1:36.13	1:36.78
1) Zeid, Waseem SO	2) Ridosko, Nathanael SO	3) Amador, Dylan FR	4) Caufield, Zackary SO	
24.35	46.73 (22.38)	1:12.19 (25.46)	1:36.78 (24.59)	
--- Clayton Valley Charter			1:29.33	DQ
1) Tanos, John SR	2) Castaneda, Diego FR	3) Stack, Jack SR	4) Canada, Shawn JR	
22.53	44.43 (21.90)	1:05.63 (21.20)	DQ (22.06)	
--- Terra Linda			1:33.93	DQ
1) Jessen, Soren FR	2) Chong, Andrew FR	3) Arindunque, Nicholas FR	4) Manwaring-Mueller, Leo JR	
24.81	47.63 (22.82)	1:10.88 (23.25)	DQ (23.64)	

## Event 19 Girls 100 Yard Backstroke

National HS:		50.89	U	2020	Phoebe Bacon		Boys (MD)		
NCS Meet:		52.86	N	1999	Natalie Coughlin		Carondelet		
Name	Yr	School	Prelim Time	Finals Time	Points				
<b>A - Final</b>									
1	Smith, Adriana	SO	Campolindo	56.01	54.27	20			
	26.32		54.27 (27.95)						
2	Barck, Emilia	SO	Campolindo	56.40	56.11	17			
	27.35		56.11 (28.76)						
3	Scheberies, Emily	JR	Monte Vista	56.42	56.62	16			
	26.96		56.62 (29.66)						
4	Piel, Annabel	JR	Athenian	56.41	57.04	15			
	28.22		57.04 (28.82)						
5	Farquhar, Natalie	SO	Cardinal Newman	56.28	57.19	14			
	28.05		57.19 (29.14)						
6	Mak, Natalie	FR	College Preparatory	56.71	57.40	13			
	27.85		57.40 (29.55)						
7	O'Connell, Madison	SO	Carondelet	57.11	57.81	12			
	28.34		57.81 (29.47)						
8	Suppiger, Sadie	FR	Acalanes	56.70	57.98	11			
	28.23		57.98 (29.75)						
<b>B - Final</b>									
9	Dangol, Ashley	FR	Albany	58.61	58.15	9			
	28.16		58.15 (29.99)						
10	Sevin, Charlotte	JR	California	57.67	58.63	7			
	28.91		58.63 (29.72)						
11	Hickey, Katherine	JR	Carondelet	58.95	58.72	6			
	28.24		58.72 (30.48)						
12	McIntyre, Kaley	FR	Novato	58.48	58.96	5			
	28.88		58.96 (30.08)						
*13	Arnold, Paige	JR	College Preparatory	59.65	59.31	3.50			
	29.11		59.31 (30.20)						
*13	Der, Kristin	SO	Foothill	59.28	59.31	3.50			
	29.13		59.31 (30.18)						

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## B - Final ... (Event 19 Girls 100 Yard Backstroke)

Name	Yr	School	Prelim Time	Finals Time	Points
15 Busquets, Layla	JR	Monte Vista	59.51	59.75	2
			28.77	59.75 (30.98)	
16 Xu, Chloe	SO	Foothill	59.70	1:00.00	1
			29.07	1:00.00 (30.93)	

## Event 19 Girls 100 Yard Backstroke

National HS: 50.89 U 2020

Phoebe Bacon

Boys (MD)

NCS Meet: 52.86 N 1999

Natalie Coughlin

Carondelet

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Smith, Adriana	SO	Campolindo	54.73	56.01
			27.52	56.01 (28.49)
2 Farquhar, Natalie	SO	Cardinal Newman	57.95	56.28
			27.23	56.28 (29.05)
3 Barck, Emilia	SO	Campolindo	56.59	56.40
			27.57	56.40 (28.83)
4 Piel, Annabel	JR	Athenian	55.83	56.41
			27.62	56.41 (28.79)
5 Scheberies, Emily	JR	Monte Vista	56.26	56.42
			27.02	56.42 (29.40)
6 Suppiger, Sadie	FR	Acalanes	57.45	56.70
			27.50	56.70 (29.20)
7 Mak, Natalie	FR	College Preparatory	56.76	56.71
			27.73	56.71 (28.98)
8 O'Connell, Madison	SO	Carondelet	58.58	57.11
			27.99	57.11 (29.12)
9 Sevin, Charlotte	JR	California	58.38	57.67
			15.96	57.67 (41.71)
10 McIntyre, Kaley	FR	Novato	57.59	58.48
			28.68	58.48 (29.80)
11 Dangol, Ashley	FR	Albany	58.76	58.61
			28.39	58.61 (30.22)
12 Hickey, Katherine	JR	Carondelet	59.59	58.95
			28.49	58.95 (30.46)
13 Der, Kristin	SO	Foothill	59.02	59.28
			28.86	59.28 (30.42)
14 Busquets, Layla	JR	Monte Vista	58.78	59.51
			28.37	59.51 (31.14)
15 Arnold, Paige	JR	College Preparatory	59.03	59.65
			29.06	59.65 (30.59)
16 Xu, Chloe	SO	Foothill	59.69	59.70
			29.23	59.70 (30.47)
17 Lee, Kennedy	SO	Maria Carrillo	59.62	59.90
			29.12	59.90 (30.78)
18 Appl, Mollie	SO	College Preparatory	59.79	59.92
			29.19	59.92 (30.73)
19 Kelly, Kyla	SR	Monte Vista	58.29	1:00.00
			28.89	1:00.00 (31.11)
*20 Gomez, Madelynn	SO	Carondelet	58.33	1:00.06
			29.04	1:00.06 (31.02)
*20 Chan, Cady	JR	Northgate	1:00.46	1:00.06
			28.84	1:00.06 (31.22)

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 19 Girls 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
22 Wight, Caroline	SR	San Ramon Valley	59.67	1:00.35
	28.79			1:00.35 (31.56)
23 Lin, Florence	JR	Amador Valley	58.76	1:00.45
	29.29			1:00.45 (31.16)
24 Brunetti, Natalia	SR	El Cerrito	1:00.72	1:00.51
	29.34			1:00.51 (31.17)
25 Davis, Audrey	SO	Carondelet	1:00.16	1:00.54
	29.42			1:00.54 (31.12)
26 Pettit, Olivia		Benicia	1:00.85	1:00.56
	29.69			1:00.56 (30.87)
27 Everage, Addison	FR	Tamalpais	1:00.22	1:01.10
	29.34			1:01.10 (31.76)
28 Stambaugh, Regan	SR	Campolindo	1:00.79	1:01.32
	29.94			1:01.32 (31.38)
29 Loiacono, Amelia	SO	Redwood	1:01.90	1:01.36
	29.90			1:01.36 (31.46)
30 Carlson, Gemma	SR	Las Lomas	1:01.45	1:01.41
	29.71			1:01.41 (31.70)
31 Bove, Natalie	SO	Campolindo	1:00.96	1:01.69
	30.01			1:01.69 (31.68)
32 Deng, Valentina	FR	Monte Vista	1:02.01	1:02.34
	30.04			1:02.34 (32.30)
33 Oesterer, Josephine	FR	Piedmont	1:01.59	1:02.36
	29.86			1:02.36 (32.50)
34 Clark, Grace	SR	Miramonte	1:00.36	1:02.38
	29.85			1:02.38 (32.53)
35 Senn, Ana	FR	San Ramon Valley	1:02.60	1:02.45
	30.52			1:02.45 (31.93)
36 Raghuraman, Medha	JR	Washington	1:01.98	1:02.47
	29.30			1:02.47 (33.17)
37 Claibourne, Summer	JR	Heritage	1:01.53	1:02.70
	30.14			1:02.70 (32.56)
38 Roncal, Katelyn		Dougherty Valley	1:01.81	1:03.17
	30.27			1:03.17 (32.90)
39 Silva, Alana	SO	Liberty	1:02.72	1:03.49
	30.80			1:03.49 (32.69)

## Event 20 Boys 100 Yard Backstroke

National HS:		45.34	U	2012	Ryan Murphy	Bolles (FL)		
NCS Meet:		46.33	N	2018	Jonah Cooper	Foothill		
Name	Yr	School	Prelim Time	Finals Time	Points			
<b>A - Final</b>								
1 Roder, Tommy	SR	De La Salle	49.74	48.74	20			
				23.72		48.74 (25.02)		
2 Huang, Edward	SO	American	49.17	49.00	17			
				23.57		49.00 (25.43)		
3 Gattnar, Marre	JR	Tamalpais	49.62	49.08	16			
				23.86		49.08 (25.22)		
4 Grove, Jacques	SR	Granada	50.51	49.57	15			
				24.37		49.57 (25.20)		
5 Lins, Simon	JR	Piedmont	50.41	49.64	14			
				23.82		49.64 (25.82)		
6 Iannaccone, Scott	JR	De La Salle	50.48	50.27	13			
				24.13		50.27 (26.14)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## A - Final ... (Event 20 Boys 100 Yard Backstroke)

Name	Yr	School	Prelim Time	Finals Time	Points
7 Matthews, Max	JR	Redwood	50.17	50.35	12
24.23		50.35 (26.12)			
8 Castaneda, Diego	FR	Clayton Valley Charter	50.89	51.11	11
24.81		51.11 (26.30)			
<b>B - Final</b>					
9 Swiggett, Luke	JR	Berkeley	51.49	51.37	9
25.12		51.37 (26.25)			
10 Li, Aden		Benicia	51.11	51.58	7
25.20		51.58 (26.38)			
11 Morris, Andrew	JR	Maria Carrillo	52.89	52.46	6
25.58		52.46 (26.88)			
12 Coleman, Riley	JR	San Ramon Valley	51.63	52.90	5
25.77		52.90 (27.13)			
13 Seybold, Sam	SO	San Ramon Valley	53.08	53.39	4
53.34		53.39 (0.05)			
14 Chang, Nicholas	SR	Head Royce	53.25	53.75	3
26.14		53.75 (27.61)			
15 Cesmat, Ryan	JR	De La Salle	52.82	54.26	2
25.53		54.26 (28.73)			
16 Mendelssohn, Jon	FR	Las Lomas	53.33	54.39	1
25.52		54.39 (28.87)			

