

QuickSilver Swimming
PACIFIC SWIMMING SHORT COURSE Novice Championship Meet
December 14-15, 2013
Enter Online: <http://ome.swimconnection.com/pc/QSS20131214>



SANCTION: Held under USA/Pacific Swimming Sanction No. **13-213**

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

NOTICE: By entering this meet, the athlete or his/her guardian consents to the publication, via electronic, print or other media, information and/or imagery related to their participation at this meet. Such information and imagery may include, but is not limited to, photographs, video, web casting, television, psych sheets and live meet results. **The results of this meet may be posted in real time on the Internet at: results.teamunify.com/pcqs/index.html**

USE OF AUDIO AND VISUAL: Photography and video recording from behind the blocks or starting areas is prohibited unless prior permission is granted by the Meet Referee. Use of any audio or visual recording devices, including but not limited to film and digital cameras, cell phones and tablets, is not permitted in changing areas, rest rooms or locker rooms. Violation of this recording prohibition may result in ejection from the swimming pool facility by the Meet Referee or his/her designee.

OFFICIALS:

Meet Referee: Karyn Kikuta	Head Starter: Mike Piccardo
Meet Marshal: Dolores Akin	Admin Official: Mike McCombs
Meet Director: Janet Gutierrez - coachjanetqss@gmail.com / 408-206-0504	

LOCATION: Gunderson High School, Chynoweth Avenue at 622 Gaundabert Lane, San Jose, CA. From Highway 85 exit Santa Teresa, turn right onto Thornwood, turn right onto Winfield, and turn right onto Chynoweth. Gunderson High School is on the right; the pool is located at the back of the school. Please park in designated parking only.

COURSE: Gunderson is an outdoor 25 yard pool with up to **16** lanes available for competition. An additional **6** lane, diving well will be available for warm-up/cool down throughout the competition. The minimum water depth for the shallow end course, measured in accordance with Article 103.2.3, is 4'6" at the shallow end and 7' at the deep end. In accordance with Article 104.2.2C (4) the competition course has been certified. A copy of the certification is on file with USA Swimming.

TIME: Meet will begin at 9:00 AM each day with warm-ups from 7:30 AM to 8:45 AM each day. Special warm-up lanes for 8 and under swimmers will be made available.

RULES:

- Current USA and Pacific Swimming rules and warm-up procedures will govern the meet. A copy of these procedures will be posted at the Clerk-of-Course.
- All events are timed finals.
- Swimmers may compete in 5 events per day.
- All swimmers ages 12 and under should complete competition within four (4) hours.
- Per Zone 1 South, the meet shall be capped at 1000 swimmers per day.
- The 500 Free and 400 IM events will be seeded fastest to slowest, and swimmers must provide their own timers for these two events, as well as lap counter for the 500 Free.
- If local conditions warrant it the Meet Referee, with the concurrence of the Meet Director, may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches.
- **All coaches and deck officials must wear their USA Swimming membership cards in a visible manner.**

UNACCOMPANIED SWIMMERS: Any USA-S athlete-member competing at the meet must be accompanied by a USA Swimming member-coach for the purposes of athlete supervision during warm-up, competition and warm-down. If a coach-member of the athlete's USA-S Club does not attend the meet to serve in said supervisory capacity, it is the responsibility of the swimmer or the swimmer's legal guardian to arrange for supervision by a USA-S member-coach. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision; however, it is recommended that such arrangements be made in advance of the meet by the athlete's USA-S Club Member-Coach.

RACING STARTS: Swimmers must be certified by a USA-S member-coach as being proficient in performing a racing start, or must start the race in the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

RESTRICTIONS: • Smoking and the use of other tobacco products is prohibited on the pool deck, in the locker rooms, in spectator seating, on standing areas and in all areas used by swimmers, during the meet and during warm-up periods.

- Sale and use of alcoholic beverages is prohibited in all areas of the meet venue.
- No glass containers are allowed in the meet venue.
- No propane heater is permitted except for snack bar/meet operations.
- All shelters must be properly secured.
- Families must set up on the pool area. Overflow areas are limited to bicycle rack and tennis courts.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is strongly discouraged.

ELIGIBILITY: • Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their Registration Card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host will check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail.

- Entry times submitted for this meet will be checked against a computer database and may be changed in accordance with Pacific Swimming Entry Time Verification Procedures.
- **No Pacific Swimming JO Times or faster will be accepted.** Swimmers with a Pacific Swimming JO or faster time may not enter that event; they may swim any event in which they do not have a Pacific Swim JO or faster time. Swimmers in the "A" Division must have met at least the listed "PC-A" time standard. Swimmers in the "B" Division must have met at least the listed "PC-B" time standard. All entry times slower than the listed "PC-B" time standard will be in the "C" Division.
- Entries with "**NO TIME**" will be accepted.
- If a swimmer has a JO in one course they are considered JO in all courses for that event.
- Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding and special accommodations on entry times and seeding per Pacific Swimming policy.
- Swimmers 19 years of age and over may compete in the meet for time only, no awards.
- The swimmer's age will be the age of the swimmer on the first day of the meet.

