

Pacific Swimming Athlete Committee

Meeting Minutes

April 25, 2021

7:00-8:30 p.m.

Zoom Link: Join Zoom Meeting

<https://zoom.us/j/92193801623?pwd=ZTg5bm94dmZrY0pqK1hBTGx6ckh6dz09>

Meeting ID: 921 9380 1623

Password: 797227

1. Call to Order: 7:02
2. Attendance (no need to write your own name): Veronica Hernandez, David Cottam, Cindy Rowland, Jivana Nagpal, Taylor Rohovit, Aden Li, Ainsley Jane Tambling, Diana Fetterman, Aidan Pflieger, Alana Silva, Alyson McKeon Postel, Amelia Brady, Andrew Trieu, Anika Nagpal, Asha Kannan, Calvin Ciciarelli, Camille Guillerm, Carlos Torres, Cherise Wong, Dominick Wonosaputra, Emily Hayashi, Emma Little, Ernest Leong, Gabrielle Lai, Jamie Jovel Flores, Joyce Lee, Justin Cho, Kailer Tom, Katherine Lai, Kristina Mooney, Kyle Tseng, Lauren Healy, Lilli Chau, Lily Struempf, Lizzie Snyder, Lulu Schloss, Calista Lynch, Maddie Blackwell, Madison Corrigan, Maeline Guillerm, Maeve Rosko, Margaret Wong, Marlee Repp, Mason Wendler, Millie Nygren, Miya French, Natalie Fearn, Nikolas Powers, Oakley Briskman, Olivia Khan, Rachel Arndt, Robert Mitchell, Samantha Li, Sarah Darzacq, Saveta Holunga, Saya Ryan, Sophie Boeun, Stephanie Anderson, Ty Anders Fong, Vanya Vats, Zackary Caufield
 - a. Communication: Please be sure to email vhernandez@pacswim.org directly if you are not able to attend Athlete Comm meetings.
3. Resources for the month: [What USA Triathlon is Doing to Make its Sport More Inclusive](#)
 - a. New USAS Legislation: [document](#), [website](#)
4. Reports:
 - a. Senior Reps: Convention, AEC workshops
 - i. Change meeting time - 6-7:30
 - b. Junior Rep:
 - c. Zone Reps:
 - i. Zone 1N (SR - z1nAthleteRep@pacswim.org): no meeting
 - ii. Zone 1S (SB - z1sAthleteRep@pacswim.org): no meeting
 - iii. Zone 2 (LS - z2AthleteRep@pacswim.org): cancelled
 - iv. Zone 3 (GC - z3AthleteRep@pacswim.org): We had our meet bidding meeting and have our schedules set for the 2021-2022 season
 - v. Zone 4 (CT - z4AthleteRep@pacswim.org): no meeting
 - d. Committee Reps:
 - i. DEI (EL): MEFAP program, still need volunteers for national committee project
 1. Social media (JN): sign up in form, pacificdiversity account
 - ii. Budget (NP): Approved budget, will vote at HOD
 - iii. Summer Series (AJT): Meet sheet available, please let coaches know to participate
 1. Need logo designs, please send some in, email AJ (ajtambling@gmail.com) if you have questions! (May 23rd?)
 - iv. Communication/ Email Service (VH): FloDesk
 1. Approved by Pacific Swimming

2. LSC will share info directly with families, more communication
- e. Team Reps:
 - i. Orinda Aquatics highlighted on social media, dual meet
 - ii. Quicksilver: Trials/finals meet this weekend, went smoothly
 - iii. PASA: back to 2-3 people per lane, a step towards normality, senior signing day and dinner
 - iv. Livermore: more meets
 - v. Terrapins: intersquad meet this weekend, trials next month
 - vi. Albany Armada: meet opportunity, DEI workshop with 4 oldest groups
 - vii. SeaWolves: sanctioned meet
 - viii. DACA: held first sanctioned intrasquad meet, season ending meet planned for Memorial weekend
- f. WZ/ National DEI (SR/VH):
 - i. Open business meeting, new DEI director, revising of job descriptions
 - ii. Working group for DEI projects created
 - iii. Panelists on DEI workshop on May 1st
 - iv. WZ: Camp and summit moved to one day, combined (August 14th)
 1. Applications open, can also sign up and attend for \$40
- g. AEC/ National Leadership (RM):
 - i. Reminder to continue wearing masks
 - ii. If turning 18, complete MAAPP training
 - iii. AEC: more workshops and socials coming up
 - iv. New legislation needs more athlete voice (refer to below)
 - v. Robert asked to lead a portion of Wyoming's leadership summit
- h. Vice Chair: (see New Business)
5. Subcommittee Reports
 - a. Succession Planning (TR):
 - i. Athlete Policies and Procedures approved at BOD
 - b. Mental Health (SW & CL):
 - i. May is Mental Health Awareness Month, putting presentation together to spread awareness
 - c. Pen Pal (LS - penpal@pacswim.org):
 - i. Lots of participation, please share resources
 - d. Social Media (SD & MG - repsocial@pacswim.org):
 - i. Change IGTVs to posts
 - ii. More than happy to post anything you want out there
 - e. Leadership Summit Planning (AP):
 - i. Oct 16-17
 - ii. Looked at results of survey -> picked a mission statement
 - iii. Will be holding the summit virtually
 - iv. Some sessions: college coach panel, mental health, DEI, servant leadership, strategic planning & governance presentation by Ryan Gibbons (AEC)
 - v. Awards Banquet (AN):
 - vi. Meeting in May
6. Unfinished Business:
 - a. Elections, committees
 - i. Application for Junior Rep opens up after meeting
 - ii. Make sure to read requirements and expectations again before applying
 - iii. Due Sunday, May 2nd
 - iv. Voting May 3rd- 23rd

- v. One representative from each team allowed to vote
- b. March Team Culture Action Item: Coach appreciation - organize something small with your team to thank your coaches for all of their hard work. Can be something as simple as a card or video.
- i. Livermore signed kickboards for coaches
- d. Mission statement (AhaSlides D54DD)
 - i. Will review ideas and begin to finalize them next meeting
- 7. New Business
 - a. New USA Swimming Legislation (DC)
 - i. 10/10+ year athletes given more voting power over grassroots athletes
 - ii. Only 3 voting members from each LSC allowed at USAS HOD
 - iii. Many in Pacific concerned about losing LSC voice
 - iv. Senate or House of Reps approach?
 - v. Board Chairman giving extra 20 votes, David proposed two for each of ten largest LSC's
 - vi. **Please email Senior or Junior reps tonight or tomorrow if you have any thoughts that you wish to contribute to the committee's letter to USA swimming**
- 8. Reorganizing of committees
 - a. New form to select which committees you wish to participate in
- 9. April Team Culture Action Item: Share any info from this meeting with your teammates and coaches (updates on subcommittees and other projects). Good luck with AP tests and wrapping up the school year.
- 10. HOD: Sunday, May 23, 2021 at 5:30 pm
 - a. If you would like to attend the HOD and be a voting member please select the HOD option at the bottom of the Committee Sign-up form.
- 11. Next Meeting: May 30, 2021 at 6:00
- 12. Adjourn: 8:12