## Event 20 Boys 100 Yard Backstroke

Name	Yr	School	Seed Time	Prelim Time
<b>National HS: 45.34 U 2012 Ryan Murphy Bolles (FL)</b>				
<b>NCS Meet: 46.33 N 2018 Jonah Cooper Foothill</b>				
<b>Preliminaries</b>				
1 Huang, Edward	SO	American	49.39	49.17
23.93		49.17 (25.24)		
2 Gattnar, Marre	JR	Tamalpais	49.80	49.62
23.99		49.62 (25.63)		
3 Roder, Tommy	SR	De La Salle	49.07	49.74
24.05		49.74 (25.69)		
4 Matthews, Max	JR	Redwood	52.33	50.17
24.56		50.17 (25.61)		
5 Lins, Simon	JR	Piedmont	50.91	50.41
23.92		50.41 (26.49)		
6 Iannaccone, Scott	JR	De La Salle	50.87	50.48
24.41		50.48 (26.07)		
7 Grove, Jacques	SR	Granada	52.50	50.51
24.58		50.51 (25.93)		
8 Castaneda, Diego	FR	Clayton Valley Charter	51.90	50.89
24.64		50.89 (26.25)		
9 Li, Aden		Benicia	51.72	51.11
24.71		51.11 (26.40)		
10 Swiggett, Luke	JR	Berkeley	53.30	51.49
25.02		51.49 (26.47)		
11 Coleman, Riley	JR	San Ramon Valley	52.81	51.63
25.10		51.63 (26.53)		
12 Cesmat, Ryan	JR	De La Salle	53.66	52.82
25.51		52.82 (27.31)		
13 Morris, Andrew	JR	Maria Carrillo	54.07	52.89
25.36		52.89 (27.53)		



## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 20 Boys 100 Yard Backstroke)

Name	Yr	School	Seed Time	Prelim Time
14 Seybold, Sam	SO	San Ramon Valley	52.98	53.08
25.90		53.08 (27.18)		
15 Chang, Nicholas	SR	Head Royce	52.58	53.25
25.74		53.25 (27.51)		
16 Mendelssohn, Jon	FR	Las Lomas	54.05	53.33
25.58		53.33 (27.75)		
17 Chang, Brendon	JR	Heritage	52.84	53.56
25.91		53.56 (27.65)		
18 Kann, Connor	SO	Foothill	53.96	53.76
26.13		53.76 (27.63)		
19 Giuliano, Jadon	SR	Heritage	53.63	53.86
26.54		53.86 (27.32)		
20 Ohrr, Benjamin	FR	Dublin	53.73	54.06
26.45		54.06 (27.61)		
21 Davis, Jack	JR	Granada	54.69	54.20
26.35		54.20 (27.85)		
22 Hayashi, Yuki	SO	Vintage	54.85	54.26
26.64		54.26 (27.62)		
23 Chivers, Garrett	FR	Campolindo	54.08	54.84
26.68		54.84 (28.16)		
24 Sherwood, Dax	SR	Miramonte	52.43	54.90
26.66		54.90 (28.24)		
25 Kannan, Amit	FR	San Ramon Valley	54.76	55.01
26.65		55.01 (28.36)		
*26 Liu, Darrell	JR	Dougherty Valley	56.28	55.14
26.93		55.14 (28.21)		
*26 Rohovit, Hunter	SO	Foothill	55.29	55.14
26.79		55.14 (28.35)		
28 Brewer, Brett	JR	Novato	55.26	55.46
27.04		55.46 (28.42)		
29 Rego, Nate	SR	Campolindo	56.53	55.93
27.21		55.93 (28.72)		
30 Temkin, West	SR	Campolindo	54.18	56.04
27.42		56.04 (28.62)		
31 Zener, Zachary	JR	College Preparatory	55.73	56.17
26.81		56.17 (29.36)		
32 Younger, Owen	SR	Campolindo	54.19	56.58
27.41		56.58 (29.17)		
33 Eubanks, Grant	JR	Acalanes	56.09	56.62
27.12		56.62 (29.50)		
34 Eilerman, Colin	JR	San Marin	55.91	56.63
27.84		56.63 (28.79)		
35 Canada, Shawn	JR	Clayton Valley Charter	56.19	57.26
28.02		57.26 (29.24)		
36 Conklin, Riley	SR	Tamalpais	56.30	57.32
28.10		57.32 (29.22)		
37 Manual, Michael	JR	Northgate	56.06	57.68
27.66		57.68 (30.02)		
38 Valladares, Rowen	SO	American Canyon	56.49	58.20
28.27		58.20 (29.93)		
--- Tovani, Nick	SO	San Ramon Valley	55.67	DFS

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Event 21 Girls 100 Yard Breaststroke

National HS: 58.35 U 2020

Kaitlyn Dober

Aloha (OR)

NCS Meet: 58.75 N 2009

Kasey Carlson

Las Lomas

Name	Yr	School	Prelim Time	Finals Time	Points
<b>A - Final</b>					
1 Herscu, Abigail		SR Granada	1:02.30	1:02.15	20
29.54		1:02.15 (32.61)			
2 Mellott, Raya		FR San Ramon Valley	1:03.10	1:02.52	17
30.27		1:02.52 (32.25)			
3 Gregory, Kayla		JR San Ramon Valley	1:03.57	1:03.06	16
29.76		1:03.06 (33.30)			
4 Lockyer, Hannah		SR Monte Vista	1:03.61	1:04.29	15
29.88		1:04.29 (34.41)			
5 Harris, Breuklynn		JR Foothill	1:04.94	1:04.40	14
30.36		1:04.40 (34.04)			
6 Ly, Meghan		SO Mission San Jose	1:04.54	1:04.99	13
30.81		1:04.99 (34.18)			
7 Thompson, Sydney		SO Alameda	1:05.17	1:05.24	12
31.20		1:05.24 (34.04)			
8 Hemige, Pooja		JR Monte Vista	1:05.37	1:05.64	11
30.02		1:05.64 (35.62)			
<b>B - Final</b>					
9 Ryan, Anna		SR Monte Vista	1:07.21	1:05.53	9
30.79		1:05.53 (34.74)			
10 West, Madi		JR West County	1:05.56	1:05.97	7
31.13		1:05.97 (34.84)			
11 Solomon, Mia		JR Redwood	1:05.89	1:06.31	6
31.11		1:06.31 (35.20)			
12 Ling, Elayna		FR Amador Valley	1:06.06	1:06.42	5
31.10		1:06.42 (35.32)			
13 Tarantino, Holly		JR Marin Catholic	1:06.83	1:06.67	4
31.30		1:06.67 (35.37)			
14 Capelli, Aria		SO Athenian	1:06.38	1:06.89	3
31.78		1:06.89 (35.11)			
15 Gregory, Hayley		SO San Ramon Valley	1:06.82	1:07.36	2
31.82		1:07.36 (35.54)			
16 Gyorkos, Emma		FR Washington	1:06.95	1:07.43	1
31.94		1:07.43 (35.49)			

## Event 21 Girls 100 Yard Breaststroke

National HS: 58.35 U 2020

Kaitlyn Dober

Aloha (OR)

NCS Meet: 58.75 N 2009

Kasey Carlson

Las Lomas

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Herscu, Abigail		SR Granada	1:03.42	1:02.30
29.83		1:02.30 (32.47)		
2 Mellott, Raya		FR San Ramon Valley	1:04.85	1:03.10
30.61		1:03.10 (32.49)		
3 Gregory, Kayla		JR San Ramon Valley	1:03.36	1:03.57
30.27		1:03.57 (33.30)		
4 Lockyer, Hannah		SR Monte Vista	1:06.07	1:03.61
29.83		1:03.61 (33.78)		
5 Ly, Meghan		SO Mission San Jose	1:05.51	1:04.54
31.47		1:04.54 (33.07)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 21 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time
6 Harris, Breuklynn	JR	Foothill	1:04.01	1:04.94
30.53				1:04.94 (34.41)
7 Thompson, Sydney	SO	Alameda	1:06.41	1:05.17
31.60				1:05.17 (33.57)
8 Hemige, Pooja	JR	Monte Vista	1:06.05	1:05.37
30.05				1:05.37 (35.32)
9 West, Madi	JR	West County	1:06.67	1:05.56
30.65				1:05.56 (34.91)
10 Solomon, Mia	JR	Redwood	1:04.72	1:05.89
31.49				1:05.89 (34.40)
11 Ling, Elayna	FR	Amador Valley	1:05.39	1:06.06
31.14				1:06.06 (34.92)
12 Capelli, Aria	SO	Athenian	1:07.24	1:06.38
31.45				1:06.38 (34.93)
13 Gregory, Hayley	SO	San Ramon Valley	1:06.78	1:06.82
31.49				1:06.82 (35.33)
14 Tarantino, Holly	JR	Marin Catholic	1:06.27	1:06.83
31.24				1:06.83 (35.59)
15 Gyorkos, Emma	FR	Washington	1:07.44	1:06.95
31.43				1:06.95 (35.52)
16 Ryan, Anna	SR	Monte Vista	1:07.62	1:07.21
31.62				1:07.21 (35.59)
17 Doan, Tran	FR	Washington	1:07.10	1:07.25
31.78				1:07.25 (35.47)
18 Hawkins, Maggie	SR	Campolindo	1:07.49	1:07.44
32.56				1:07.44 (34.88)
19 Honey, Katie	SR	Petaluma	1:10.23	1:07.47
31.72				1:07.47 (35.75)
20 Vitek, Sophia	SR	Albany	1:08.21	1:07.57
31.92				1:07.57 (35.65)
21 Grani, Skylar	SO	Monte Vista	1:07.35	1:07.80
31.85				1:07.80 (35.95)
22 Uhlhorn-Thornton, Isabella	SR	Tamalpais	1:06.93	1:08.20
31.97				1:08.20 (36.23)
23 Canada, Maya	SO	Clayton Valley Charter	1:07.66	1:08.22
32.02				1:08.22 (36.20)
24 Shamia, Charlotte	FR	Head Royce	1:08.00	1:08.56
32.02				1:08.56 (36.54)
25 Hutchinson, Dylan	SR	Fort Bragg	1:08.35	1:08.63
32.58				1:08.63 (36.05)
26 Wong, Haylee	FR	Clayton Valley Charter	1:07.76	1:08.89
32.45				1:08.89 (36.44)
27 Chekurova, Vlada	FR	Northgate	1:08.26	1:09.06
32.76				1:09.06 (36.30)
28 Sharp, Alena	SR	Archie Williams	1:06.16	1:09.27
32.33				1:09.27 (36.94)
29 Sullivan, Emma	SR	Carondelet	1:07.37	1:09.65
32.76				1:09.65 (36.89)
30 Koller, Brooke	FR	Carondelet	1:08.99	1:09.66
33.22				1:09.66 (36.44)
31 Zaydman, Alyssa	SR	Castro Valley	1:09.24	1:10.31
33.24				1:10.31 (37.07)