ENTRY PRIORITY: Z1S swimmers that get their entries in by 11:59 PM, Monday, November 25, 2013, will be given priority into the meet. Z1S swimmers who do not get their entries in by this date and all other swimmers will be accepted into the meet in the order their entries are received, if the meet capacity has not been reached or until it does

ENTRY FEES: \$2.75 per event plus an \$8.00 participation fee per swimmer. Entries will be rejected if payment is not sent at time of request.

ONLINE ENTRIES: To enter online go to <http://ome.swimconnection.com/pc/QSS20131214> to receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1 per swimmer plus 5% of the total Entry Fees. Please note that the processing fee is a separate fee from the Entry Fees. If you do not wish to pay the processing fee, enter the meet using a mail entry. **Entering online is a convenience, is completely voluntary, and is in no way required or expected of a swimmer by Pacific Swimming.** Online entries will be accepted through Wednesday, December 4, 2013.

MAILED OR HAND DELIVERED ENTRIES: Entries must be on the attached consolidated entry form. Forms must be filled out completely and printed clearly with swimmers best time. Entries must be postmarked by midnight, Monday, December 2, 2013 or hand delivered by 6:30 p.m. Wednesday, December 4, 2013. No late entries will be accepted. No refunds will be made, except mandatory scratch downs. Requests for confirmation of receipt of entries should include a self-addressed envelope.

Make check payable to: QuickSilver Swimming

Mail entries to: Janet Gutierrez
PO Box 36205
San Jose, CA 95138

Hand deliver to: QuickSilver Swimming Office at Gunderson Pool
622 Gaundabert Lane
San Jose, CA 95136

CHECK-IN: The meet will be deck seeded. Swimmers must check-in at the Clerk-of-Course. Close of check-in for all individual events shall be no more than 60 minutes before the estimated time of the start of the first heat of the event. No event shall be closed more than 30 minutes before the scheduled start of the session. Swimmers who do not check in will not be seeded and will not be allowed to compete in that event.

SCRATCHES: Swimmers who miss an event they have checked in for will no longer be penalized by the loss of the next event they have entered.

AWARDS: Ribbons will be given for 1-8th in each division/gender (8/U, 9-10, 11-12, 13-14, 15-16, and 17-18), and A medals will be awarded to those achieving a new A time. Events that are swum as combined age-groups will be awarded separately per age group and gender as listed above.

ADMISSION: Free. A program will be available for \$4.00.

REFRESHMENTS: A snack bar will be available throughout the competition. Coaches and working deck officials will be provided lunch. Hospitality will serve water and small snacks to timers.

MISCELLANEOUS: No overnight parking is allowed. Facilities will not be provided after meet hours.

EVENT SUMMARY

SATURDAY				SUNDAY			
8 & UN	10-Under	11-12	13 & UP	8 & UN	10-Under	11-12	13 & Up
25 Fly	100 IM	100 IM	200 IM	25 Breast	200 Free	200 Free	200 Free
25 Back	50 Fly	50 Fly	100 FL	25 Free	50 Breast	100 Breast	100 Breast
	50 Back	50 Back	100 BK		50 Free	50 Free	50 Free
	100 FR	100 Free	100 Free		200 IM	400 IM	400 IM
	*500 free	500 Free	500 Free			200 IM	

***The 500 Free will not be open to 8-Unders; it is only offered to 9-Up.**

EVENTS

Saturday, December 14, 2013		
EVENT #	EVENT	EVENT #
1	13 & Up 200 IM	2
3	12 & Under 100 IM	4
5	13 & Up 100 Fly	6
7	12 & Under 50 Fly	8
9	8 & Under 25 Fly	10
11	13 & Up 100 Back	12
13	12 & Under 50 Back	14
15	8 & Under 25 Back	16
17	13 & Up 100 Free	18
19	12 & Under 100 Free	20
21	9 & Up 500 Free	22

Sunday, December 15, 2013		
EVENT #	EVENT	EVENT #
23	13 & Up 200 Free	24
25	12 & Under 200 Free	26
27	13 & Up 100 Breast	28
29	12 & Under 50 Breast	30
31	8 & Under 25 Breast	32
33	13 & Up 50 Free	34
35	12 & Under 50 Free	36
37	8 & Under 25 Free	38
39	12 & Under 200 IM	40
41	11 & Up 400 IM	42

Use the following URL to find the time standards: <http://www.pacswim.org/index.shtml>

The 500 Free and 400 IM events will be seeded fastest to slowest.
Swimmers in the 500 Free and 400 IM must provide their own timers and lap counters (500 Free).

Pacific Swimming – Hosted by QuickSilver Swimming
Novice Championship Meet
December 14-15, 2013
 Consolidated Entry Form

Name: Last, First Middle

Club Abbr.	UNATT TEAM ABBR	Club Name
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Age	Date of Birth	Sex M F	LSC – (PC, SN)
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USA-#															
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Event #	Distance / Stroke	Entry Time	Circle one
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM
		: .	SCY / LCM

of entries _____ x \$2.75 = \$ _____
 Participation Fee \$ 8.00
 Total \$ _____

Coach

Swimmer's
Address

Home Phone	Cell Phone
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Email