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 21 Girls 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time
32 Sarup, Namya	FR	Amador Valley	1:10.02	1:10.43
33.49				1:10.43 (36.94)
33 Martinez, Amara	JR	College Park	1:10.65	1:10.66
32.42				1:10.66 (38.24)
34 Shane, Emma	FR	Campolindo	1:09.41	1:10.99
33.72				1:10.99 (37.27)
35 Holunga, Saveta	FR	Granada	1:09.65	1:11.19
33.16				1:11.19 (38.03)
36 Dulski, Ella	SR	Miramonte	1:09.53	1:11.59
33.27				1:11.59 (38.32)
37 Hoffman, Hannah	JR	Grace Christian Academy	1:10.80	1:12.29
33.49				1:12.29 (38.80)
38 Wong, Kobi		Dougherty Valley	1:10.59	1:12.81
33.17				1:12.81 (39.64)
39 Harrison, Remy	FR	Sonoma Valley	1:08.92	1:14.69
34.95				1:14.69 (39.74)
--- Lucchesi, Rosie	JR	Terra Linda	1:10.58	NS

## Event 22 Boys 100 Yard Breaststroke

National HS:		51.16	U	2018	Reece Whitley	Penn Charter (PA			
NCS Meet:		53.39	N	2013	Steven Stumph	Campolindo			
Name	Yr	School	Prelim Time	Finals Time	Points				
<b>A - Final</b>									
1 Yavuzer-Judd, Theoden	SR	Campolindo	56.91	56.65	20				
26.95				56.65 (29.70)					
2 Green, Gavin	FR	Redwood	58.23	57.10	17				
26.69				57.10 (30.41)					
3 Seybold, Alex	SR	San Ramon Valley	57.43	57.13	16				
27.20				57.13 (29.93)					
4 Levy, Nathan	JR	Campolindo	57.23	57.37	15				
27.41				57.37 (29.96)					
5 Laymon, Tyler	JR	De La Salle	58.02	57.63	14				
27.37				57.63 (30.26)					
6 Ryan, Brendan	SR	De La Salle	57.55	58.35	13				
27.41				58.35 (30.94)					
7 Mohrland, Jacob	JR	Northgate	57.96	58.58	12				
27.47				58.58 (31.11)					
8 Cueva, Gabriel	JR	American Canyon	58.61	58.70	11				
27.65				58.70 (31.05)					
<b>B - Final</b>									
9 Solorzano, Tulio	SR	Las Lomas	59.25	59.43	9				
27.78				59.43 (31.65)					
10 Puthuff, Tony	SR	De La Salle	1:00.61	1:00.16	7				
28.35				1:00.16 (31.81)					
11 Huang, Joey	SR	Dublin	1:00.36	1:00.47	6				
28.45				1:00.47 (32.02)					
12 Vuong, Julian	JR	College Preparatory	1:00.23	1:00.60	5				
28.55				1:00.60 (32.05)					
13 Milasincic, Jax	SO	California	1:00.07	1:00.61	4				
28.00				1:00.61 (32.61)					
14 Ruy, William	JR	Dougherty Valley	1:00.43	1:00.71	3				
28.57				1:00.71 (32.14)					
15 Ta, Aidan	SO	Mission San Jose	1:00.61	1:01.97	2				
28.93				1:01.97 (33.04)					

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## B - Final ... (Event 22 Boys 100 Yard Breaststroke)

Name	Yr	School	Prelim Time	Finals Time	Points
--- Dwidar, Yassin	JR	Foothill	59.26	DQ	
27.99		DQ (31.04)			

## Event 22 Boys 100 Yard Breaststroke

National HS: 51.16 U 2018

Reece Whitley

Penn Charter (PA

NCS Meet: 53.39 N 2013

Steven Stumph

Campolindo

Name	Yr	School	Seed Time	Prelim Time
<b>Preliminaries</b>				
1 Yavuzer-Judd, Theoden	SR	Campolindo	58.35	56.91
27.06		56.91 (29.85)		
2 Levy, Nathan	JR	Campolindo	58.24	57.23
27.23		57.23 (30.00)		
3 Seybold, Alex	SR	San Ramon Valley	57.82	57.43
26.81		57.43 (30.62)		
4 Ryan, Brendan	SR	De La Salle	59.53	57.55
27.33		57.55 (30.22)		
5 Mohrland, Jacob	JR	Northgate	58.42	57.96
27.15		57.96 (30.81)		
6 Laymon, Tyler	JR	De La Salle	58.01	58.02
27.52		58.02 (30.50)		
7 Green, Gavin	FR	Redwood	58.09	58.23
27.00		58.23 (31.23)		
8 Cueva, Gabriel	JR	American Canyon	59.30	58.61
27.73		58.61 (30.88)		
9 Solorzano, Tulio	SR	Las Lomas	58.76	59.25
28.06		59.25 (31.19)		
10 Dwidar, Yassin	JR	Foothill	59.83	59.26
28.06		59.26 (31.20)		
11 Milasincic, Jax	SO	California	59.79	1:00.07
27.42		1:00.07 (32.65)		
12 Vuong, Julian	JR	College Preparatory	1:00.64	1:00.23
28.27		1:00.23 (31.96)		
13 Huang, Joey	SR	Dublin	1:00.51	1:00.36
28.30		1:00.36 (32.06)		
14 Ruy, William	JR	Dougherty Valley	1:00.47	1:00.43
28.25		1:00.43 (32.18)		
*15 Puthuff, Tony	SR	De La Salle	1:00.49	1:00.61
29.11		1:00.61 (31.50)		
*15 Ta, Aidan	SO	Mission San Jose	1:02.17	1:00.61
28.90		1:00.61 (31.71)		
17 Larsen, Matthew	SR	Vintage	1:01.70	1:00.69
28.47		1:00.69 (32.22)		
18 Arinduque, Nicholas	FR	Terra Linda	1:00.65	1:00.71
28.38		1:00.71 (32.33)		
19 Manual, Marcus	FR	Northgate	1:01.52	1:00.93
28.92		1:00.93 (32.01)		
20 Cao, Khang	SR	Newark Memorial	1:00.70	1:01.17
29.34		1:01.17 (31.83)		
21 Sutedja, Colin	SR	Castro Valley	1:01.96	1:01.36
29.10		1:01.36 (32.26)		
22 Tse, Donavan	SO	American	1:00.68	1:01.62
28.88		1:01.62 (32.74)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 22 Boys 100 Yard Breaststroke)

Name	Yr	School	Seed Time	Prelim Time
23 Rosales, Adrian	SO	Newark Memorial	1:02.42	1:01.85
29.04		1:01.85 (32.81)		
24 Alvarez, Eliot	SR	San Leandro	1:01.54	1:01.92
28.88		1:01.92 (33.04)		
25 Thelen, Cooper	SR	Novato	1:01.09	1:02.03
29.00		1:02.03 (33.03)		
26 Padillo, Sean	SR	San Marin	1:01.12	1:02.06
29.49		1:02.06 (32.57)		
27 O'Hare, Hayden	FR	Campolindo	1:01.45	1:02.10
29.13		1:02.10 (32.97)		
*28 Smith, Parker	SO	Campolindo	1:02.10	1:02.21
29.57		1:02.21 (32.64)		
*28 Yee, Tyler	FR	Heritage	1:01.84	1:02.21
29.23		1:02.21 (32.98)		
30 Lewis, Daniel	SO	Northgate	1:02.22	1:02.26
29.65		1:02.26 (32.61)		
31 Kan, Sammy	SO	Monte Vista	1:00.10	1:02.27
28.42		1:02.27 (33.85)		
32 Wang, Julian	SR	California	1:01.54	1:02.34
29.15		1:02.34 (33.19)		
33 Nguyen-Trong, Thanh-Long	JR	Encinal	1:02.36	1:02.59
30.21		1:02.59 (32.38)		
34 Molitor, Garrett	FR	Athenian	1:02.35	1:02.69
29.42		1:02.69 (33.27)		
35 Kaci, Sami	FR	Alameda	1:02.39	1:02.70
29.45		1:02.70 (33.25)		
36 Golan, Dylan	SR	Northgate	1:02.38	1:02.77
29.06		1:02.77 (33.71)		
37 Stanton, Soren	SR	College Park	1:02.32	1:02.99
29.44		1:02.99 (33.55)		
38 Galabow, Jacob	JR	Las Lomas	1:02.71	1:03.34
29.94		1:03.34 (33.40)		
--- Bai, Richard	JR	Amador Valley	1:02.77	NS

## Event 23 Girls 400 Yard Freestyle Relay

National HS: 3:15.38 U 2015

Carmel (IN)

Carmel (IN)

V. Burchill, Adams, Smith, Bilquist

NCS Meet: 3:20.42 N 2013

Carondelet

Carondelet

C. Chenault, N. Amberg, M. Murphy, M. White

Team	Relay	Prelim Time	Finals Time	Points
<b>A - Final</b>				
1 Campolindo		3:30.89	3:25.92	40
1) Barck, Emilia SO	2) Blackwell, Madison SO	3) Fok, Jasmine SO	4) Smith, Adriana SO	
25.17	51.61 (51.61)	1:16.67 (25.06)	1:43.56 (51.95)	
2:08.32 (24.76)	2:35.34 (51.78)	2:59.48 (24.14)	3:25.92 (50.58)	
2 Carondelet		3:33.18	3:28.11	34
1) Sharma, Annika SO	2) Aiken, Natalie SO	3) Butler, Elisabeth SO	4) Iannaccone, Stephanie SR	
25.20	52.45 (52.45)	1:17.01 (24.56)	1:44.90 (52.45)	
2:09.45 (24.55)	2:36.44 (51.54)	3:01.22 (24.78)	3:28.11 (51.67)	
3 College Preparatory		3:30.84	3:30.80	32
1) Griscavage, Sydney SR	2) Mak, Natalie FR	3) Appl, Mollie SO	4) Arnold, Paige JR	
24.83	51.68 (51.68)	1:17.14 (25.46)	1:44.72 (53.04)	
2:10.31 (25.59)	2:38.58 (53.86)	3:03.68 (25.10)	3:30.80 (52.22)	

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## A - Final ... (Event 23 Girls 400 Yard Freestyle Relay)

Team	Relay		Prelim Time	Finals Time	Points
4 Monte Vista			3:33.12	3:31.31	30
1) Quon, Genesee SO	2) VonderAhe, Addy FR	3) Ryan, Anna SR	4) Callison, Gretta JR		
25.08	53.25 (53.25)	1:18.06 (24.81)	1:45.23 (51.98)		
2:10.57 (25.34)	2:39.08 (53.85)	3:03.89 (24.81)	3:31.31 (52.23)		
5 Las Lomas			3:34.88	3:33.36	28
1) Snyder, Amelia SR	2) Claus, Kate SR	3) Cortessis, Ashley SR	4) Statler, Nina SR		
25.26	52.37 (52.37)	1:18.80 (26.43)	1:48.03 (55.66)		
2:13.94 (25.91)	2:42.60 (54.57)	3:07.10 (24.50)	3:33.36 (50.76)		
6 Acalanes			3:34.97	3:34.96	26
1) Waechter, Lila JR	2) MacKay, Sophi JR	3) Archer, Sara JR	4) Suppiger, Sadie FR		
26.19	54.64 (54.64)	1:19.34 (24.70)	1:47.19 (52.55)		
2:13.15 (25.96)	2:41.88 (54.69)	3:07.02 (25.14)	3:34.96 (53.08)		
7 Amador Valley			3:37.19	3:35.45	24
1) Kim, Olivia SR	2) Lin, Florence JR	3) Goldstein, Sydney FR	4) Jhong, Lauren SR		
26.23	54.00 (54.00)	1:20.09 (26.09)	1:48.32 (54.32)		
2:13.70 (25.38)	2:41.75 (53.43)	3:07.28 (25.53)	3:35.45 (53.70)		
8 Northgate			3:39.19	3:35.79	22
1) Struempf, Lillian SO	2) Chan, Cady JR	3) Chekurova, Vlada FR	4) Lund, Alyssa SR		
25.78	53.42 (53.42)	1:19.45 (26.03)	1:49.52 (56.10)		
2:15.23 (25.71)	2:43.68 (54.16)	3:08.22 (24.54)	3:35.79 (52.11)		
<b>B - Final</b>					
9 Dublin			3:43.45	3:39.96	18
1) Nguyen, Hannah JR	2) Stickler, Piper SR	3) Nothelfer, Paige SO	4) Lee, Kaitlin SO		
24.95	53.66 (53.66)	1:20.35 (26.69)	1:49.35 (55.69)		
2:15.96 (26.61)	2:46.17 (56.82)	3:12.18 (26.01)	3:39.96 (53.79)		
10 San Ramon Valley			3:43.72	3:41.42	14
1) Tseng, Ava SO	2) Gregory, Hayley SO	3) Wight, Caroline SR	4) Widmer, Ashlyn JR		
26.64	57.23 (57.23)	1:22.10 (24.87)	1:50.92 (53.69)		
2:16.68 (25.76)	2:46.47 (55.55)	3:12.86 (26.39)	3:41.42 (54.95)		
11 Redwood			3:41.88	3:41.70	12
1) Kallmeyer, Gwen FR	2) Loiacono, Amelia SO	3) DeForrest, Kate SO	4) Fee, Emily FR		
26.74	55.70 (55.70)	1:22.06 (26.36)	1:50.46 (54.76)		
2:17.00 (26.54)	2:45.71 (55.25)	3:12.23 (26.52)	3:41.70 (55.99)		
12 Benicia			3:43.76	3:43.50	10
1) Grant, Alexandra	2) Roth, Sophia	3) Pettit, Olivia	4) Gomez, Mikaela FR		
27.20	55.99 (55.99)	1:22.71 (26.72)	1:53.08 (57.09)		
2:19.56 (26.48)	2:49.52 (56.44)	3:14.97 (25.45)	3:43.50 (53.98)		
13 Heritage			3:46.53	3:44.00	8
1) Avalos Paz, Maria SR	2) Claibourne, Summer JR	3) Ogden, Megan FR	4) Avalos Paz, Natalia SO		
26.81	56.05 (56.05)	1:22.75 (26.70)	1:53.18 (57.13)		
2:19.62 (26.44)	2:48.91 (55.73)	3:15.24 (26.33)	3:44.00 (55.09)		
14 Dougherty Valley			3:45.59	3:44.13	6
1) Chu, Zoe JR	2) Ma, Zoe SR	3) Correia, Emily SR	4) Han, Sarah SR		
26.75	56.60 (56.60)	1:22.61 (26.01)	1:51.42 (54.82)		
2:18.17 (26.75)	2:47.74 (56.32)	3:14.32 (26.58)	3:44.13 (56.39)		
15 Miramonte			3:42.24	3:44.14	4
1) Hearey, Bea FR	2) Stryker, Natalie JR	3) Cherry, Petra JR	4) Clark, Grace SR		
26.91	56.88 (56.88)	1:22.40 (25.52)	1:51.80 (54.92)		
2:18.56 (26.76)	2:49.20 (57.40)	3:15.22 (26.02)	3:44.14 (54.94)		
--- California			3:46.13	DQ	
1) Gee, Samantha SO		3) Lewis, Sienna JR	4) Sevin, Charlotte JR		
27.01	55.62 (55.62)	1:22.39 (26.77)	1:55.88 (1:00.26)		
2:19.19 (23.31)	2:48.70 (52.82)	3:15.35 (26.65)	DQ (55.91)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Event 23 Girls 400 Yard Freestyle Relay

National HS: 3:15.38 U 2015

Carmel (IN)

Carmel (IN)

NCS Meet: 3:20.42 N 2013

V. Burchill, Adams, Smith, Bilquist

Carondelet

Carondelet

C. Chenault, N. Amberg, M. Murphy, M. White

Team	Relay	Seed Time	Prelim Time
<b>Preliminaries</b>			
1 College Preparatory		3:32.29	3:30.84
1) Griscavage, Sydney SR	2) Appl, Mollie SO	3) Mak, Natalie FR	4) Arnold, Paige JR
24.67	51.43 (51.43)	1:17.17 (25.74)	1:45.39 (53.96)
2:10.92 (25.53)	2:38.70 (53.31)	3:03.65 (24.95)	3:30.84 (52.14)
2 Campolindo		3:26.66	3:30.89
1) Fok, Jasmine SO	2) Fok, Lexi SR	3) Le-Nguyen, Audrey JR	4) Levenfeld, Kaia JR
25.51	52.19 (52.19)	1:17.53 (25.34)	1:45.09 (52.90)
2:10.41 (25.32)	2:39.41 (54.32)	3:02.94 (23.53)	3:30.89 (51.48)
3 Monte Vista		3:30.83	3:33.12
1) Quon, Genesee SO	2) Scheberies, Emily JR	3) Kan, Madeleine SR	4) VonderAhe, Addy FR
25.34	53.37 (53.37)	1:18.98 (25.61)	1:46.75 (53.38)
2:12.31 (25.56)	2:40.04 (53.29)	3:05.01 (24.97)	3:33.12 (53.08)
4 Carondelet		3:29.71	3:33.18
1) Butler, Elisabeth SO	2) Seib, Airi JR	3) Dumais, Claudia JR	4) Aiken, Natalie SO
25.31	52.98 (52.98)	1:18.57 (25.59)	1:51.97 (58.99)
2:11.90 (19.93)	2:40.06 (48.09)	3:05.33 (25.27)	3:33.18 (53.12)
5 Las Lomas		3:33.87	3:34.88
1) Snyder, Amelia SR	2) Carlson, Gemma SR	3) Cortessis, Ashley SR	4) Statler, Nina SR
25.29	52.41 (52.41)	1:18.96 (26.55)	1:48.50 (56.09)
2:14.75 (26.25)	2:43.64 (55.14)	3:08.00 (24.36)	3:34.88 (51.24)
6 Acalanes		3:35.95	3:34.97
1) Waechter, Lila JR	2) MacKay, Sophi JR	3) Archer, Sara JR	4) Suppiger, Sadie FR
26.23	55.02 (55.02)	1:20.31 (25.29)	1:47.69 (52.67)
2:13.85 (26.16)	2:42.65 (54.96)	3:07.35 (24.70)	3:34.97 (52.32)
7 Amador Valley		3:37.14	3:37.19
1) Lin, Florence JR	2) Jhong, Lauren SR	3) Goldstein, Sydney FR	4) Kim, Olivia SR
25.97	54.55 (54.55)	1:21.01 (26.46)	1:49.51 (54.96)
2:15.44 (25.93)	2:43.53 (54.02)	3:09.24 (25.71)	3:37.19 (53.66)
8 Northgate		3:35.99	3:39.19
1) Struempf, Lillian SO	2) Chan, Cady JR	3) Chekurova, Vlada FR	4) Lund, Alyssa SR
25.93	53.54 (53.54)	1:20.33 (26.79)	1:49.61 (56.07)
2:16.95 (27.34)	2:46.49 (56.88)	3:11.24 (24.75)	3:39.19 (52.70)
9 Redwood		3:40.19	3:41.88
1) Kallmeyer, Gwen FR	2) Loiacono, Amelia SO	3) DeForrest, Kate SO	4) Fee, Emily FR
26.65	55.39 (55.39)	1:21.69 (26.30)	1:50.05 (54.66)
2:16.45 (26.40)	2:45.70 (55.65)	3:12.16 (26.46)	3:41.88 (56.18)
10 Miramonte		3:38.97	3:42.24
1) Hearey, Bea FR	2) Clark, Grace SR	3) Meyers, Paige SR	4) Stryker, Natalie JR
26.84	56.60 (56.60)	1:22.96 (26.36)	1:52.16 (55.56)
2:19.22 (27.06)	2:48.76 (56.60)	3:13.57 (24.81)	3:42.24 (53.48)
11 Dublin		3:44.57	3:43.45
1) Nguyen, Hannah JR	2) Stickler, Piper SR	3) Nothelfer, Paige SO	4) Lee, Kaitlin SO
26.37	55.16 (55.16)	1:22.48 (27.32)	1:52.26 (57.10)
2:19.06 (26.80)	2:49.39 (57.13)	3:15.30 (25.91)	3:43.45 (54.06)
12 San Ramon Valley		3:43.65	3:43.72
1) Tseng, Ava SO	2) Gregory, Hayley SO	3) Wight, Caroline SR	4) Widmer, Ashlyn JR
26.54	55.72 (55.72)	1:22.74 (27.02)	1:52.20 (56.48)
2:18.37 (26.17)	2:47.54 (55.34)	3:14.53 (26.99)	3:43.72 (56.18)



## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)

Team	Relay		Seed Time	Prelim Time
13 Benicia			3:48.29	3:43.76
1) Gomez, Mikaela FR	2) Roth, Sophia	3) Pettit, Olivia	4) Grant, Alexandra	
25.87	53.89 (53.89)	1:20.64 (26.75)	1:51.00 (57.11)	
2:17.59 (26.59)	2:47.99 (56.99)	3:14.98 (26.99)	3:43.76 (55.77)	
14 Dougherty Valley			3:51.81	3:45.59
1) Ma, Zoe SR	2) Correia, Emily SR	3) Han, Sarah SR	4) Chu, Zoe JR	
26.61	55.79 (55.79)	1:22.66 (26.87)	1:52.39 (56.60)	
2:19.06 (26.67)	2:49.12 (56.73)	3:15.29 (26.17)	3:45.59 (56.47)	
15 California			3:46.79	3:46.13
1) Gee, Samantha SO	2) Lewis, Sienna JR	3) Matek, Kylie JR	4) Sevin, Charlotte JR	
26.85	57.63 (57.63)	1:24.28 (26.65)	1:53.85 (56.22)	
2:20.71 (26.86)	2:51.51 (57.66)	3:17.51 (26.00)	3:46.13 (54.62)	
16 Heritage			3:45.74	3:46.53
1) Avalos Paz, Maria SR	2) Claibourne, Summer JR	3) Ogden, Megan FR	4) Avalos Paz, Natalia SO	
27.72	57.15 (57.15)	1:24.32 (27.17)	1:54.50 (57.35)	
2:21.28 (26.78)	2:50.44 (55.94)	3:17.50 (27.06)	3:46.53 (56.09)	
17 Washington			3:45.28	3:46.92
1) Stewart, Maddy JR	2) Gilbert, Sarah SO	3) Bandyopadhyay, Shristi SO	4) Raghuraman, Medha JR	
27.44	57.46 (57.46)	1:24.19 (26.73)	1:53.86 (56.40)	
2:20.47 (26.61)	2:51.21 (57.35)	3:17.58 (26.37)	3:46.92 (55.71)	
18 Castro Valley			3:46.20	3:47.15
1) Zaydman, Alyssa SR	2) Arakawa, Corinne FR	3) Mi, Jennifer JR	4) Li, Samantha JR	
27.06	57.48 (57.48)	1:25.40 (27.92)	1:57.39 (59.91)	
2:23.86 (26.47)	2:54.56 (57.17)	3:19.51 (24.95)	3:47.15 (52.59)	
19 Marin Academy			3:44.64	3:47.16
1) Wu, Katherine JR	2) Kosmowski, Ali FR	3) Reichley, Gabby FR	4) Chiang, Audrey JR	
27.86	57.89 (57.89)	1:24.37 (26.48)	1:53.68 (55.79)	
2:20.28 (26.60)	2:49.88 (56.20)	3:17.06 (27.18)	3:47.16 (57.28)	
20 Tamalpais			3:50.02	3:48.53
1) Emison, Avery SR	2) Pashman, Lily JR	3) Everage, Addison FR	4) Uhlhorn-Thornton, Isabella SR	
27.71	57.77 (57.77)	1:24.49 (26.72)	1:56.30 (58.53)	
2:22.80 (26.50)	2:51.50 (55.20)	3:18.32 (26.82)	3:48.53 (57.03)	
21 Piedmont			4:02.42	3:49.11
1) Rolefson, Taylor SO	2) Ten Grotenhuis, Sonja JR	3) Oesterer, Josephine FR	4) Payne, Madeline FR	
26.50	55.59 (55.59)	1:22.33 (26.74)	1:52.72 (57.13)	
2:19.94 (27.22)	2:49.52 (56.80)	3:17.68 (28.16)	3:49.11 (59.59)	
22 College Park			3:45.98	3:49.51
1) Gorniytzki, Anna SO	2) Martinez, Amara JR	3) Gorniytzki, Eva FR	4) Horcizia, Elsa SO	
26.84	56.74 (56.74)	1:23.44 (26.70)	1:53.98 (57.24)	
2:21.17 (27.19)	2:51.39 (57.41)	3:19.15 (27.76)	3:49.51 (58.12)	
23 Livermore			3:56.10	3:50.10
1) Schwabenland, Cheryl JR	2) Mackinnon, Claire SO	3) Combittis, Annelyse SR	4) Pettit, Britany SR	
28.39	58.67 (58.67)	1:28.00 (29.33)	2:00.03 (1:01.36)	
2:26.96 (26.93)	2:57.08 (57.05)	3:22.78 (25.70)	3:50.10 (53.02)	
24 American Canyon			3:55.61	3:50.62
1) Zipay, Holly SR	2) Sapida, Abigayle SO	3) Perseveranda, Keona SO	4) Valladares, Alejandra SO	
26.99	57.81 (57.81)	1:25.60 (27.79)	1:56.17 (58.36)	
2:24.01 (27.84)	2:55.25 (59.08)	3:21.15 (25.90)	3:50.62 (55.37)	
25 Clayton Valley Charter			3:54.63	3:51.05
1) Meyerson, Amanda SR	2) Fuentes, Allison SO	3) Adent, Abigail FR	4) Kougiolis, Gianna SO	
27.50	58.86 (58.86)	1:25.90 (27.04)	1:57.03 (58.17)	
2:24.05 (27.02)	2:54.59 (57.56)	3:21.21 (26.62)	3:51.05 (56.46)	

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 23 Girls 400 Yard Freestyle Relay)

Team	Relay			Seed Time	Prelim Time
26 Berkeley				4:00.65	3:51.93
1) Maninetti, Marta FR	2) Smyth, Brianna JR	3) Rubin-Saika, Isabel SR	4) Magdlaeno, Zuleika SR		
27.94	59.18 (59.18)	1:25.05 (25.87)	1:54.77 (55.59)		
2:22.50 (27.73)	2:54.87 (1:00.10)	3:21.88 (27.01)	3:51.93 (57.06)		
27 Santa Rosa				3:52.88	3:52.23
1) Mensch, Nora JR	2) Baldenegro, Sofia SR	3) Sanchez, Ruby SR	4) Lewis, Alexis JR		
28.90	59.71 (59.71)	1:27.91 (28.20)	1:59.29 (59.58)		
2:27.37 (28.08)	2:57.78 (58.49)	3:23.75 (25.97)	3:52.23 (54.45)		
28 Marin Catholic				3:51.24	3:52.46
1) Hemsworth, Audrey JR	2) Slaught, Hannah JR	3) Kooy, Alyssa SO	4) Zhou, Alisa JR		
28.34	59.07 (59.07)	1:25.91 (26.84)	1:57.24 (58.17)		
2:24.87 (27.63)	2:55.64 (58.40)	3:22.26 (26.62)	3:52.46 (56.82)		
29 Novato				3:53.85	3:52.51
1) McIntyre, Kaley FR	2) Zavala, Annette SR	3) Ross, Amanda JR	4) Garvey Miller, Tessa FR		
25.63	53.42 (53.42)	1:22.37 (28.95)	1:54.79 (1:01.37)		
2:22.75 (27.96)	2:54.92 (1:00.13)	3:22.33 (27.41)	3:52.51 (57.59)		
30 Bishop O'Dowd				3:55.22	3:53.05
1) Kuhn, Zoe SO	2) Park, Imogene JR	3) Corbett, Sofia FR	4) Martinic, Carolina JR		
25.94	53.98 (53.98)	1:22.44 (28.46)	1:54.01 (1:00.03)		
2:21.99 (27.98)	2:53.77 (59.76)	3:21.55 (27.78)	3:53.05 (59.28)		
31 James Logan				4:00.68	3:54.04
1) D'Amelio, Angela SO	2) Len, Sidney SR	3) Kiang, Bethany SO	4) Lowe, Sophie FR		
27.66	56.92 (56.92)	1:25.04 (28.12)	1:57.75 (1:00.83)		
2:26.34 (28.59)	2:58.12 (1:00.37)	3:25.20 (27.08)	3:54.04 (55.92)		
32 San Marin				3:57.45	3:54.15
1) Owens, Julia FR	2) French, Miya SR	3) Thompson, Krittinee FR	4) Padillo, Danielle JR		
28.57	58.86 (58.86)	1:25.23 (26.37)	1:54.13 (55.27)		
2:22.92 (28.79)	2:55.22 (1:01.09)	3:23.30 (28.08)	3:54.15 (58.93)		
33 Archie Williams				3:53.79	3:54.18
1) Samlihan, Isobel SO	2) Hinkelman, Avery FR	3) Peter-Frank, Mahala SR	4) Wahlstrom, Ingrid SO		
27.96	59.44 (59.44)	1:27.81 (28.37)	1:59.00 (59.56)		
2:27.13 (28.13)	2:59.50 (1:00.50)	3:24.40 (24.90)	3:54.18 (54.68)		
34 Mission San Jose				3:49.91	3:55.01
1) Nguyen, Megan FR	2) Pham, Nicole JR	3) Patnaik, Bhavya SR	4) Yu, Kailyn SR		
28.19	58.16 (58.16)	1:25.96 (27.80)	1:56.60 (58.44)		
2:25.19 (28.59)	2:58.63 (1:02.03)	3:24.96 (26.33)	3:55.01 (56.38)		
35 San Domenico				3:58.87	3:55.60
1) Ott, Lilly SR	2) Keith-Brown, Emma SR	3) Quinton, Avery FR	4) Hellyer, Kylie FR		
28.25	1:00.45 (1:00.45)	1:25.72 (25.27)	1:53.48 (53.03)		
2:22.78 (29.30)	2:54.55 (1:01.07)	3:24.40 (29.85)	3:55.60 (1:01.05)		
36 Granada				3:56.72	3:58.80
1) Aigeldinger, Maria FR	2) Clark, Josephine SO	3) Vandersall, Valerie JR	4) Evans, Savannah SO		
29.17	1:00.76 (1:00.76)	1:28.87 (28.11)	1:59.37 (58.61)		
2:27.34 (27.97)	2:59.84 (1:00.47)	3:28.01 (28.17)	3:58.80 (58.96)		
37 SF University				3:53.67	4:02.39
1) Fernald, Mirabel SR	2) Mitra, Eila SR	3) Reyes, Sophia FR	4) Wythes, Alexandra JR		
26.79	55.43 (55.43)	1:27.38 (31.95)	2:03.71 (1:08.28)		
2:34.82 (31.11)	3:09.44 (1:05.73)	3:34.00 (24.56)	4:02.39 (52.95)		
--- Liberty				3:45.80	DQ
1) Lazzaro, Elena JR	2) Hall, Lindsey SO	3) Silva, Alana SO	4) Ayers, Athena SO		
27.04	57.22 (57.22)	1:24.61 (27.39)	1:55.04 (57.82)		
2:21.71 (26.67)	2:50.81 (55.77)	3:16.97 (26.16)	DQ (55.02)		
--- Terra Linda				4:02.08	NS
1) Hellar, Sydney SR	2) Hinkley, Emily FR	3) Madden, Allie SR	4) Swan, Jada JR		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Event 24 Boys 400 Yard Freestyle Relay

National HS: 2:53.81 U 2018

Allegheny North (PA)  
Gonzalez, Zhang, Wright, Mihm

Allegheny North

NCS Meet: 2:59.00 N 2014

Granada  
M. Rooney, B. McLaggan, T. Trump, N. Silverthorn

Granada

Team	Relay	Prelim Time	Finals Time	Points
<b>A - Final</b>				
1 Northgate		3:04.20	3:02.85	40
1) Hallett, Andrew JR	2) Wendler, Mason SO	3) Mohrland, Jacob JR	4) McMillan, Scott SO	
21.75	45.29 (45.29)	1:07.07 (21.78)	1:31.38 (46.09)	
1:53.08 (21.70)	2:17.23 (45.85)	2:38.75 (21.52)	3:02.85 (45.62)	
2 De La Salle		3:06.26	3:03.54	34
1) Elian, Zach JR	2) Iannaccone, Scott JR	3) Johnson, Jed FR	4) Roder, Tommy SR	
21.54	44.52 (44.52)	1:07.07 (22.55)	1:31.63 (47.11)	
1:53.90 (22.27)	2:19.26 (47.63)	2:40.36 (21.10)	3:03.54 (44.28)	
3 Redwood		3:06.32	3:04.18	32
1) Matthews, Max JR	2) Wait, Harry JR	3) Scruton, Nicholas JR	4) Green, Gavin FR	
22.29	45.55 (45.55)	1:07.84 (22.29)	1:32.23 (46.68)	
1:54.72 (22.49)	2:19.30 (47.07)	2:40.54 (21.24)	3:04.18 (44.88)	
4 Granada		3:09.66	3:08.02	30
1) Hendrick, Jack JR	2) Ridosko, Ryan SR	3) Davis, Jack JR	4) Grove, Jacques SR	
22.95	47.41 (47.41)	1:10.02 (22.61)	1:35.02 (47.61)	
1:57.33 (22.31)	2:22.57 (47.55)	2:44.36 (21.79)	3:08.02 (45.45)	
5 Campolindo		3:12.07	3:09.27	28
1) Yavuzer-Judd, Theoden SR	2) Richards, Tommy SR	3) Barck, Henrik SR	4) Levy, Nathan JR	
22.24	46.05 (46.05)	1:08.34 (22.29)	1:33.14 (47.09)	
1:56.25 (23.11)	2:20.77 (47.63)	2:43.83 (23.06)	3:09.27 (48.50)	
6 Clayton Valley Charter		3:12.17	3:12.17	26
1) Van Fanos, Damik JR	2) Canada, Shawn JR	3) Stack, Jack SR	4) Castaneda, Diego FR	
23.04	49.35 (49.35)	1:11.61 (22.26)	1:37.32 (47.97)	
1:59.37 (22.05)	2:24.99 (47.67)	2:47.19 (22.20)	3:12.17 (47.18)	
7 Amador Valley		3:13.25	3:12.68	24
1) Tupper, Hayden JR	2) Caples, Devyn SO	3) Grell, Evan JR	4) Tam, Gordan SR	
22.02	46.11 (46.11)	1:08.70 (22.59)	1:33.40 (47.29)	
1:56.85 (23.45)	2:23.04 (49.64)	2:46.58 (23.54)	3:12.68 (49.64)	
8 Archie Williams		3:12.90	3:12.82	22
1) Dixon, Jacob SR	2) Long, Brady JR	3) Krilanovich, Vincent FR	4) Sher, Micah JR	
23.38	48.81 (48.81)	1:11.72 (22.91)	1:37.71 (48.90)	
2:01.01 (23.30)	2:26.38 (48.67)	2:48.40 (22.02)	3:12.82 (46.44)	
<b>B - Final</b>				
9 Maria Carrillo		3:14.28	3:11.59	18
1) Brophy, Finn SO	2) Morris, Andrew JR	3) Brophy, Reid SR	4) Valerga, Eric SO	
22.87	48.22 (48.22)	1:10.58 (22.36)	1:35.41 (47.19)	
1:57.14 (21.73)	2:21.55 (46.14)	2:45.24 (23.69)	3:11.59 (50.04)	
10 Monte Vista		3:13.92	3:12.01	14
1) Lind, Brady JR	2) Kan, Sammy SO	3) Zhang, Edi JR	4) Nicholson, Alex SO	
22.53	47.52 (47.52)	1:10.12 (22.60)	1:35.33 (47.81)	
1:58.46 (23.13)	2:23.92 (48.59)	2:46.67 (22.75)	3:12.01 (48.09)	
11 Dougherty Valley		3:13.63	3:12.86	12
1) Wang, Ethan JR	2) Liu, Darrell JR	3) Ruy, William JR	4) Fang, Jared SR	
22.70	46.66 (46.66)	1:10.53 (23.87)	1:36.38 (49.72)	
1:59.82 (23.44)	2:25.52 (49.14)	2:47.77 (22.25)	3:12.86 (47.34)	
12 American		3:15.24	3:13.37	10
1) Huang, Edward SO	2) Ruaboro, Ryin SO	3) Lee, Elton SR	4) Cillo, Ray JR	
22.73	46.75 (46.75)	1:09.01 (22.26)	1:33.69 (46.94)	
1:57.67 (23.98)	2:24.55 (50.86)	2:47.58 (23.03)	3:13.37 (48.82)	

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## B - Final ... (Event 24 Boys 400 Yard Freestyle Relay)

Team	Relay			Prelim Time	Finals Time	Points
13 San Ramon Valley				3:14.04	3:14.15	8
1) Bugbee, Wyatt SR	2) Haket, Dane SR	3) Seybold, Alex SR	4) Jones, Sawyer SO			
23.29	49.49 (49.49)	1:12.62 (23.13)	1:38.36 (48.87)			
2:00.76 (22.40)	2:25.47 (47.11)	2:48.64 (23.17)	3:14.15 (48.68)			
14 Novato				3:14.41	3:15.22	6
1) Rhinehart, Sam SR	2) Brewer, Brett JR	3) Stratigos, Niko SR	4) Thielenhaus, Bryden JR			
23.91	49.68 (49.68)	1:12.79 (23.11)	1:38.98 (49.30)			
2:02.61 (23.63)	2:28.64 (49.66)	2:50.91 (22.27)	3:15.22 (46.58)			
15 Las Lomas				3:16.89	3:15.78	4
1) Monroy, Mateo JR	2) Solorzano, Tulio SR	3) Mendelssohn, Jon FR	4) Kennedy, Andrew SO			
24.64	50.81 (50.81)	1:14.31 (23.50)	1:39.95 (49.14)			
2:02.96 (23.01)	2:29.06 (49.11)	2:51.55 (22.49)	3:15.78 (46.72)			
16 Tamalpais				3:18.27	3:19.49	2
1) Gattnar, Marre JR	2) Fong, Ty SR	3) Stanford, Cole JR	4) Barsotti, Fargo SR			
21.70	45.43 (45.43)	1:02.11 (16.68)	1:37.60 (52.17)			
2:02.84 (25.24)	2:30.16 (52.56)	2:53.67 (23.51)	3:19.49 (49.33)			

## Event 24 Boys 400 Yard Freestyle Relay

National HS: 2:53.81 U 2018

Allegheny North (PA)

Allegheny North

NCS Meet: 2:59.00 N 2014

Gonzalez, Zhang, Wright, Mihm

Granada

Granada

M. Rooney, B. McLaggan, T. Trump, N. Silverthorn

Team	Relay			Seed Time	Prelim Time
<b>Preliminaries</b>					
1 Northgate				3:06.02	3:04.20
1) Hallett, Andrew JR	2) Wendler, Mason SO	3) Mohrland, Jacob JR	4) McMillan, Scott SO		
22.04	45.77 (45.77)	1:07.70 (21.93)	1:31.84 (46.07)		
1:53.98 (22.14)	2:18.29 (46.45)	2:40.10 (21.81)	3:04.20 (45.91)		
2 De La Salle				3:07.46	3:06.26
1) Elian, Zach JR	2) Roder, Tommy SR	3) Iannaccone, Scott JR	4) Johnson, Jed FR		
21.66	45.01 (45.01)	1:06.73 (21.72)	1:30.73 (45.72)		
1:53.84 (23.11)	2:18.78 (48.05)	2:41.56 (22.78)	3:06.26 (47.48)		
3 Redwood				3:11.54	3:06.32
1) Matthews, Max JR	2) Wait, Harry JR	3) Scruton, Nicholas JR	4) Green, Gavin FR		
22.10	45.63 (45.63)	1:08.15 (22.52)	1:32.81 (47.18)		
1:55.80 (22.99)	2:20.31 (47.50)	2:42.35 (22.04)	3:06.32 (46.01)		
4 Granada				3:11.28	3:09.66
1) Hendrick, Jack JR	2) Ridosko, Ryan SR	3) Davis, Jack JR	4) Grove, Jacques SR		
22.82	47.41 (47.41)	1:10.20 (22.79)	1:35.28 (47.87)		
1:57.83 (22.55)	2:23.09 (47.81)	2:45.24 (22.15)	3:09.66 (46.57)		
5 Campolindo				3:10.22	3:12.07
1) Yavuzer-Judd, Theoden SR	2) Barck, Henrik SR	3) O'Hare, Hayden FR	4) Levy, Nathan JR		
22.93	46.58 (46.58)	1:09.90 (23.32)	1:34.43 (47.85)		
1:58.11 (23.68)	2:23.60 (49.17)	2:46.80 (23.20)	3:12.07 (48.47)		
6 Clayton Valley Charter				3:15.06	3:12.17
1) Van Fanos, Damik JR	2) Canada, Shawn JR	3) Stack, Jack SR	4) Castaneda, Diego FR		
23.28	48.85 (48.85)	1:11.67 (22.82)	1:37.31 (48.46)		
1:59.77 (22.46)	2:24.84 (47.53)	2:47.22 (22.38)	3:12.17 (47.33)		
7 Archie Williams				3:14.44	3:12.90
1) Dixon, Jacob SR	2) Long, Brady JR	3) Krilanovich, Vincent FR	4) Sher, Micah JR		
23.56	48.58 (48.58)	1:11.67 (23.09)	1:37.56 (48.98)		
2:00.78 (23.22)	2:25.53 (47.97)	2:48.15 (22.62)	3:12.90 (47.37)		

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)

Team	Relay		Seed Time	Prelim Time
8 Amador Valley			3:16.86	3:13.25
1) Tupper, Hayden JR	2) Grell, Evan JR	3) Tam, Gordan SR	4) Caples, Devyn SO	
22.52	46.44 (46.44)	1:09.99 (23.55)	1:36.55 (50.11)	
2:00.18 (23.63)	2:26.20 (49.65)	2:48.57 (22.37)	3:13.25 (47.05)	
9 Dougherty Valley			3:13.08	3:13.63
1) Wang, Ethan JR	2) Liu, Darrell JR	3) Ruy, William JR	4) Fang, Jared SR	
22.64	46.53 (46.53)	1:10.21 (23.68)	1:36.29 (49.76)	
2:00.45 (24.16)	2:26.04 (49.75)	2:48.34 (22.30)	3:13.63 (47.59)	
10 Monte Vista			3:12.05	3:13.92
1) Lind, Brady JR	2) Nicholson, Alex SO	3) Zhang, Edi JR	4) Bouch, Trevor SO	
22.50	46.97 (46.97)	1:09.91 (22.94)	1:35.83 (48.86)	
1:59.13 (23.30)	2:24.44 (48.61)	2:47.81 (23.37)	3:13.92 (49.48)	
11 San Ramon Valley			3:15.03	3:14.04
1) Bugbee, Wyatt SR	2) Haket, Dane SR	3) Seybold, Alex SR	4) Jones, Sawyer SO	
23.37	49.75 (49.75)	1:12.70 (22.95)	1:38.25 (48.50)	
2:01.02 (22.77)	2:25.86 (47.61)	2:48.62 (22.76)	3:14.04 (48.18)	
12 Maria Carrillo			3:15.99	3:14.28
1) Morris, Andrew JR	2) Valerga, Eric SO	3) Brophy, Finn SO	4) Brophy, Reid SR	
23.25	48.22 (48.22)	1:11.79 (23.57)	1:38.91 (50.69)	
2:01.85 (22.94)	2:27.96 (49.05)	2:49.72 (21.76)	3:14.28 (46.32)	
13 Novato			3:14.38	3:14.41
1) Brewer, Brett JR	2) Rhinehart, Sam SR	3) Stratigos, Niko SR	4) Thielenhaus, Bryden JR	
24.10	50.84 (50.84)	1:13.97 (23.13)	1:39.12 (48.28)	
2:02.61 (23.49)	2:28.26 (49.14)	2:50.36 (22.10)	3:14.41 (46.15)	
14 American			3:20.87	3:15.24
1) Huang, Edward SO	2) Ruaboro, Ryin SO	3) Lee, Elton SR	4) Cillo, Ray JR	
22.83	47.08 (47.08)	1:09.83 (22.75)	1:34.60 (47.52)	
1:59.15 (24.55)	2:26.34 (51.74)	2:49.27 (22.93)	3:15.24 (48.90)	
15 Las Lomas			3:13.47	3:16.89
1) Solorzano, Tulio SR	2) Monroy, Mateo JR	3) Mendelssohn, Jon FR	4) Kennedy, Andrew SO	
23.69	49.80 (49.80)	1:13.18 (23.38)	1:39.14 (49.34)	
2:02.21 (23.07)	2:28.56 (49.42)	2:51.32 (22.76)	3:16.89 (48.33)	
16 Tamalpais			3:25.99	3:18.27
1) Gattnar, Marre JR	2) Fong, Ty SR	3) Barsotti, Fargo SR	4) Stanford, Cole JR	
22.12	45.63 (45.63)	1:10.16 (24.53)	1:37.36 (51.73)	
2:00.64 (23.28)	2:26.66 (49.30)	2:51.25 (24.59)	3:18.27 (51.61)	
17 Foothill			3:20.82	3:18.69
1) Kann, Connor SO	2) Jones, Cameron SO	3) Rohovit, Hunter SO	4) Lin, Phil FR	
22.93	48.40 (48.40)	1:11.26 (22.86)	1:37.54 (49.14)	
2:01.63 (24.09)	2:28.08 (50.54)	2:51.94 (23.86)	3:18.69 (50.61)	
18 Heritage			3:19.91	3:18.93
1) Chang, Brendon JR	2) Giuliano, Jadon SR	3) Yee, Tyler FR	4) Woolery, Nick FR	
23.82	48.62 (48.62)	1:12.67 (24.05)	1:38.86 (50.24)	
2:02.28 (23.42)	2:29.13 (50.27)	2:52.78 (23.65)	3:18.93 (49.80)	
19 Bishop O'Dowd			3:16.44	3:20.36
1) Gonzales, Isreal FR	2) Regnier, Lucian JR	3) Rogers, Nathan JR	4) Fusinati, Michael FR	
23.69	49.43 (49.43)	1:13.61 (24.18)	1:40.26 (50.83)	
2:03.60 (23.34)	2:29.55 (49.29)	2:53.23 (23.68)	3:20.36 (50.81)	
20 Vintage			3:22.55	3:21.74
1) Hayashi, Yuki SO	2) Roldan, Mateo SR	3) McClintick, Carson SR	4) Larsen, Matthew SR	
23.86	49.48 (49.48)	1:13.73 (24.25)	1:40.16 (50.68)	
2:05.08 (24.92)	2:31.77 (51.61)	2:55.99 (24.22)	3:21.74 (49.97)	

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)

Team	Relay		Seed Time	Prelim Time
21 Piedmont			3:24.80	3:21.87
1) Lins, Simon JR	2) Rolefson, Thomas SO	3) Saffouri, Farris JR	4) Stokes, Ryan JR	
21.68	45.76 (45.76)	1:02.95 (17.19)	1:36.73 (50.97)	
2:01.66 (24.93)	2:29.48 (52.75)	2:54.31 (24.83)	3:21.87 (52.39)	
22 California			3:19.80	3:22.18
1) Berry, Owen JR	2) Chandrasekaran, Rishi JR	3) Biondi, Nicholas JR	4) Bryant, Ian JR	
22.55	47.29 (47.29)	1:10.85 (23.56)	1:36.92 (49.63)	
2:02.12 (25.20)	2:30.11 (53.19)	2:54.72 (24.61)	3:22.18 (52.07)	
23 College Preparatory			3:22.36	3:22.56
1) Zener, Zachary JR	2) Medina, David SR	3) Cook, Quinn SO	4) Hou, Devin SR	
23.64	49.51 (49.51)	1:12.70 (23.19)	1:38.53 (49.02)	
2:03.31 (24.78)	2:31.18 (52.65)	2:55.53 (24.35)	3:22.56 (51.38)	
24 American Canyon			3:22.82	3:23.94
1) Patocchi, Joseph JR	2) Valladares, Rowen SO	3) Santiago, Elijah SR	4) Cueva, Gabriel JR	
24.60	52.00 (52.00)	1:15.91 (23.91)	1:42.17 (50.17)	
2:07.91 (25.74)	2:35.62 (53.45)	2:58.92 (23.30)	3:23.94 (48.32)	
25 Miramonte			3:14.92	3:25.01
1) Kaelle, Ryan JR	2) Washburn, Loron SO	3) Wisk, Ryan JR	4) Stice, Pat FR	
23.65	50.31 (50.31)	1:14.09 (23.78)	1:41.48 (51.17)	
2:05.73 (24.25)	2:33.32 (51.84)	2:57.64 (24.32)	3:25.01 (51.69)	
26 Marin Academy			3:28.97	3:25.24
1) Smith, Ewan SO	2) Joyce, Dillon SR	3) Byrne, Thomas FR	4) Rewick, Schuyler SO	
24.67	51.76 (51.76)	1:15.87 (24.11)	1:42.26 (50.50)	
2:07.62 (25.36)	2:34.63 (52.37)	2:58.76 (24.13)	3:25.24 (50.61)	
27 College Park			3:22.30	3:25.52
1) Stanton, Soren SR	2) Wendling, Nate JR	3) Mariolle, James SO	4) Barnacal, Jackson JR	
24.50	51.21 (51.21)	1:15.42 (24.21)	1:42.98 (51.77)	
2:07.39 (24.41)	2:34.13 (51.15)	2:58.79 (24.66)	3:25.52 (51.39)	
28 Irvington			3:29.97	3:25.58
1) Dong, Ryan JR	2) Lau, Alex JR	3) Abel, Ashley SR	4) Lam, Ivan JR	
24.85	50.47 (50.47)	1:15.13 (24.66)	1:43.03 (52.56)	
2:07.36 (24.33)	2:34.61 (51.58)	2:59.00 (24.39)	3:25.58 (50.97)	
29 Alameda			3:25.64	3:28.07
1) Giang, Ethan FR	2) Kaci, Sami FR	3) Nguyen, Andrew FR	4) Saulsbury, Hugh FR	
24.09	49.85 (49.85)	1:15.28 (25.43)	1:43.27 (53.42)	
2:08.68 (25.41)	2:36.13 (52.86)	3:00.69 (24.56)	3:28.07 (51.94)	
30 Head Royce			3:22.07	3:28.37
1) Chang, Nicholas SR	2) Raghavan, Chetan FR	3) Dong, Jonathan SO	4) Reader, Gabriel FR	
23.65	49.23 (49.23)	1:12.84 (23.61)	1:39.64 (50.41)	
2:04.98 (25.34)	2:34.15 (54.51)	2:59.38 (25.23)	3:28.37 (54.22)	
31 Berkeley			3:31.05	3:28.71
1) Swiggett, Luke JR	2) Childs, Lucas JR	3) Gabriele, Samuele SR	4) Leichter Wilson, Jacob SR	
22.49	46.78 (46.78)	1:12.57 (25.79)	1:41.38 (54.60)	
2:06.83 (25.45)	2:35.48 (54.10)	3:00.45 (24.97)	3:28.71 (53.23)	
32 James Logan			3:29.10	3:28.76
1) Lee, Sean SR	2) Massoth, Nathan JR	3) Maboloc, Adam SR	4) Taplin, Fabian SR	
24.43	51.03 (51.03)	1:15.97 (24.94)	1:44.61 (53.58)	
2:09.64 (25.03)	2:37.53 (52.92)	3:01.70 (24.17)	3:28.76 (51.23)	
33 Dublin			3:20.46	3:28.90
1) Wang, Conan SR	2) Nguyen, Khoa SR	3) Borrelli, Logan JR	4) Lim, Jacob FR	
25.10	52.77 (52.77)	1:17.20 (24.43)	1:46.09 (53.32)	
2:11.14 (25.05)	2:38.55 (52.46)	3:02.83 (24.28)	3:28.90 (50.35)	

## 2022 NCS Swimming &amp; Diving Championship Meet - 5/5/2022 to 5/7/2022

## Results

## Preliminaries ... (Event 24 Boys 400 Yard Freestyle Relay)

Team	Relay			Seed Time	Prelim Time
34 Pinole Valley				3:28.99	3:29.57
1) Banuelos, Jack SR	2) Shalz, David SO	3) Ng, Eric SR	4) Rarmirez, Corey FR		
24.35	51.80 (51.80)	1:16.01 (24.21)	1:44.19 (52.39)		
2:10.12 (25.93)	2:39.04 (54.85)	3:02.86 (23.82)	3:29.57 (50.53)		
35 Mission San Jose				3:33.09	3:30.58
1) Wong, Ryan SR	2) Lau, Matthew JR	3) Tran, Kaidinh SO	4) Lau, Kasper SR		
24.81	51.43 (51.43)	1:16.25 (24.82)	1:44.90 (53.47)		
2:10.23 (25.33)	2:38.40 (53.50)	3:02.99 (24.59)	3:30.58 (52.18)		
36 Washington				3:29.34	3:30.76
1) Gao, Leo SO	2) Javier, Jaden SR	3) Jauregui, Alejandro SR	4) Arnett, Benjamin JR		
25.35	52.52 (52.52)	1:17.76 (25.24)	1:45.65 (53.13)		
2:10.96 (25.31)	2:40.19 (54.54)	3:04.42 (24.23)	3:30.76 (50.57)		
37 Castro Valley				3:33.12	3:30.77
1) Orem, Travis SR	2) Thai, Marcus SO	3) Willits, Gavin JR	4) Mognagna, Kyle JR		
25.75	54.92 (54.92)	1:20.50 (25.58)	1:48.31 (53.39)		
2:12.26 (23.95)	2:40.03 (51.72)	3:03.70 (23.67)	3:30.77 (50.74)		
38 Terra Linda				3:31.23	3:30.90
1) Jessen, Soren FR	2) Chong, Andrew FR	3) Conway, Jackson SO	4) Arinduque, Nicholas FR		
26.59	54.48 (54.48)	1:19.27 (24.79)	1:46.27 (51.79)		
2:10.62 (24.35)	2:39.45 (53.18)	3:03.91 (24.46)	3:30.90 (51.45)		
39 Liberty				3:34.90	3:34.74
1) Bennett-Nava, Adrian SO	2) Venables, Seth SO	3) Metez, David FR	4) Gunderman, Luke SO		
26.14	55.70 (55.70)	1:21.54 (25.84)	1:50.42 (54.72)		
2:16.00 (25.58)	2:44.59 (54.17)	3:08.16 (23.57)	3:34.74 (50.15)		
--- Napa				3:30.24	DQ
1) Scargle, Camerone SO	2) Dillon, Andrew SO	3) Hattori, Kai JR	4) Hattori, Noah FR		
25.71	53.66 (53.66)	1:18.87 (25.21)	1:47.14 (53.48)		
2:12.52 (25.38)	2:40.54 (53.40)	3:04.33 (23.79)	DQ (49.74)		

## Event 25 Girls 100 Yard Freestyle Paralympic

NCS Meet: 2:11.01 N 2017		Shannon Dugdale		Novato		
Name	Yr	School	Seed Time	Finals Time	Points	
1 Southern, Addison	So	Foothill	1:01.28	1:00.96 N	20	
29.14						
1:00.96 (31.82)						
2 Barambani, Isabella	Sr	Northgate	1:16.94	1:18.06 N	17	
35.74						
1:18.06 (42.32)						
3 Elder, Diamond	So	Liberty	1:46.40	1:44.18 N	16	
47.09						
1:44.18 (57.09)						

## Event 26 Boys 100 Yard Freestyle Paralympic

NCS Meet: 57.61 N 2018		Jaloni Lafort		Heritage		
Name	Yr	School	Seed Time	Finals Time	Points	
1 Boland, Shawn	SO	Clayton Valley Charter	53.60	53.17 N	20	
25.25						
53.17 (27.92)						
2 McMillan, Tyler	Fr	Northgate	1:12.03	1:10.19	17	
33.71						
1:10.19 (36.48)						

## Event 27 Girls 50 Yard Freestyle Paralympic

NCS Meet: 1:02.08 N 2018		Anaiss Arreola		Moreau Catholic		
Name	Yr	School	Seed Time	Finals Time	Points	
1 Southern, Addison	So	Foothill	27.75	27.72 N	20	
2 Barambani, Isabella	Sr	Northgate	34.50	35.40 N	17	
3 Elder, Diamond	So	Liberty	44.83	44.19 N	16	

**2022 NCS Swimming & Diving Championship Meet - 5/5/2022 to 5/7/2022****Results****Event 28 Boys 50 Yard Freestyle Paralympic**

NCS Meet: 24.64 N 2019		Jaloni Lafort		Heritage		
Name	Yr	School	Seed Time	Finals Time	Points	
1 Boland, Shawn	SO	Clayton Valley Charter	24.31	23.91 N	20	
2 McMillan, Tyler	Fr	Northgate	27.80	28.05	17	